



Happy World Book Day Hitherfield!

Hitherfield has had an amazing World Book Day, including costume parades, storytelling and book themed activities! All the children looked amazing in their costumes, pajamas or comfy reading clothes, as did all the adults! Including Chris, sorry Cruella!

The day is going to finish with the Big Book Swap in the Main Hall from 3:30 - 4:30! Make sure you bring your school token and grab a book!





Dates for the Diary

Tuesday 7th March - Year 3 trip to Natural History Museum

Tuesday 7th March - 4 Cheetah Class Assembly and Open Morning 9:15am – 10:30am

Tuesday 7th March - 5 Hedgehog trip to Tales on Moon Lane

Wednesday 8th March – 5 Kingfisher & 5 Otter trip to Tales on Moon Lane

Thursday 9th March - 5 Hedgehog Class Assembly and Open Morning 9:15am – 10:30am

Monday 13th March – Year 3 Pedestrian Training

Tuesday 14th March - Rec Kookaburra Class Assembly and Open Morning 9:15am – 10:30am

Wednesday 15th and Thursday 16th – Possible Strike Days

Thursday 16th March - Nur Tadpole Class Assembly and Open Morning 9:15am – 10:30am

Friday 17th March – St Patrick's Day & Comic Relief!

Monday 20th – Friday 31st March - Sustrans Big Walk and Wheel

Tuesday 21st March Rec Koala Class Assembly and Open Morning 9:15am – 10:30am

Thursday 23rd March - Nur Robin Class Assembly and Open Morning 9:15am – 10:30am



Good News Cards



Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Cahlil and Roberto	1 DUGONG Shayla and Thamiel	1 SUNBIRD Joshua and Stella
2 MANATEE Amalia and Ellis	2 MONGOOSE Elena and Riccardo	2 HUMMINGBIRD Mireya and Hassan
3 JAGUAR Sam and Mason	3 MACAW To be announced next week	3 ANACONDA Abbas and Isobel
4 HIPPOPOTAMUS Santi and Esme S.	4 FLAMINGO Daniel FJ and Zain	4 CHEETAH Zhara, Oscar Fatmire and Jack and Mela
5 KINGFISHER To be announced next week	5 HEDGEHOG Patryk and Thierry	5 OTTER Miley and Alex
6 ORCA Huey and Niyah	6 PUFFIN To be announced next week	6 WOLVERINE Stanley and Emi

We had a fantastic community effort to get our trees planted in the last week. A whopping 185 trees were put in the ground, wrapped with protection and watered.

Last Friday groups of children from each year did an amazing job of planting a 2 row hedge along the fence in the trim trail. This will bring an abundance of wildlife and screen the uninspiring tracks.

Families after school finished off the last few trees on the trim trail and planted another hedge on the grassy bank, along the avenue, by the magic carpet. This will help stop soil erosion and provide gorgeous greenery, flowers and berries.

Hopefully once they've established there'll be plenty of fruits, nuts and flowers to forage for jams, pies, cordial and maybe even some sloes for gin.

Barriers have gone up now just to give them a bit of protection whilst they establish. If you ever need to empty a bottle of water we would love it if it could go on the trees.

Thank you so much for your enthusiasm and efforts!





THE LITTLE RED NOSE THAT MAKES A REALLY BIG DIFFERENCE

For 2023, Comic Relief proudly presents the new Red Nose, exclusively designed by Sir Jony Ive.

The magically transforming Red Nose starts as a tiny, flat crescent and springs into a beautiful honeycomb-paper sphere. It proves that the littlest of things can make a huge difference. Because when you buy one, you're helping people going through the toughest times of their lives.

WHAT YOUR MONEY DOES HOW YOUR DONATIONS HELP

The money raised will help support people struggling with the cost-of-living crisis and tackle issues such as homelessness, mental health problems, and food poverty here in the UK and around the world.

A portion of money raised throughout our Red Nose Day campaign will also go towards the emergency response to the devastating earthquake in Turkey and Syria

**WE WILL BE SELLING
RED NOSE'S IN THE
MAIN SCHOOL OFFICE
FROM TODAY. EACH
NOSE COSTS £2.50**





Sponsored cycle/scoot/run Friday 17th March



We are really excited to be raising money for Red Nose Day! As one of the UK's biggest fundraising events, Red Nose Day brings the entire nation together to raise some smiles - and some money - to help people through the toughest times of their lives.

This year we are having a sponsored cycle/scoot/run around our school grounds. To take part in the event we are asking for a donation of **£1**. Sponsorship forms are also available if you would like to assist your child in raising even more money for the good causes Red Nose Day supports.

For health and safety reasons pupils **must wear a helmet** when taking part on either a bicycle or scooter. So don't forget to bring in your helmet and wear something RED on the day!





Well done to everyone who brought in their Spring Bulb entries to be judged by the London Children's Flower Society (LCFS) on Monday. The flower-filled studio looked splendid, as it does each year.

