



Industrial Action by the National Education Union – Thursday 2nd March 2023

Nearly every teacher at Hitherfield will be taking industrial action on Thursday 2nd March 2023 and therefore the school will be closed to ALL pupils on that day.

Whilst the school will be open to non-striking staff, they are not permitted to undertake duties that they would normally not do, such as covering for colleagues who are on strike. It is therefore not possible to provide a safe environment for any children on that day.

If your child usually attends the Breakfast and/or After School Club that day you will not be charged as the service will not be operating.

If your child usually attends an extra-curricular club, such as football, Martial Arts, Drumming or STEM, they will not be operating and we will either run an additional session or refund you for that session.

If you wish for your child to undertake learning activities at home you may wish to explore the following:

- BBC Bitesize has a range of primary age learning activities <https://www.bbc.co.uk/bitesize/primary>
- The National Academy <https://classroom.thenational.academy>
- Any activities on their Seesaw account that they have not yet engaged with or completed

The other proposed dates of strike action that will impact Hitherfield and other London schools if they go ahead are:

- Wednesday 15th March 2023
- Thursday 16th March 2023

Parents/Carers of children entitled to free school meals will receive a voucher equivalent to the amount of money the school receives for the meal that they are not receiving, which is £2.40. As this is the second day the school has had to close the voucher issued will be for £4.80 per child.



On Monday the 27th February a judge from The London Children's flower Society will be coming to Hitherfield to judge our entries to this year's spring bulb competition.

The Carlton Daffodils, Tete-a-Tete Daffodils and Hyacinths that you have grown from bulbs sent home in November, or that were planted at school with Jess and taken home in pots in January, will all be judged, so please bring them in to school on the morning of the 27th.

Following our visitor's judgement, bronze, silver or gold level certificates will be issued to all entries presented regardless of if your child's plant has flowered yet or not.

For any bulbs that came into flower early, photographic evidence, if you have it, can be given alongside the already bloomed plant. Photos can be brought in with the plant, or alternatively emailed to admin@hitherfield.co.uk under the subject title 'spring bulb competition' followed by your child's name and class.

All plant pots can then be collected to be taken home at the end of the day.

We look forward to seeing how you all got on.





Fancy planting baby trees?

The school has managed to secure some hedging trees from Trees For London to increase biodiversity in the trim trail. We have 200 saplings of cherry plum, elder, crab apple, rowan, guelder rose, hornbeam, hazel and blackthorn. We would like help to create a hedge along the fence by the railtrack. If interested please come along at school pick up. Adults and children are welcome. We shall be spending an hour after school all next week (**27th Feb - 3rd Mar**), unless of course we finish before the week is over. Look for Jessi. She'll be the one who probably has a baby on her back and a fork in her hand. Please BYO garden fork or spade if possible as the tools at school are child sized. Wear suitable clothing and footwear.

Come plant a tree, or 2 or 6!



ACEN Parent Summit 2023

The ACEN (African Caribbean Education Network) Parent Summit, now in its second year, will be held at Emanuel School, Battersea, London from **9.30am to 4pm** on **Saturday 18th March 2023**.

This event is aimed at parents of African Caribbean children interested in finding out about applying to independent and/or grammar schools and will provide Black parents/carers and students with the opportunity to understand the admissions processes for the 11+.

Admissions guidance, advice, and information on bursary and scholarship applications will be provided by representatives from a selection of schools. In addition, Black parents who currently have children in the independent and/or grammar sectors alongside a panel of current students will share valuable insights into their recent experiences of successfully navigating the admissions processes, the transition, and settling into their current schools.

Students aged 7+ will also have the opportunity to participate in activities and workshops on the day where they will get tips and a taster of the topics and techniques that selective school exams require.

