



## Eggstravaganza - Thursday 30<sup>th</sup> March

We are delighted to announce that the Eggstravaganza time has come again! The rules are the same as always. You need to boil one egg (Get a parent to do this for you. You are not allowed to do it yourself). Only use a chicken's egg, as ostrich eggs are very expensive and quail's eggs are too small! Then the fun part starts. You can paint and decorate your egg, or you can put it in a box and create a scene.

Bring your entries straight to the Studio on Thursday 30<sup>th</sup> March. Each class will get the opportunity to visit the Studio to see all of the eggs. Adults can see the eggs after school on Thursday or before school on Friday.

The prize winners will be announced at the Eggstravaganza assemblies on Friday 31<sup>st</sup> March

Children will take their eggs home on Friday 31<sup>st</sup> March

**Every entry is rewarded with a cream egg.**

## Dates for the Diary

Monday 13<sup>th</sup> March – Year 3 Pedestrian Training

Monday 13<sup>th</sup> – Friday 17<sup>th</sup> March – Neurodiversity Week

Tuesday 14<sup>th</sup> March - Rec Kookaburra Class Assembly and Open Morning 9:15am – 10:30am

**Wednesday 15<sup>th</sup> and Thursday 16<sup>th</sup> –School Closed - Strike Days**

**Friday 17<sup>th</sup> March – St Patrick's Day & Comic Relief!**

Monday 20<sup>th</sup> – Friday 31<sup>st</sup> March - **Sustrans Big Walk and Wheel**

Tuesday 21<sup>st</sup> March Rec Koala Class Assembly and Open Morning 9:15am – 10:30am

Thursday 23<sup>rd</sup> March – Robin and Tadpole Class Assembly 9:45am – In the Main School Hall.

**Thursday 23<sup>rd</sup> March - PTA Quiz Night!**

Friday 24<sup>th</sup> March – PTA Uniform Sale

**Thursday 30<sup>th</sup> March – Eggstravaganza Drop off in the Studio**

## Neurodiversity Week - 13th to 17th March

Hitherfield is celebrating neurodiversity week next week. Our assemblies for years 1 to 6 on Monday 13<sup>th</sup> will introduce the week to the children and will highlight everyone's unique strengths and differences. Neurodiversity is based on the idea that everyone has a differently wired brain and their own unique way of thinking and experiencing the world. We will share that some of these differences have names, such as Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Conditions (ASC), Dyslexia, Dyspraxia, Dyscalculia and Tourette's Syndrome. We will, of course celebrate our differences and how we can support others.

If parents wish to explore resources linked to these areas, the neurodiversity week website has lots of useful resources: <https://www.neurodiversityweek.com/parent-resources>

We have just established a Neurodiversity Working Group at Hitherfield and we will be hosting an Introduction to Neurodiversity Parents' meeting from 9:05am (just after drop-off) until 10am in the Main Hall on Friday 17<sup>th</sup> March. Please do join us to learn more about neurodiversity and how you can join the working group.

Julia, one of our Special Education Needs and Disability Coordinators (SENDCOs), is running the London Marathon in aid of the National Autistic Society. If you would like to sponsor her please click on this link <https://2023tcslondonmarathon.enthuse.com/pf/julia-williamson>



## **Industrial Action by the National Education Union Wednesday 15<sup>th</sup> and Thursday 16<sup>th</sup> March 2023**

Due to the National Education Union's strike action on Wednesday 15<sup>th</sup> and Thursday 16<sup>th</sup> March the school will be closed to ALL pupils on both those days.

If your child usually attends the Breakfast and/or After School Club that day you will not be charged as the service will not be operating.

If your child usually attends an extra-curricular club they will not be operating and we will either run an additional session or refund you for that session.

If you wish for your child to undertake learning activities at home you may wish to explore the following:

- BBC Bitesize has a range of primary age learning activities <https://www.bbc.co.uk/bitesize/primary>
- The National Academy <https://classroom.thenational.academy>
- Any activities on their Seesaw account that they have not yet engaged with or completed

We are not aware of any further proposed dates of strike action that will impact Hitherfield and other London schools, so hopefully the dispute can be settled and no further closures will happen.

We appreciate that this closure will impact families and I am sorry for the inconvenience caused.

Parents/Carers of children entitled to free school meals will receive a voucher equivalent to the amount of money the school receives for the meal that they are not receiving, which is £2.40 per day, so £4.80 per child for these two days.