Judging took place a couple of weeks earlier than it normally does, so we are aware that many of you had plants that had not flowered yet. If that is the case, or you were for whatever reason unable to send in your daffodils or hyacinths, then fear not, all is not lost.

Photographs of your entries can still be emailed in to us (up to 15 th March), which we will then forward on to our LCFS judge. Certificates will then awarded to all entries. Please send your photos to admin@hitherfield.co.uk under the subject title 'spring bulb competition' followed by your child's name and class.



Reading Record Books - Back by Popular Demand!

Parents and carers, we have listened to your feedback about the challenges of using seesaw to record your child's reading and have decided to go back to using more traditional Reading Record books.

Today every child will be given their own Reading Record book to take home. Please use it to record what your child is reading and leave notes for your teacher about how they are getting on with the books they are taking home.

If you prefer using seesaw you can still send us comments that way too, the choice is yours!

HITHERFIELD HERALD

www.hitherfield.co.uk



PLEASE SPONSOR ME



FRIDAY 17 MARCH

Name _____

is going to _____ for Red Nose Day.

How your money helps

£5

could help feed a child for a day at a community hub during school holidays

£10

could go towards buying a hygiene pack so that a young person sleeping rough can keep clean

A message to our brilliant sponsors

When you tick the Gift Aid* box, the government will give us 25% on top of your donation. It doesn't cost you a penny and it means that every pound that you donate can go towards helping to transform people's lives in the UK and across the world. This declaration can be used to collect Gift Aid on any donations you make in the future or have made in the past four years. If you're over 18 years old and making a personal donation, please give your full name and home address and tick the box so we can claim Gift Aid.

We won't use this information for any other purpose. Find out more about how we use your personal data at comicrelief.com/privacy

giftaid it

Full name	Home address	Postcode	<input type="checkbox"/>	Total amount	Date collected
EXAMPLE Mr. Ade O'Naiton	A House, A Town	AB12 3CD	<input checked="" type="checkbox"/>	£15	DD/MM/YY
1			<input type="checkbox"/>		
2			<input type="checkbox"/>		
3			<input type="checkbox"/>		
4			<input type="checkbox"/>		
5			<input type="checkbox"/>		
6			<input type="checkbox"/>		
7			<input type="checkbox"/>		
8			<input type="checkbox"/>		
9			<input type="checkbox"/>		
10			<input type="checkbox"/>		
11			<input type="checkbox"/>		
12			<input type="checkbox"/>		
13			<input type="checkbox"/>		
14			<input type="checkbox"/>		
15			<input type="checkbox"/>		



PLEASE SPONSOR ME



FRIDAY 17 MARCH

A message to our brilliant sponsors

When you tick the Gift Aid* box, the government will give us 25% on top of your donation. It doesn't cost you a penny and it means that every pound that you donate can go towards helping to transform people's lives in the UK and across the world. This declaration can be used to collect Gift Aid on any donations you make in the future or have made in the past four years. If you're over 18 years old and making a personal donation, please give your full name and home address and tick the box so we can claim Gift Aid.

We won't use this information for any other purpose. Find out more about how we use your personal data at comicroelief.com/privacy

giftaid it

Full name	Home address	Postcode	<input type="checkbox"/>	Total amount	Date collected
16			<input type="checkbox"/>		
17			<input type="checkbox"/>		
18			<input type="checkbox"/>		
19			<input type="checkbox"/>		
20			<input type="checkbox"/>		
21			<input type="checkbox"/>		
22			<input type="checkbox"/>		
23			<input type="checkbox"/>		
24			<input type="checkbox"/>		
25			<input type="checkbox"/>		
26			<input type="checkbox"/>		
27			<input type="checkbox"/>		
28			<input type="checkbox"/>		
29			<input type="checkbox"/>		
30			<input type="checkbox"/>		

*You must be a UK taxpayer and understand that if you pay less Income Tax and/or Capital Gains Tax in a tax year than the amount of Gift Aid claimed on all your donations to charitable organisations, it is your responsibility to pay any difference.

THANK YOU - NOW ALL THAT'S LEFT TO DO IS PAY IT IN...

Online	By post	At a bank
<ol style="list-style-type: none"> Go to comicroelief.com/pay-in and pay with a credit card or debit card. Write the reference number from your confirmation email here: <input style="width: 100%;" type="text"/> Send this sponsorship form to us at: 	<ol style="list-style-type: none"> Fill in the giro in your fundraising pack or download a paying in form at comicroelief.com/tools Send your giro or paying in form, cheque(s) and this sponsorship form to us at: 	<ol style="list-style-type: none"> Fill in the giro in your fundraising pack or ask for one at the bank counter Take your giro, cash and/or cheque(s) to any bank Send this sponsorship form and your paying-in receipt to us at:
Red Nose Day 2023, EY, PO Box 51543, London, SE1 2UG We can only claim Gift Aid if you send in your sponsorship forms.		

Total
Event code 184
For office use only.



