Year 1 Autumn 2			
Relationships : Safe Relationships	*Recognising privacy; staying safe; seeking permission* PoS Refs: R10, R13, R15, R16, R17 Sequence: (Establish Ground Rules and What is PSHE) 1.What is private? 2.Different kinds of touch 3.Asking permission 4.Giving Consent 5.When to ask for help 6.What is okay/what is not okay.	• situations when someone's body or feelings might be hurt and whom to go to for help • what it means to keep something private, including parts of the body that are private • to identify different types of touch and how they make people feel (e.g. hugs, tickling and punches) • how to respond if being touched makes them feel uncomfortable or unsafe • when it is important to ask for permission to touch others • how to ask for and give/not give permission Pre-assess - outline/label what is private Post-assess - sort respect and consent scenarios	**Links and resources** - Link to class contract/behaviour system - How can we get along with each other? - Link to values (respect/unity) and dispositions (reflective/collaborative). **PSHE Association Resources** **Consent lesson pack** **NSPCC Resources** **Talk PANTS & Join Pantosaurus - The Underwear Rule	NSPCC** **Twinkl resources** 1. Personal space ppt.ppt P 1. My Body is Mine ppt.pptx 📄 1. My friend's personal space.pdf 📄 1. This is Private.pdf 1. Personal space cause and effect cards.zip P 2. Appropriate touch ppt.pptx 📄 3.4 Ask Teddy Cards.pdf 📄 3.4 Is it OK scenario cards.pdf 📄 5. Consent and respect scenarios.pdf 📄 5. Personal space sorting P 5. It's Okay when someone says No - social sto…

Picture Books to Support this Learning

RESPECT
CONSENT, BOUNDARIES AND BEING IN CHARGE OF YOU
RACHEL BRIAN

C is for Consent
by Eleanor Morrison
Illustrations by Faye Orlove

DON'T HUG DOUG
It's just not my thing!
(HE DOESN'T LIKE IT)
Written by CARRIE FINISON   Drawings by DANIEL WISEMAN

DON'T TOUCH MY HAIR!
SHAREE MILLER

MILES IS THE BOSS OF HIS BODY

MY BODY! What I say GOES!

Some Secrets Should Never Be Kept
by Jayneen Sanders
Illustrated by Craig Smith