We all want to say the **biggest** thank you to all of the Hitherfield community for making the school's first Big Book Swap such a phenomenal success! Because of your overwhelming generosity, we were able to ensure that every single child in the school was able to choose and take home a high quality book of their very own this World Book Day!

Thank you all for attending and for donating!

The remaining books are going to be distributed between the classrooms and the library to allow all children in the school to have access to them.







## Best Costumes - World Book Day 2023

<p><b>Sachin (N Tadpole)</b></p> 	<p><b>Arthur (R Koala)</b></p> 	<p><b>Ayman (1 Cobra)</b></p> 
<p><b>Finn (2 Manatee)</b></p> 	<p><b>Maddy (3 Macaw)</b></p> 	<p><b>Fin (4 Cheetah)</b></p> 
<p><b>Lina (5 Kingfisher)</b></p> 		<p><b>Leo (6 Orca)</b></p> 



The bake sale was also a huge success and we were able to raise **£367.73** for the Turkey-Syria Earthquake Appeal! We have donated this through the charity Choose Love which is currently matching all donations. This means our donation will be doubled to **£735.46!**

Thank you all again to everyone who both bought and made cakes!

The Hitherfield community really is amazing!







## Good News Cards



**Congratulations to these children who have really impressed their Teachers this week.**

<b>1 COBRA</b> Marwa and Adam	<b>1 DUGONG</b> Iason and Evie	<b>1 SUNBIRD</b> Arya and Flynn
<b>2 MANATEE</b> Lisl and Akmal	<b>2 MONGOOSE</b> Mark and Jacqueline	<b>2 HUMMINGBIRD</b> Sofia and Aiden
<b>3 JAGUAR</b> Joseph and Rosie	<b>3 MACAW</b> Lola and Maddy	<b>3 ANACONDA</b> Arlo and Eleanor
<b>4 HIPPOPOTAMUS</b> Yasmina and Greta	<b>4 FLAMINGO</b> Jakayla & Amelia G	<b>4 CHEETAH</b> Khaira and Alessia
<b>5 KINGFISHER</b> Aisha, Daria, Joshua and Zya	<b>5 HEDGEHOG</b> The Whole Class for their Amazing Asembly!	<b>5 OTTER</b> Clem and Lisan
<b>6 ORCA</b> Ana and Noah	<b>6 PUFFIN</b> Kyla and Gezzy	<b>6 WOLVERINE</b> Aisha and Hafija

## ECO NEWS



The meter readings are in from last week's 'Energy Saving Week'.

In our first week back we used **4170 kWh**

In our energy saving week we used **1086 kWh** (please note - there was one day that we weren't in because of the strike)

Still ... this goes to show that every little bit helps to make a big difference.

We want this to continue and teachers will make sure that 2 children are nominated each week to be the class energy monitors. Hopefully we will start to see some more sunshine in the next few weeks to brighten up the place and allow us to switch those lights off and save more energy!!

More information next week about our new air source heat pump and solar panels that are now in operation at the school.





## **THE LITTLE RED NOSE THAT MAKES A REALLY BIG DIFFERENCE**

For 2023, Comic Relief proudly presents the new Red Nose, exclusively designed by Sir Jony Ive.

The magically transforming Red Nose starts as a tiny, flat crescent and springs into a beautiful honeycomb-paper sphere. It proves that the littlest of things can make a huge difference. Because when you buy one, you're helping people going through the toughest times of their lives.

### **WHAT YOUR MONEY DOES HOW YOUR DONATIONS HELP**

The money raised will help support people struggling with the cost-of-living crisis and tackle issues such as homelessness, mental health problems, and food poverty here in the UK and around the world.

A portion of money raised throughout our Red Nose Day campaign will also go towards the emergency response to the devastating earthquake in Turkey and Syria

**RED NOSE'S ON SALE IN  
THE OFFICE**

**£2.50 EACH NOSE**





## Sponsored cycle/scoot/run Friday 17<sup>th</sup> March



We are really excited to be raising money for Red Nose Day! As one of the UK's biggest fundraising events, Red Nose Day brings the entire nation together to raise some smiles - and some money - to help people through the toughest times of their lives.

This year we are having a sponsored cycle/scoot/run around our school grounds. To take part in the event we are asking for a donation of **£1**. Sponsorship forms are also available if you would like to assist your child in raising even more money for the good causes Red Nose Day supports.

For health and safety reasons pupils **must wear a helmet** when taking part on either a bicycle or scooter. So don't forget to bring in your helmet and wear something RED on the day!



