

HITHERFIELD PRIMARY SCHOOL AND CHILDREN'S CENTRE



PSHE and Citizenship policy

1. Philosophy of PSHE & Citizenship

Learning PSHE and Citizenship helps pupils develop as individuals in a wider society. Pupils learn to understand themselves physically, emotionally and socially as well as understanding their relationships with others. It also develops the necessary skills for young people to play an active part in society. PSHE and Citizenship is an integral part of everything we do at Hitherfield.

2. Legal requirements

In September 2013 the government published the new curriculum framework (to take effect from September 2014) and, although PSHE remains a non-statutory subject, it states:

'All schools should make provision for personal, social, health and economic education drawing on good practice'.

3. Aims

The school aims to provide opportunities for all pupils to learn and achieve. The school curriculum aims to promote pupils' spiritual, moral, social and cultural development and prepare all pupils for the opportunities, responsibilities and experiences of life.

- ✓ To enable pupils to develop skills in decision making.
- ✓ Develop personal autonomy by having a degree of responsibility and control over their lives.
- ✓ Make a difference or make changes by their individual or collective actions.
- ✓ Find out that there are different viewpoints which lead to respect for the opinions of others.
- ✓ Help to develop a positive self image, to have self respect and respect for others.
- ✓ Provide basic health knowledge and enable pupils to acquire an understanding of this knowledge and the skills to interpret it.
- ✓ Help pupils to adapt to changes in themselves and their environment.
- ✓ Give the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.
- ✓ Help prepare pupils for the opportunities and responsibilities of adult life including providing children with strategies to deal with a variety of social situations.

This policy links with other policies including: behavior, anti-bullying, drugs education, sex and relationship education and equal opportunities.

4. Staff responsibilities

Class teachers take responsibility for the delivery of PSHCE sessions in their class. However, this will be in partnership with session delivery from the Learning Mentors and, on occasion, guest speakers as well as assemblies linked in with PSHCE objectives

Teachers receive short term plans from the subject coordinator (saved on Google Drive). Teachers are able to teach from these plans adapting when necessary as well as using the additional resources from google drive when appropriate for their class's needs.

5. Short Term Plans

Each teacher is supplied with the short term plans by the coordinator (from the PSHE folder on Google Drive). These plans give the intended learning (WALT); learning outcomes (WILF) as well as in-depth activities and necessary resources. From year 1 to 6 progression and continuity are shown both in the WALT and WILF as well as topics covered and included throughout the year e

6. Curriculum content

The curriculum overview (see Google drive: PSHCE folder) incorporates SEAL units for all year groups alongside units on drugs education, sex and relationship education and personal finance education. Alongside this, are additional units (to be used at the teacher's discretion) on emotional intelligence, relationships, good to be me and philosophy for children.

7. Cross curricular links

Throughout the school, units in PSHE have been re-arranged and adapted to work alongside the six school values as well as the whole school curriculum topics (where appropriate). Furthermore, the PSHE curriculum build strong links with the Science curriculum linking in with statutory requirements such as 'Identify and labeling parts of the body (Year 1); 'Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.' (Year 2); 'Describe the life process of reproduction in some plants and animals' (Year 5); 'Describe the changes as humans develop to old age.' (Year 5) and 'recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function' (Year 6). This will be further supported by class based work with the edible garden.

8. Delivery of curriculum

Although PSHE will be explicitly taught during class based sessions, there will be many other opportunities for the aims to be met through cross curricular links (as mentioned above); through the school behavior policy; through the school's focus on termly values; through the role of the school council and through guest speakers (e.g. Trident and TFL). In addition to this, much of the work will be linked in the school's work towards Healthy Schools Status.

9. Departmental resources

These can be found in the resource room or the 6E classroom:

<u>PSHCE resources:</u>
DVDs:
All about living and growing DVD: Ages 5-11 (Channel 4 learning): 2 copies 15 m video clips Unit 1 Programme 1: Differences Programme 2: How did I get here? Programme 3: Growing up Unit 2 Programme 4: Changes Programme 5: How babies are made Programme 6: How babies are born Unit 3 Programme 7: Girl talk Programme 8: Boy talk INSET Programme 10: Primary sex education (45m)
Resources book to accompany. The Human Body: Robert Winston Life story - overview An everyday miracle - The drama of conception First steps - first four years of life Raging teens - The hormone driven rollercoaster of adolescence Brain power As time goes by The end of life
Celebrating Difference: Challenging homophobia in primary schools (15min films) Introduction Chapter 1: Families Chapter 2: Being Yourself Chapter 3: Language Chapter 4: Bullying Chapter 5: Make it happen Teacher INSeT (45 mins)

Books:
Play safe/Keep safe information books x10 - range of activities
Risky business information book (Year 5 and 6) lesson plans and resources promoting personal safety x 3
PSHE and Citizenship in action 5 (Year 5) - Photocopiable lesson plans and resources
Drug Education Programme for 4-11 year olds x 3 - lesson plans and activities
PSHE and Citizenship 4 (Ages 8-9) - resources bank of lesson plans and resources
Citizenship and Personal, Social and Health Education - photocopiable resources and lesson plan
Ideas for PSHE KS1 - Photocopiable book of lesson plans and accompanying resources
PSHE KS2 - Photocopiable book of lesson plans and accompanying resources
Sex and Relationship programme UKS2 - lesson plans and resources
Celebrating difference: challenging homophobia - resource pack including a DVD
Primary National Strategy resource file: Excellence and Enjoyment - a selection of image linked to emotions with questions on the reverse.
Primary National Strategy folders - hard copies of all year groups SEAL plans
SRE Core curriculum for London (Year 1-6) - Overview, lesson plans and resources
The Primary Learner's Toolkit Jackie Beere - Lessons plans and CD
Activity packs (including laminated pieces and activity sheets):
The body and its organs
Puberty -changes and developments
Emotions

10. Assessment, recording and reporting

The PSHCE school improvement leader monitors the topic areas covered and the approaches utilised by each year group. Assessment will be self and teacher assessment at the outset and the end of each term based on the work covered including teacher assessment of responses during circle time, work produced during group activities and marking of written work. Children, up to Year 6, do not have exercise books as they will store any written work in their 'other' folders. All written work must be headed with a learning objective (WALT) and marked according to the school policy.

11. Teaching methods

Lessons should be taught through: open discussions; development of higher order thinking skills (use of both open and closed questions); development of attitudes, opinions and values; use of video, ICT and other visual aids; role play; drama; practical activities; a range of individual, paired and group work and use of guest speakers and outside visits.



Figure 3: Year 4 Images and description based on role play of emotions.

12. Homework

Homework should be given weekly in KS1 and 2 at the discretion of the class teacher. This does not have to be written: it may be research; collection of information; a behaviour target etc.

13. Equal opportunities

Hitherfield School is committed to the principle of equal opportunity for all pupils irrespective of race, religion, gender, language, disability or family background. We believe that equal opportunity is at the heart of good educational practice. All pupils deserve equal access to the PSHCE curriculum that is sensitive to their needs. This is reinforced by our school's vision and values.

15. Parental and community involvement

Parents are invited to join in school events such as class assemblies and celebration occasions (e.g. opening of the edible garden) as well as termly open mornings within their child's class. In addition, parents are regularly informed of events and developments in the weekly newsletter. Furthermore, we frequently invite members of the local community to support delivery of the curriculum e.g. representatives from TFL and Trident to run workshops for Year 6.

This policy will be is a working document and will be reviewed annually.

Last reviewed: October 2014