



Hitherfield Strengthening Families Strengthening Communities Parenting Programme

- Do you get confusing advice from others about how to raise your children?
- Do you want to develop your skills and confidence as a parent and improve family relationships?
- Do you want to increase respectful behaviour and decrease disrespectful behaviour in your children?
- Do you want to learn a “process of discipline” that provides alternative methods to those that you are already using?
- Do you want to improve your skills in bringing up children who have a positive sense of identity while maintaining an appreciation and acceptance of their cultural and ethnic backgrounds?
- Do you want to enhance your ability in helping your child develop life skills necessary for functioning in today’s society?

If you answered yes to any of these questions, then contact Mark or Suzy, our Learning Mentors for more information.

Who will be running it?

Mark Gillard and Suzy Anderson trained as facilitators in this programme in 2014 and have already run 2 SFSC programmes at school.

Mark:
markgillard@hitherfield.co.uk
0208 769 8428 ext 259

Suzy:
suzyanderson@hitherfield.co.uk
0208 769 8428 ext 237

When and where?

Venue: **Hitherfield Childrens Centre**

Date: **January 2017**
(Exact Date TBC)

Please contact Mark or Suzy to discuss further or register your interest.