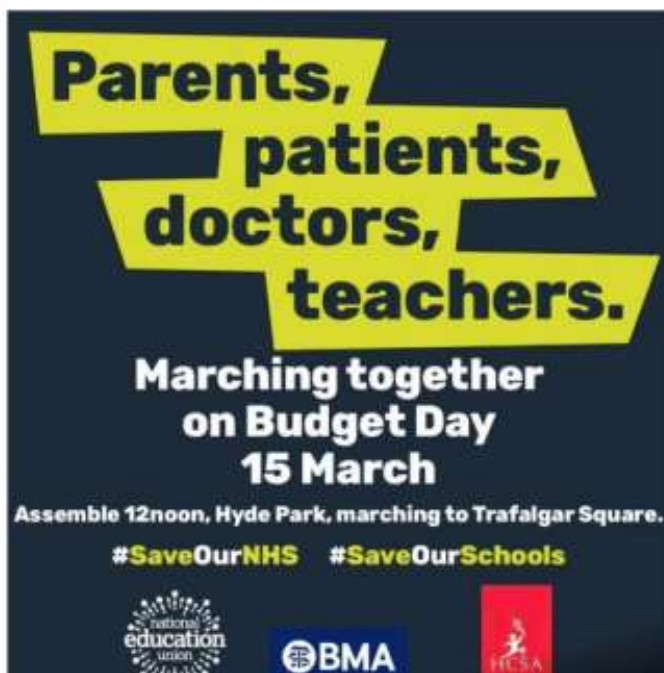




To the Hitherfield Community,

Thank you all for your incredible continued support.

Here is further information for the Strike days next week.



Also, any great banner slogan ideas, please let your child's class teacher know!

Wednesday 15th March:

8:15 - 9:30: Picket at Hitherfield Primary School Main Gate

12:00: Assemble in Hyde Park and march to Trafalgar Square

Rally in Trafalgar Square

Lambeth NEU will be providing transport to Trafalgar Square if you do wish to accompany us on the demonstration.

Thursday 16th March:

8:15 - 9:30: Picket at Hitherfield Primary School Main Gate

Thank you again, Hitherfield NEU

# HITHERFIELD HERALD

[www.hitherfield.co.uk](http://www.hitherfield.co.uk)



## PLEASE SPONSOR ME



FRIDAY 17 MARCH

Name \_\_\_\_\_

is going to \_\_\_\_\_ for Red Nose Day.

### How your money helps

£5

could help feed a child for a day at a community hub during school holidays

£10

could go towards buying a hygiene pack so that a young person sleeping rough can keep clean

### A message to our brilliant sponsors

When you tick the Gift Aid\* box, the government will give us 25% on top of your donation. It doesn't cost you a penny and it means that every pound that you donate can go towards helping to transform people's lives in the UK and across the world. This declaration can be used to collect Gift Aid on any donations you make in the future or have made in the past four years. If you're over 18 years old and making a personal donation, please give your full name and home address and tick the box so we can claim Gift Aid.

We won't use this information for any other purpose. Find out more about how we use your personal data at [comicrelief.com/privacy](http://comicrelief.com/privacy)

*giftaid it*

Full name	Home address	Postcode	<input type="checkbox"/>	Total amount	Date collected
EXAMPLE Mr. Ade O'Naiton	A House, A Town	AB12 3CD	<input checked="" type="checkbox"/>	£15	DD/MM/YY
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2			<input type="checkbox"/>		
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14			<input type="checkbox"/>		
15			<input type="checkbox"/>		



## PLEASE SPONSOR ME



FRIDAY 17 MARCH

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We won't use this information for any other purpose. Find out more about how we use your personal data at [comicroelief.com/privacy](http://comicroelief.com/privacy)

*giftaid it*

Full name	Home address	Postcode	<input type="checkbox"/>	Total amount	Date collected
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\*You must be a UK taxpayer and understand that if you pay less Income Tax and/or Capital Gains Tax in a tax year than the amount of Gift Aid claimed on all your donations to charitable organisations, it is your responsibility to pay any difference.

<h3>THANK YOU - NOW ALL THAT'S LEFT TO DO IS PAY IT IN...</h3>			<b>Total</b>  Event code 184
<b>Online</b> 1. Go to <a href="http://comicroelief.com/pay-in">comicroelief.com/pay-in</a> and pay with a credit card or debit card. 2. Write the reference number from your confirmation email here: <input type="text"/> 3. Send this sponsorship form to us at:	<b>By post</b> 1. Fill in the giro in your fundraising pack or download a paying in form at <a href="http://comicroelief.com/tools">comicroelief.com/tools</a> 2. Send your giro or paying in form, cheque(s) and this sponsorship form to us at:	<b>At a bank</b> 1. Fill in the giro in your fundraising pack or ask for one at the bank counter 2. Take your giro, cash and/or cheque(s) to any bank 3. Send this sponsorship form and your paying-in receipt to us at:	
<b>Red Nose Day 2023, EY, PO Box 51543, London, SE1 2UG</b> We can only claim Gift Aid if you send in your sponsorship forms.			For office use only.