BOOK YOUR TICKETS [HERE](#) Further detail of this event can be found [on our website](#)

Dates for the Diary

Monday 27th Spring Bulb Competition –
Bulbs to be taken up to the studio before
school

Tuesday 28th January - Rec Platypus
Class Assembly and Open Morning
9:15am – 10:30am

Thursday 2nd March – School Closed

Friday 3rd March - **World Book Day
Celebration, Book Swap and Bake
Sale**

Tuesday 7th March - Year 3 trip to
Natural History Museum

Tuesday 7th March - 4 Cheetah Class
Assembly and Open Morning 9:15am –
10:30am

Thursday 9th March - 5 Hedgehog Class
Assembly and Open Morning 9:15am –
10:30am



Good News Cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Ariadne and Felix	1 DUGONG Henry and Jacob	1 SUNBIRD Hannah & Noahn
2 MANATEE Kylah and Kateryn	2 MONGOOSE Isaiah and Maria	2 HUMMINGBIRD Marwa and Cleo
3 JAGUAR Beth and Elijah	3 MACAW Kolya and Faye	3 ANACONDA Hania and Camille
4 HIPPOPOTAMUS Niah and Eva	4 FLAMINGO Ryder and Jacob	4 CHEETAH To be announced next week
5 KINGFISHER Juliet and Ridwan	5 HEDGEHOG Djuna & Trequan	5 OTTER Gabriel T and Khushi
6 ORCA Muntaha Taylen and Julia M	6 PUFFIN Inaya and Reuben	6 WOLVERINE Edward and Ayub

Fire Safety Workshops

This week years two and five had a visit from the London Fire Brigade. They learnt about various ways to prevent fires in the home and what to do in an emergency.

Free Home Fire Safety Visits

A fire can start in any room and the effects can be devastating, even a small fire in your home can lead to substantial damage and expensive repairs. The LFB wants to stop fires from happening and that is why we offer free home fire safety visits to help keep you and your loved ones safe.

What happens during a home fire safety visit ?

Our firefighters or trained staff will visit you at home, at a time that suits you and carry out a risk assessment. They will give you advice based on your home and individual needs, this includes; information on how to **prevent** fires, the importance of smoke alarms to **detect** a fire and your **escape** plan in the event of a fire.

A visit can take up to 90 minutes or longer if needed and we will fit free smoke alarms if required.

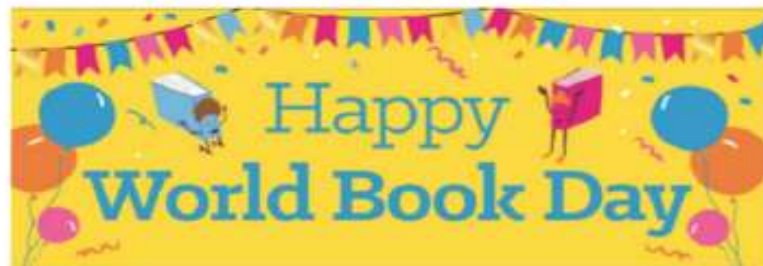
Specialist alarms can be fitted for people who may have a delayed response to escape for example; strobe light and vibrating pad alarms for those who are deaf or hard of hearing.

How to book a Home Fire Safety Visit:

Freephone: 0800 028 4428

Email: smokealarms@london-fire.gov.uk

Text /SMS: 07860 021 319



World Book Day 2023 will be taking place at Hitherfield

Primary School on...

WORLD
**BOOK
DAY**

Friday 3rd March 2023

The theme is...

Save the date!

You are a Reader!

On the day you can dress up as a character from one of your favourite books, or you can come to school in the clothes you find comfiest to read in, or even your pyjamas!

On the day we will have...

Costume parades

Storytelling

Book themed activities



and lots more, including...

THE BIG BOOK SWAP!



The Big Book Swap will be held in the **Main Hall or the Plaza**

(weather dependent!) from **3:30 - 4:30!**

Here, **everyone** can take home a book for **free!** You do **NOT** need to have donated a book to attend and choose one!

At **The Big Book Swap** there will also be a bake sale to raise money for the Turkey-Syria Earthquake Appeal.



Hitherfield Primary School is hosting a **Big Book Swap** on **Friday 3rd March** for **World Book Day!**

And we need **YOUR** books! **1 or 10** all help!

Do you have any books at home that your children are bored of, are no longer age appropriate or that have been sat untouched in your child's bedroom for months?