EAT THEM TO DEFEAT THEM WEEK 2



GREAT WORK LAST WEEK!



**WE ATE LOADS OF VEGETABLES AT SCHOOL
AND EVEN MORE AT HOME!**

**THANK YOU FOR SHARING ALL OF YOUR TASTY HOME
COOKED MEALS ON SEESAW, HERE IS A SELECTION
OF THE PICTURES YOU SENT IN!**

**EAT THEM
TO DEFEAT THEM**

**IT'S CRUNCH TIME
CARROTS!**



**YOU'RE GOING
DOWN
PEAS!**



JOIN THE FIGHT

SHARE YOUR VICTORIES

MASTA LA VISTA BROCCOLI!

SWEETCORN IT'S TIME TO FACE THE HEAT!



PASTA POWER PLAY

EAT THEM TO DEFEAT THEM

FEATURING

Peas Cabbage Peppers Carrots Sweetcorn Butternut Squash Courgette

We've heard the vegetables have taken over the pasta in Italy.

The kids will need to search for the vegetables, pick them out, and then defeat them in the only way possible.

Your mission is to help the kids find them and eat them to defeat them and then let out your victory cry...

FEEL MY POWER!



A pasta bake or lasagne with your choice of meat or plant-based alternative protein such as Quorn, plenty of vegetables and cheese, but ideally cooked in a pie-dish or cake-tin and served like a loaf in slices. The important thing is lots of chunky vegetables the kids can hunt down.

Method

Yield **10**

Ingredients

Here's our recommended recipe, or you can simply adapt your own recipe – just keep the veg chunky and serve with a reminder to the children to **Eat Them to Defeat Them** and say "Feel my power!"

- 1 Pre heat oven to **GM6/390°F/200°C**
- 2 Lightly oil a baking sheet and lay out the sliced carrot and squash in a single layer if possible. Bake in the oven for 20-30 minutes until they start to soften but still hold their shape.
- 3 Meanwhile heat half the oil in a saucepan and add the onion and garlic and cook for 2-3 mins until softened. Add the beef mince and continue to cook until it starts to colour. **If using Quorn Pieces or Quorn Vegan Beef Pieces, add to the pan at point 4.**
- 4 Stir in the chopped tomatoes, mixed herbs bouillon and paste (and Quorn Pieces or Quorn Vegan Beef Pieces, if using) and cook, stirring regularly for 10-15 mins. Set aside.
- 5 With the remaining oil over a high heat, cook the courgette in batches for 2-3 mins on each side until lightly golden.
- 6 Ladle one quarter of the mince and tomato sauce mixture into a gastronome, place one layer of lasagne sheets followed by the squash on top. Spoon over another layer of the sauce and repeat with the lasagne and courgette, followed by the lasagne and carrot and remaining sauce.
- 7 Top with mozzarella and breadcrumbs then bake for 20-25 minutes until bubbling and golden brown.
- 8 Probing to a core temperature of **75°C or above for 30 seconds.**

Pasta Bake

- 500g courgettes, sliced lengthwise ½ cm thick
- 500g carrots, sliced lengthwise ½ cm thick
- 500g butternut squash, sliced lengthwise ½ cm thick
- 2 tbsp oil
- 2 red onions, sliced
- 2 garlic cloves, crushed
- 250g beef mince or Quorn Pieces or Quorn Vegan Beef Pieces
- 1kg/200g chopped tomatoes
- 2 tbsp mixed herbs
- 30g vegetable bouillon
- 30g tomato paste
- 12 lasagne sheets
- 100g mozzarella and cheddar, grated (or plant-based alternative)
- 1 bread roll, grated into crumbs

Serving suggestions

Cook in a pie dish or cake tin and serve sliced like a loaf.

Spaghetti would also work well with a rich tomato sauce.





**FREE TASTER &
HALF PRICE IN
MARCH!!**

REGISTER NOW!



Sunday Sessions in... **BATTERSEA**

South London Girls Football Academy continues to strive to bring professional coaching and development to youth girls in South London. A UEFA qualified coach with 1000's of hours youth coaching experience and 10 yers working with youth girls. The successful periodised curriculum is now making its way to Battersea in March 2023. Register Now!

SESSIONS WILL TAKE PLACE AT:

Sacred heart RC Primary School,
Este Road,
London,
SW11 2TD

12TH MARCH!

FIRST SESSION IN BATTERSEA

REGISTER NOW.

- Free taster session
- Player Development Plans
- Holistic program
- 9-10am : Ages 6, 7 & 8
- 10-11am : Ages 9, 10 & 11

CALL :

07903 25 02 02

MORE CONTACT INFO:

contact@southlondongirlsfootballacademy.co.uk

www.southlondongirlsfootballacademy.co.uk

Instagram: [slgirlsfootballacademy](https://www.instagram.com/slgirlsfootballacademy)

TO REGISTER:

Visit the above website and go to the "join" page. Complete the registration form and you will receive email confirmation of your place.