



Congratulations Martine

We were delighted to hear that Martine (Reception Teacher) had a gorgeous baby boy on 30th August. Baby Roman was 7lbs 3oz and everyone is doing well. We send our congratulations to the new parents.



Parents/Carers of children in Reception to Year 6

Your child's annual flu vaccination is now due. The NHS Immunisation Team will be visiting Hitherfield on Friday 3rd November.

Please use the link provided to access the electronic consent

form: <https://sav.hrch.nhs.uk/flu/2023/lambeth>

Please make sure you only complete the form once. The office does not have a copy of consent forms so please make a note of whether or not you have completed this form. We will send reminders to ALL families up until 72 hours before the immunisation date as the booking system will then close.

If you have any queries, please contact the immunisation team below.

Lambeth

Schools: Hrch.ImmunisationTeamMailboxLambeth@nhs.net Tel: 020 3903 3373

Dates for the Diary

Monday 18th – Friday 22nd September – Year 6 school Journey to PGL

Friday 29th September – Year 6 trip to The British Museum

Friday 29th September – PTA MacMillian Coffee Morning 9:15am in the Infant Hall

**Hitherfield PTA
Annual General Meeting**
Friday 13th October
9:15 - staff room



The PTA warmly invite you to our AGM, where we'll be reviewing our achievements over the past year and voting in a new committee.

As school budgets are squeezed even further the support of the PTA is more important to Hitherfield than ever, and we'd love to be able to run as many of our fundraising events as possible but we really do need your help.

Most of the current committee are working parents, so please don't be put off from joining if you are working and can't commit to every meeting or event - we only expect people to do what they can and are happy to do.

If you'd like to know more about the PTA please email hitherfieldpta@gmail.com, or feel free to grab any of us whenever you see us at school

Many thanks, the PTA



GOOD NEWS CARDS

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA	1 DUGONG	1 SUNBIRD
Eloise and Janick	Julian and Kike	Malaika and Ariela
2 MANATEE	2 MONGOOSE	2 HUMMINGBIRD
Luxhanha and Leyla	Damani and Ava	Telaya and Weza
3 JAGUAR	3 MACAW	3 ANACONDA
Poppy and Ayana	Ishmhaeel and Jaqueline	Douglas and Lola
4 HIPPOPOTAMUS	4 FLAMINGO	4 CHEETAH
Sam and Zechariah	Fia and Kafiya	Lola and Jonah
5 KINGFISHER	5 HEDGEHOG	5 OTTER
To be announced next week	Mason and Sumaiya	Ryder and Peter
6 ORCA	6 PUFFIN	6 WOLVERINE
Maja and Shani	Alvaro and Johnny	Tim and Zya

Volunteering in the edible garden 9:00 - 9:30 Thursdays

The edible garden is welcoming parent/carer volunteers on Thursday mornings. Come find Jessi in the edible garden from 9:00 - 9:30am to lend a hand. You can see what kind of edibles we grow around the school and how your children get involved.



Dear Parents/Carers of current Years 3-6,

The London Mayor has announced that he will fund free school meals for all KS2 children in community schools for 1 year as an emergency cost of living support measure. Therefore, children in KS2 will not have to pay for school dinners for the Academic year 2023-2024.

Please complete this form if your child/ren are currently having packed lunches and you would like to move them to school dinners. If your child/ren are already having school dinners, you do not need to complete this form but you can stop paying for dinners from September 2023-July 2024.

<https://forms.gle/2oyhKLuEre9yfoP4A>

Children's Birthdays

We know every child's birthday is special and that they want to celebrate with their friends. However, not every parent wants their child to have cakes and many children have dietary requirements. Therefore, if parents do wish to bring in some thing to mark their child's birthday we ask that the parent and their child hand it out at the end of the school day where the children are collected from. We also recommend that there are a few choices, for example, cakes, fruits, etc. and that some bags are provided. That way each child's parents can decide what their child can eat and any child going to the after school clubs can take it with them for later.