Yes? Then donate them to the Big Book Swap!

Please bring in all donations by **Wednesday 1st of March!** Deliver them either to the **Office** or **Lauren** in **Kingfisher Class (Year 5)!**

Thank you **SO MUCH** in advance for all your wonderful donations!

(Please only donate books that other children would like to read - No torn up, or scribbled on books please!)



EAT THEM TO DEFEAT THEM 2023



**DID YOU KNOW THAT 80% OF CHILDREN
DO NOT EAT ENOUGH VEGETABLES?**



WE CAN'T LET THE VEGETABLES WIN...



WE MUST EAT THEM TO DEFEAT THEM!

AT SCHOOL:

**CHILDREN WILL HAVE A THEMED
ASSEMBLY**

**CHILDREN FROM RECEPTION TO YEAR 3
WILL GET STICKERS WHEN THEY EAT
THE VEGETABLES OF THE DAY**

**CHILDREN WILL BE ENCOURAGED TO
TRY NEW VEGETABLES AT LUNCH TIME**

AT HOME:

**RECIPES WILL BE SENT HOME FOR YOU
TO TRY**

**PLEASE SHARE PICTURES OF YOUR
MEALS ON SEESAW OR TWEET THEM TO
US**

**CHILDREN FROM RECEPTION TO YEAR 3
HAVE BEEN SENT A REWARD CHART TO
USE AT HOME WHEN THEY EAT THEIR
VEGETABLES**





EAT THEM TO DEFEAT THEM

IT'S CRUNCH TIME CARROTS!



HOME COOKING CHALLENGE:

**THIS WEEK THE VEGGIES ARE
INVADING NORTH AFRICA. JOIN
IN AT HOME BY FOLLOWING THE
COUSCOUS CLASH TAGINE
RECIPE!**

**PLEASE POST PICTURES OF YOUR
MEAL ON SEESAW OR TWEET
THEM TO US SO WE CAN SHOW
THEM IN NEXT WEEK'S HERALD!**



HASTA LA VISTA BROCCOLI!





COUSCOUS CLASH

**EAT THEM
TO DEFEAT THEM**

FEATURING



The vegetables are taking over the deserts of **North Africa and Arabia**.

They have been spotted emerging from the great sand dunes of the desert and have now stormed the couscous.

Your mission is to help the kids find them, eat them to defeat them and raise loud the victory cry...



BRING IT ON VEGGIES!



COUSCOUS CLASH

To celebrate the food of North Africa and Arabia we are suggesting a delicious tagine with Moroccan spices made with meat or plant-based alternative protein such as Quorn Pieces and chickpeas, served with rainbow vegetable couscous, roasted peppers, squash, carrots, maybe courgettes. Just remember to keep the veg chunky.

Method

Yield 12

Here's our recommended recipe, or you can simply adapt your own recipe – just keep the veg chunky and serve with a reminder to the children to **Eat Them to Defeat Them** and get them to say **"Bring it on veggies!"**

- 1 Place a suitable pan on the stove to heat and add the oil and red onion until it starts to soften.
- 2 Add the chicken and cook until it starts to colour and is cooked through. **If using Quorn Pieces or Quorn Vegan Beef Pieces, add to the pan at point 4.**
- 3 **Probe and record temperature - must be above 75 °C.**
- 4 Add the red pepper, courgette, butternut squash, carrots, and chickpeas. Continue to cook until the vegetables begin to colour and soften, then add the cumin, paprika, cinnamon, turmeric, vegetable bouillon, peas, sweetcorn, couscous and water **(and Quorn Pieces or Quorn Vegan Beef Pieces, if using).**
- 5 Bring the pan back to the boil, stirring the ingredients together then remove from the heat.
- 6 **Probe and record temperature - must be above 75 °C**
- 7 Add the diced butter to the top of the couscous and cover with cling film to secure in the steam.
- 8 Allow the pan to stand for 10 minutes in a hot cupboard, to allow the residual heat of the pan to cook the couscous.
- 9 Remove the cling film and add the chopped chives, using a fork gently fluff up the couscous to separate the grains and serve immediately.

