

HITHERFIELD HERALD

www.hitherfield.co.uk

Busy Week!

It's been another busy week, full of learning and fun at Hitherfield. Thank you to all the parents from Reception to Year 6 who attended parents' evening meetings this week. If you haven't had a chance to meet with your child's class teacher, please do so as soon as possible. It is always important that we are working in partnership.

Have a great weekend everybody and see you bright and breezy on Monday morning.

Chris Ashley-Jones,
Executive headteacher

Please be reminded that Nursery Parents' Evening will be held on Wednesday 8th February. Nursery will be closed from 12:15pm. Please ensure all children are collected by this time. There will be no afternoon session on this day. Booking system for appointments will be open soon.

A reminder that if children are bringing mobile phones to school, that they must take them straight to the main school office when they arrive. Children must not take them into the playground before school starts and use them. Please can you be remind your child of this.

Thank you.



Dates for the Diary

Monday 9th January – 2 Hummngbird trip to Transport Museum

Wednesday 11th January - Parents' Evening - Reception to Year 6 – (Not 4 Hippo or 5 Otter)

Monday 16th January - 2 Manatee trip to Transport Museum

Tuesday 17th January - 1 Cobra Class Assembly and Open Morning 9:15am – 10:30am

Thursday 19th January – 4 Flamingo Class Assembly and Open Morning 9:15am – 10:30am

Tuesday 24th January – 2 Manatee Class Assembly and Open Morning 9:15am – 10:30am

Thursday 26th January 5 Kingfisher Class Assembly and Open Morning 9:15am – 10:30am

Monday 30th January – 2 Mongoose trip to Transport Museum

Tuesday 31st January – 3 Jaguar Class Assembly and Open Morning 9:15am – 10:30am

Lambeth iummunisation team are holding a flu catch up clinic on Thursday 19th January 2023 15.30- 18.00 at Stockwell children's centre.

Stockwell children's centre, Stockwell Rd, London SW9 9TG

This is for primary school children who have missed their flu vaccination. We will also have the gelatine free flu vaccine available.

You can contact us on 02086145495 if you would like to attend the clinic.

HITHERFIELD HERALD

www.hitherfield.co.uk



Year 2 Hummingbird had a great trip to The London Transport Museum this week. The children explored and learnt about the different modes of transport used from past to present.

The children were engaged and enthusiastic throughout the trip and particularly enjoyed pretending to drive a London Bus and looking at the horse drawn vehicles. A huge thank you to all of the adults who supported us by accompanying their children on the day.



HITHERFIELD HERALD

www.hitherfield.co.uk

Good news cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Nahla and Katya	1 DUGONG Ruby	1 SUNBIRD Kit and Noahn
2 MANATEE Jackson and Atarah	2 MONGOOSE Amira and Matteo	2 HUMMINGBIRD Daisy and Arthur
3 JAGUAR Levi and Adam	3 MACAW To be anounced next week	3 ANACONDA Benji and Abbie
4 HIPPOPOTAMUS Elsie W and Francis	4 FLAMINGO Josephine and Hugh	4 CHEETAH Alessia, Fatmire, Jules and Mela
5 KINGFISHER Louana and Arman	5 HEDGEHOG Isata, Daniel and Vanessa	5 OTTER To be anounced next week
6 ORCA Ahmed and George M	6 PUFFIN Aminata and Harriet	6 WOLVERINE Taylen and Tabby

Just a reminder that the Big Battery Hunt is well underway.

Jaguar class have leaped into the lead with a promising show of baatteries collected over the holidays. We have a re-cycling barrel now situated in the room just adjacent to the reception desk in the main office. All that needs to be done is a running record of batteries recycled to be relayed to the class teacher. There are prizes for the school that collects the most batteries.

So help our recycling drive and bring those old, worn out batteries to school for recycling.



HITHERFIELD HERALD

www.hitherfield.co.uk

South London and Maudsley
NHS Foundation Trust



ADHD @

**your
fingertips**

An all-you-need –to
know online workshop
for parents/ carers

by Lambeth CAMHS

Has your child recently been diagnosed with ADHD?

Would you like to find out more about ADHD, the treatments available and how best to support your child?

Then please come along to an interactive online workshop, where you will have the opportunity to hear from an expert and ask questions.

Workshops Available

What is ADHD? An Introduction for Parents

15/02/23 at 11am-12pm

Managing & Supporting ADHD

15/03/23 at 11am-12pm

ADHD & Medication

12/04/23 at 11am-12pm

To sign up, please e-mail lamcamhsroms@slam.nhs.uk with the subject heading 'ADHD Workshops', naming the workshop/s you are interested in. Sessions are run by Lambeth Child and Adolescent Mental Health Service.



Being a Parent

A free, 9 week course to help parents learn practical skills for everyday life.

Wednesdays 9.30-11.30

18th January—29th March 2023 (with a break for half term on 15th February)

Hitherfield Children's Centre,
Hitherfield Road, SW16 2LW

Sign up at

www.Lambeth.gov.uk/parenting

- Looking after yourself as a parent
 - Recognising and managing your child's emotions
 - Learning positive parenting strategies

Foodie Futures

HELPING PROTECT OUR PLANET

Margherita Pizza

Served with Potato Wedges & Seasonal Vegetables

Macaroni Cheese

Served with Garlic Bread & Seasonal Vegetables

Veggie Ragu

Served with Rice & Seasonal Vegetables



V

Salad Bar & Hydration Station

A range of freshly prepared salads including options championing waste free recipes

**EATING LESS MEAT
CAN REDUCE OUR
ENVIRONMENTAL
IMPACT**

Lemon & Mint infused Water



Desserts

Vegan Chocolate Brownie or Jelly Pots



FSS Classification - Unrestricted



Feeding Hungry Minds



HITHERFIELD HERALD

www.hitherfield.co.uk



Foodie Futures



HELPING PROTECT OUR PLANET

JOIN US ON JANUARY 19TH TO:

Enjoy a menu designed to reduce our impact on the planet

+

Talk about how we can make school meals even better for the environment



Foodie Futures

HELPING PROTECT OUR PLANET

WE CAN HELP TO REDUCE OUR IMPACT ON THE PLANET THROUGH CHOOSING TO EAT AND ACT MORE SUSTAINABLY WHEREVER WE CAN.

BY EATING A MORE SUSTAINABLE DIET, WE MEAN CHOOSING FOOD WHICH:

-  **ARE PRODUCED FAIRLY BY WELL SUPPORTED FARMERS**
-  **BETTER FOR YOU**
-  **BETTER FOR THE PLANET**

How we're making school meals more sustainable:

-  **All the fish on our menus is fished sustainably.** This means we only serve fish on the Marine Conservation Society best choice 'Fish to Eat' list.
-  **We reduce our 'food miles'** by sourcing locally where possible to cut down the distances our delivery lorries need to travel.
-  **We love Plant Based.** Have you noticed that Plant Based & Veggie options are our number 1 choice? That's because eating less meat can reduce our environmental impact!

Did you know? Reducing the amount of food we waste can help the planet. It's estimated that the UK's total food waste could feed over 50 million people a year!

WE KNOW THERE'S NO PLANET B.

WE WANT TO KNOW WHAT'S MOST IMPORTANT TO YOU WHEN IT COMES TO SUSTAINABILITY

Look out for your chance to vote on 19th January

Did you know? Choosing one plant based meal a week saves about 143kg CO₂ a year. That's equivalent energy saving of using your mobile phone for 8.5 years!

DO YOU HAVE A QUESTION? If you do, speak to your school cook or ask a teacher or parent to help you get in touch with us at: hello@feedinghungryminds.co.uk