Rose VOUCHERS for **fruit & veg**

Rose Vouchers for Fruit & Veg are available for families on low-incomes to spend on fruit & veg at stalls on Brixton Market and Chestnut Road, West Norwood

Eligible families (including pregnant women) in Lambeth could receive between £4 and £6 of Rose Vouchers per week, per child under 5 years old and older siblings up to 11 years old

To find out if you are eligible for Rose Vouchers, please contact:
Hitherfield Children's Centre
Hitherfield Road, SW16 2LW
on: 020 8835 9569





HENRY: a healthy start for a brighter future

A holistic approach that focuses on improving nutrition, emotional wellbeing, parenting confidence, oral health and a more active lifestyle.

Evelina London is providing **free** local HENRY sessions for Lambeth & Southwark families with children under 5.

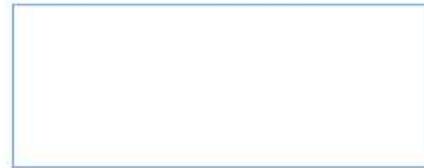
We offer **individual workshops** on the following topics:

- Starting Solids
- Fussy Eating
- Healthy Drinks
- Healthy Teeth
- Eating Well for Less
- Let's Get Active

We also offer an **8 - week programme** called 'Healthy Families: Right from the Start'.

For full information, upcoming dates, locations and how to **book** your place, please visit our page on the Evelina London website:

evelinalondon.nhs.uk/henry



Circle of Security Parenting

A **FREE 8 week course**, with creche, supporting you to understand and respond to your child's needs. You'll learn how to **support your relationship with your child, improve your child's self-esteem and be a confident parent.**

For Lambeth families with children aged 4 months to 5 years.

Courses near you, starting soon

Starting 27th September 2023

Wednesdays

9:45 - 11:45am

Stockwell Childrens Centre,
SW9 9QJ

Starting 28th September 2023

Thursdays

9:30 - 11:30am

Hitherfield Childrens Centre,
SW16 2LW

Starting 28th September 2023

Thursdays

1 - 3pm

Maytree Childrens Centre,
SW4 8EG

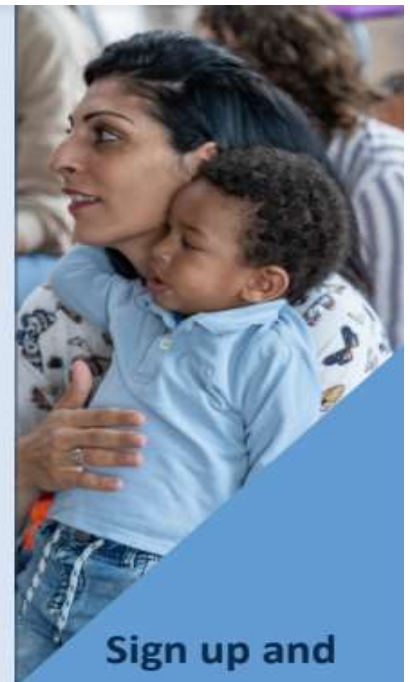
Starting 17th October 2023

Tuesdays

9.45-11.45am

Jubilee Childrens Centre,
SW2 2JE

No sessions during 23rd to 27th October due to half term break



Sign up and
find out more at
[lambeth.gov.uk/
Parenting](http://lambeth.gov.uk/Parenting)



Baby and Us

A free, 9 week course to help parents learn practical skills for everyday life, such as

- Connecting with your baby and understanding their needs
- Looking after yourself and feeling more confident as a parent
- Supporting your baby's development

For parents with babies aged 0-9 months at the start of the course.

Benton's Lane Children Centre, SE27 9UD

Wednesdays 1 - 3pm

27 September - 29 November

(No session 25/10/23 for half term)

Sign up and find out more at

www.lambeth.gov.uk/Parenting



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES



Living with Teenagers

This 9 week course helps parents of 12 - 16 year olds learn practical communication skills to bring up confident, happy and co-operative teenagers

Sign up and find out more at

www.lambeth.gov.uk/Parenting

Wednesdays **online** 7:00 - 8:30 pm

27 September - 29 November

(No session 25th October due to half term)



EMPOWERING
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COMMUNITIES

South London and Maudsley
NHS Foundation Trust





EARLY YEARS SEN TEAM / PARENTS/CARERS INFORMATION

Early Years SEN Team – Autism Support



As part of the Early Years Sen Team the Autism Officers offer advice and support to families who have children under 5 with Autism (or awaiting diagnosis).