Ingredients

Couscous

- 15ml oil
- 1 red onion, diced
- 300g chicken diced or Quorn Pieces or Quorn Vegan Beef Pieces
- ½ red pepper, diced
- 100g courgette, diced
- 100g butternut squash, diced
- 100g carrots, diced
- 300g chickpeas
- 2 tsp cumin powder
- 2 tsp paprika
- 1 tsp cinnamon
- 1-2 tsp turmeric
- 15g vegetable bouillon
- 100g peas
- 100g sweetcorn
- 350g couscous
- 440ml water
- 100g butter or plant-based alternative, diced
- 10g chives, chopped

Serving suggestions

You can serve any kind of wet dish with North African or Arabian feel (or if necessary, any dish you can serve with couscous).





Eco News



Hitherfield Primary school has officially declared a climate emergency!!

In 2019, Lambeth Council was the first London borough to declare a climate emergency. This step was taken in response to the alarming and widespread impacts of global warming we are seeing across the world.

It is now our time to take action!!

To get things going, next week there will be an Energy Saving Week where the eco-committee members will initially be in charge of making sure lights are turned off, along with any electrical appliances that aren't needed, when there is no one using the room.

We are taking metre reading to see if our conscious efforts to change our behaviour will save us on electricity. We'll keep you posted.

In the meantime, if you're looking at ways on saving on your energy bills this is a useful website.

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-a-better-energy-deal/save-money-on-your-gas-and-electricity/#:~:text=use%20LED%20or%20other%20energy,and%20defrost%20your%20freezer%20regularly>

Help Lambeth to improve the service and support they offer to people of all ages with autism

Lambeth have re-launched their **All-Age Autism Strategy consultation**. They want to hear from a range of stakeholders, including people with autism, their families, and experts in the field. Share your views to help shape their new strategy to improve their services and support for people with autism regardless of age. The strategy will be launched in 2023 and will include several initiatives aimed at improving diagnosis and support for people with autism, as well as raising awareness about the needs of people with autism.

To find out more and have your say, please visit the [Lambeth website](https://www.lambeth.gov.uk). They've included an easy read version of the survey, and will also be holding open discussion forums, if you are interested in attending or for more information, please contact ascommisioning@lambeth.gov.uk.

The consultation runs from now to 31 March 2023.

Don't miss out on improving your eco-credentials. The Great Battery Hunt Continues.

We have so many enthusiastic children bringing their family's batteries to be recycled at Hitherfield.

Great for Hitherfield and great for the environment.

Keep up this magnificent effort..





Opportunity to help shape our new Expert by Experience Panel

Violence against Women and Girls (VAWG) describes forms of violence and abuse that disproportionately affect women and girls, including domestic abuse and sexual violence. However, people of any gender can experience abuse of this nature and the consequences effect everyone.

Lambeth's VAWG strategy 2021-27 sets out our plans to make the borough safer for everyone. To support this, we are setting up a panel of 'experts by experience' – local people who have experienced violence and abuse.

We value the expertise that people with lived experience have.

The panel will help us to ensure our work reflects the views and needs of victims and survivors in Lambeth. **Before we set up the panel, we want to hear from victims and survivors about how the panel should look, feel, and operate.**

We would like to speak with people who:

- have experienced violence and abuse
- are aged 16 or over
- live, work or study in Lambeth
- are willing to share their views with the council about how our Expert by Experience Panel should look

We will be holding two focus groups. Participants will each receive a **£25 Love2Shop voucher** and their travel costs will be covered (receipts required).

- **All gender space**, Wednesday 22 February 5-6:30pm, Lambeth Town Hall. Sign up at allgenderfocusgroup.eventbrite.co.uk
- **Women-only space**, Wednesday 1 March, 11am-12:30pm, Loughborough Children Centre, creche available. Sign up at womensfocusgroup.eventbrite.co.uk

If you would like to participate but can't attend either of the sessions above, you can share your views via:

- Our short online survey: surveymonkey.co.uk/r/LQNLC2B
- An informal conversation with a member of our team



To sign up use the Eventbrite links above.

