

<p><u>Relationships</u> - Safe Relationships</p>	<p>Physical contact and feeling safe</p> <p>PoS Refs: R9, R25, R26, R27, R29</p> <p>Sequence: (Establish Ground Rules What is PSHE)</p> <ol style="list-style-type: none"> 1. Personal Space 2. Contact 3. Emotions 4. Respect/ Consent 5. Whom to tell 6. Assessment 	<ul style="list-style-type: none"> • to identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations • how to ask for, give and not give permission for physical contact • how it feels in a person's mind and body when they are uncomfortable • that it is never someone's fault if they have experienced unacceptable contact • how to respond to unwanted or unacceptable physical contact • that no one should ask them to keep a secret that makes them feel uncomfortable or try to persuade them to keep a secret they are worried about • whom to tell if they are concerned about unwanted physical contact <p>Pre-assess - This is my body - current knowledge and understanding pictures and words around outline</p> <p>Post-assess - This is my body - updated knowledge and understanding added in different colour</p>	<p><u>Links and resources</u></p> <ul style="list-style-type: none"> • Link to class contract - How can we get along with each other? • Link to values (respect/unity) and dispositions (reflective/collaborative). <p><u>PSHE Association Resources</u></p> <p>Consent lesson pack</p> <p>'Our class' relationships lesson pack</p> <p><u>Twinkl resources</u></p> <p>P 1. My Body is Mine ppt</p> <p>I 1. You-can-touch-me-here</p> <p>I 1. my-body-belongs-to-me-social-situation</p> <p>P 1. Keeping-my-hands-to-myself-social-scenari</p> <p>P 2. Your Body Is Your Own ppt</p> <p>I 2. is-it-ok-for-someone-to-do-this-to-you-activi.</p> <p>3. consent-and-respect-staying-safe-crossword, 3. My Rights - True, False, Depends Worksheet, 3. Respect-and-consent-giving-consent-activity</p> <p>4. Respect and Consent UKS2 Quiz Activity Sheets, 4. respect-activity-sheet 4.respect-and-consent-healthy-and-unhealthy-boundaries-activity ver 1.pdf,</p> <p>4. Respecting-ourselves-and-each-other.pdf,</p>
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[4. risky-relationships-activity-sheet](#),
[4. UKS2 Respect and Consent PowerPoint Quiz](#),

[4. What Does No Sound Like](#)

- [5. consent-and-respect-my-body-my-choice-a-z](#).
- [5. signs-of-an-unhealthy-relationship-poster](#)

Books and Stories to Support this Learning