Children can be referred to our Service through Mary Sheridan Centre of Child Health or Children Services, such as your family practitioner at a Children's Centre.

The Service also provides short specific intervention and strategies within the home to support families with Autism this may include packages around understanding diagnosis, communication, behaviour, and use of visual aids. The Services aims to enable children with additional needs to access an Early Years provision to promote holistic development. Parents can also access specialist Autism workshops across the borough.

The Service also runs an EarlyBird Parenting Programme for families with children with an Autism diagnosis. More information about this can be found on the Lambeth Local Offer by searching EarlyBird Programme.

The Officer's collaborate with Families, Educational Settings (Nurseries/Childminders, PVI's), Children's Centre's and Children's Services across Lambeth. Children remain known to the service until they reach 5 or until they start Reception.

To contact the SEN Team please email earlyyears@lambeth.gov.uk

For more information on EarlyBird please contact earlybird@lambeth.gov.uk

For SEN Support: sendsupport@lambeth.gov.uk

For information and advice: lambethiass@lambeth.gov.uk

For concerns and support regarding diagnosis please contact your paediatrician, GP, or Mary Sheridan: <https://www.evelinalondon.nhs.uk/our-services/community/locations/mary-sheridan-a>



Parent Workshop Understanding Autism Monday 9th October 2023

At Archbishop Sumner Primary School
With Noel Gardner from the Lambeth Autism Advisory Service

These workshops are for families in Lambeth who have an autistic child, or those who are on the pathway to obtaining a diagnosis.

**The session will take place on Monday 9th October 10:00am – 11:30am
At Archbishop Sumner Primary School**

The session, Understanding Autism will cover the following areas:

- What does an autism diagnosis look like?
- Focus on differences not deficits.
- Consider how we can change to acknowledge difference as social partners and family members.

You do not need to book to attend this session, but if you would like to attend could you please email ngardner@lambeth.gov.uk so we have an idea of how many are expected to attend. We look forward to seeing you there.

Please see below for address details and transport links.

Address:

Archbishop Sumner Primary School:
Reedworth Street,
London,
SE11 4PH

Transport Links:

Bus routes: 3, 59, 133, 159, 333 & 415
Nearest Tube Station: Kennington



Early Years SEN team presents.



EarlyBird Programme

A programme to support parents with children with Autism spectrum disorder (ASD)

EarlyBird is for families with children up to 5 years old with a diagnosis of Autism.

This programme covers:

- *Understanding your child's autism*
- *Structure interactions to develop communications*
- *Developing strategies to anticipate and manage problem behaviours*

The EarlyBird programme is run by the Early Years Autism officers from the Early Years SEN team at Lambeth Council.

This programme runs for 3 months with parent-only group sessions and home visits to support the child at home.

Pop along to the taster session to sign up!

When: 6th October 2023

Time: 10am -12:30pm

Where: Jubilee Children's centre, Tulse Hill, London SW2 2JE

No need to book; just show up!

For other enquiries: earlybird@lambeth.gov.uk



Reducing Parental Conflict Online Course

For parents and other adult carers
living together or apart

**strengthening
families
strengthening
communities**

- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?



6 online
sessions



6 group
discussions



Certificate on
completion



Information on
strategies to identify
and reduce conflict



Hear from other
parents and carers



Downloadable
worksheets and
handouts



Videos, quizzes and
interactive activities



Do sessions at a time
that works for you



Weekly support from
our course experts

TOPICS COVERED

- Healthy adult relationships
- Identifying and managing conflict
- Understanding how conflict affects your children
- Enhancing parent-child relationships
- Managing stress, anger and emotions
- Strategies to resolve conflict and create a parenting agreement

GROUP DISCUSSION

- Speak to a course expert and get answers to some of the questions you might have
- Talk about how the strategies are going at home and how to adjust them for you
- Address other difficulties relating to your relationships
- Hear from others about what works for them

Find out more or register for the course:

sfscparent@racefound.org.uk

www.strengthening-families.net