If you have any questions, please contact Amy from Lambeth VAWG Team on: amasson@lambeth.gov.uk or on 020 7926 7686.

HITHERFIELD HERALD

www.hitherfield.co.uk



COST OF LIVING & JOBS FAIR



When:
Thursday 2nd March 2023

Time: 1pm – 3pm

Where:
Jubilee Children's Centre, Tulse Hill, London
SW2 2JE

For further information contact Hubert:

Telephone: 07538183168

Email: hhumphrey@lambeth.gov.uk

Jubilee Children's Centre: 020 8678 6530

Lambeth

giving
your child
a better
start



OPEN TO ALL! ADVICE AND SUPPORT WITH THE COST OF LIVING

- Sign up to the Community Shop in West Norwood for discounted groceries
- Apply for jobs on the day, CV and application form support
- Tips on saving money
- How to save energy and keep warm
- Help applying for Free Early Childcare
- Meet the Families Information Service

And much more on the day!



Learn how to support your child's early speaking, reading, and writing skills

Come and join our free fun workshops



Sharing REAL (Raising Early Achievement in Literacy) is a free programme for parents and carers.

Everyone is welcome.

We learn fun and interesting ways to boost your child's learning at home, and in your local community. It equips you, as your child's first educator, to support your child's development

Each participant receives a pack of free resources

Where

Hitherfield Children's Centre, Hitherfield Road, SW16 2JQ

A crèche is available for this course.

When

Tuesday, 1.00pm-3.00pm

Initial assessment and registration

21st February 2023

Course Dates

28th February – 21st March 2023

To find out more and to book a place please contact:

Jessie Hammans

Tel: 020 8835 9569

e-mail ccadmin@hitherfield.co.uk



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Lambeth

HITHERFIELD HERALD

www.hitherfield.co.uk



EarlyBird+ Programme

Information Session

Please come along to our virtual information session and find about the EarlyBird+ Programme for parents/carers of children between the age of 4-9 years old. This information session can also be attended by professionals.

Wednesday 8th March

12:00pm – 12:30pm

The session will be held remotely, so you will need to have access to a computer/tablet/phone to access the session.

If you are interested in attending email Noel Gardner on ngardner@lambeth.gov.uk and details of the session will be emailed to you.

This session will provide you with in-depth knowledge of the EarlyBird+ programme and how to apply. Please note, it is mandatory for you to attend this session if you would like to express an interest in completing the EarlyBird+ programme.

If you have any questions please contact us on ngardner@lambeth.gov.uk

We look forward to seeing you there!



Parent Workshop Anxiety and Social, Emotional & Mental Health

At Corpus Christi Primary School
With Noel Gardner from the Lambeth Autism Advisory Service

These workshops are for families in Lambeth who have an autistic child, or those who are on the pathway to obtaining a diagnosis.

The session will take place on Tuesday 21st March at 10:00am at Corpus Christi Primary School

The session, Anxiety & Social, Emotional and & Mental Health will cover the following areas:

- Understand the impact on SEMH.
- Underlying anxieties.
- Why autistic children have differences in social communication.
- What we can do to help.
- Understanding anxiety and the impact on a young person's life.
- What we can do to help.

You do not need to book to attend this session, but if you could please email Noel at ngardner@lambeth.gov.uk to get an idea of how many are expected to attend.

The address of Corpus Christi Primary School is:

Corpus Christi Catholic School
Trent Road
Brixton
London
SW2 5BL



Teen Life Programme

Information Session

Please come along to our virtual information session and find about the Teen Life Programme for parents/carers of children between the age of 10 - 16 years old. This information session can also be attended by professionals.

Wednesday 8th March

12:30pm – 1:00pm

The session will be held remotely, so you will need to have access to a computer/tablet/phone to access the session.

If you are interested in attending email ezjawiony@lambeth.gov.uk and details of the session will be emailed to you.

This session will provide you with knowledge of the Teen Life programme and how to apply.

Please note, it is recommended that you to attend this session if you would like to express an interest in completing the Teen Life programme.

If you have any questions please contact on ezjawiony@lambeth.gov.uk

We look forward to seeing you there!