












Year 2 Autumn 2

<p><u>Health & Wellbeing</u> - Growing and Changing</p>	<p>Growing older; naming body parts; moving class or year</p> <p>PoS Refs: H20, H25, H26, H27</p> <p>Sequence: (Establish Ground Rules & What is PSHE)</p> <ol style="list-style-type: none"> 1. The human life cycle 2. Changes as we get older 3. Gender stereotypes 4. Naming Body parts 5. Coping with change 6. Assessment 	<ul style="list-style-type: none"> • about the human life cycle and how people grow from young to old • how our needs and bodies change as we grow up • to consider and challenge gender stereotypes and the perceived differences between boys and girls • to identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) • about change (<i>NOT puberty</i>) as people grow up, including new opportunities and responsibilities • preparing to move to a new class and setting goals for next year <p>Pre-assess - differences between boys and girls (words and pics)</p> <p>Post-assess - add more information at end of unit (words and pics)</p>	<p>Links and resources</p> <ul style="list-style-type: none"> • Link to science - What is a life cycle? • Link to values (respect) and dispositions (reflective/resilient) • Link to growing/coping with change birthdays/year group/new year <p>PSHE Association Resources</p> <p>'Changing and growing up' Relationships Education lesson pack (Medway)</p> <p>Use P19-21 resources for Lesson 3</p> <p>Story Time with Miss Compton - The Growing Story - YouTube</p> <p>Twinkl resources</p> <ul style="list-style-type: none">  1. all-about-the-human-life-cycle-powerpoint.ppt  1. human-life-cycle-activity-sheet  1. human-life-cycle-posters  1. KS1 Growing Up - Getting Older Lesson Pres..  1. y2-life-cycles-activity-sheet  2. Preassessment.pdf  2. Gender stereotypes ppt  2. Gender pictures to sort  2. Find someone who.pdf  2. KS1 Growing Up- Pink and Blue -Picture of B...  2. Statements to sort.pdf
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[2. t-lf-2549156-pshe-and-citizenship-ks1-growing-up-les-son-3-pink-and-blue-lesson-pack_ver_5.zip](#)

[4. Changing and growing up Relationships Education for KS1-2.zip](#)

P [4. How-Humans-Change-as-They-Grow-Power...](#)

I [4. diamond 9 getting older.pdf](#)

[4.How-Humans-Change-as-They-Grow-Powerpoint-Teaching-Pack_ver_3.zip](#)

P [5. transition-coping-with-change-powerpoint-an... 5.ks1-the-worry-box-transition-activity-pack-english_ver_1.zip](#)

Picture books to support this learning