## Rumble in the Jungle

FEATURING

EAT THEM  
TO DEFEAT THEM



Peas



Tomatoes



Carrots



Butternut  
Squash



Peppers

The vegetables have been taking over the jollof from Africa.

Those crafty vegetables think they can stay hidden in the rice but the veg warriors are ready for the hunt.

Your mission is to help the kids find them, eat them to defeat them and then let out our victory cheer...



# LET'S GET READY TO RUMBLE!





A vegetable laden jollof made with Tilda Brown & White Rice served with a proper African stew made with your choice of meat or plant-based alternative protein such as Quorn Pieces. We'd love you to make an authentic jollof but this can be any pink rice, just make sure to add plenty of veg.

## Method

Yield **12**

Here's our recommended recipe, or you can simply adapt your own recipe – just keep the veg chunky and serve with a reminder to the children to **Eat Them to Defeat Them** and say **"Let's get ready to rumble!"**

- 1 Place a suitable pan on the stove to heat, add the oil, onions, carrot, continue to cook until the vegetables begin to colour and soften, add the chicken and cook until browned. **If using Quorn Pieces, add to the pan at point 2.**
- 2 Add the sweet potatoes, chickpeas and water, bring up to the boil and allow to cook for 2-3 minutes before adding the tomatoes, garlic, cumin, cinnamon, paprika, vegetable bouillon, honey, sultanas, and soy sauce **(and Quorn Pieces, if using)**, reduce the heat to a simmer.
- 3 Add the sweet chilli sauce and chopped coriander to the pan and continue to cook gently until the sauce begins to thicken.
- 4 **Probe and record temperature - must be above 75 °C.**
- 5 Place a suitable pan fitted with a lid on the stove to heat and add the onion, peppers, and peas, continue to cook until the vegetables soften and begin to colour.
- 6 Stir the Tilda Brown & White Rice into the pan and add the chopped tomatoes, vegetable stock, cayenne pepper, curry powder and tomato puree. Thoroughly mix the ingredients together, reduce heat to a simmer and cover with the fitted lid.
- 7 Allow the rice to cook slowly for about 20 minutes or until the rice is tender and the liquid is absorbed.
- 8 **Probe and record temperature - must be above 75 °C.**
- 9 Remove from the heat and serve.

## Serving suggestions

If serving jollof on its own, not as an accompaniment, chicken or Quorn Pieces could be added with additional vegetables to make a hearty meal.



## Ingredients

### Stew

10ml oil  
2 onions, diced  
1 carrot, diced  
360g chicken or Quorn Pieces  
300g chickpeas  
700g sweet potatoes, peeled, diced  
600ml water  
1kg tomatoes, chopped  
2 tsp garlic puree  
3 tsp cumin  
2 tsp cinnamon  
3 tsp paprika  
60g vegetable bouillon  
40g honey  
70g sultanas  
50ml soy sauce  
50ml sweet chilli sauce  
½ bunch coriander, finely chopped

### Jollof

50ml oil  
½ onion, diced  
1 each, red & yellow pepper, diced  
80g peas  
300g Tilda Brown & White Rice  
400g tomatoes, chopped  
1 ltr vegetable stock  
1 tsp cayenne pepper  
20g curry powder  
30g tomato puree







## HITHERFIELD QUIZ NIGHT

**TO SECURE YOUR TICKET(S)  
EMAIL [HITHERFIELDPTA@GMAIL.COM](mailto:HITHERFIELDPTA@GMAIL.COM)**

**THURSDAY 23RD MARCH  
£5 PER TICKET - FORM A TEAM OF 3-6 PEOPLE  
HOT FOOD & BAR AVAILABLE**

**DOORS OPEN 7PM / START 7.30PM  
MAIN SCHOOL HALL (ENTER VIA LEIGHAM VALE GATE)**

**HELP RAISE £5K FOR SCHOOL BOOKS**



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year round

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for juniors

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beginner to  
county

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training  
sessions

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130 female  
players

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5 girls' teams

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women &  
girls'  
leagues

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