



Busy, Busy, Busy

We have had a wonderful start to the academic year and I cannot believe we are already at the end of the second full week - time flies when you are enjoying yourself!

It was great to meet so many of our Reception parents on Thursday morning at the presentation by Harriet, our Play Therapist, about starting school and children's emotions. I hope many more parents and carers from across the school will be able to join us, just after drop off, on Friday 24th September for our MacMillan Coffee Morning. We also had the meeting for parents of children in Year 6 with regards to applying for secondary school earlier this week, which was equally well attended. Thank you to Suzy, our Senior Learning Mentor for presenting.

Years 5 and 6 have had workshops focussing on supporting their understanding of positive and negative friendships and relationships this week and Year 5 also started their swimming lessons.

We are recording a new school video on Thursday and Friday next week so you may see a cameraman at the start and end of those school days.

Home Learning, via the Seesaw and Tapestry platforms will now be starting. It is very important that we continue to develop the children's use of the platforms, not only for their IT skills, but in case we have another lockdown (which none of us want to happen).

It is really important that everyone continues to test for Covid 19 and that anyone feeling unwell has a PCR before returning to school. Several Lambeth schools, including some of our neighbours, have had outbreaks in certain year groups. So far, we have only had a handful of cases spread across the whole school, so please err on the side of caution and get tested to protect us all. Whilst LFD tests are useful, they are not as accurate as PCR tests.

Have a good weekend. The sun is supposedly going to shine, so get outside and enjoy.

Chris Ashley-Jones
Executive Headteacher



Mobile Phones

Please only use your mobile phone outside of the school site or just outside the main school office. We do not allow mobile phones to be used in the playground or around the rest of the school site.



Flu Vaccination for pupils in Reception to Year 6

The Lambeth and Southwark School Age Immunisation Team will be visiting us on **Tuesday 7th December** to vaccinate all children that have signed consent forms.

Please follow this link to complete the online consent form: <https://sav.hrch.nhs.uk/flu/2021/lambeth>

You will need to fill out one consent form per child, despite whether this is consenting or declining the vaccination.

Dates for the Diary

Friday 24th September – PTA McMillan Coffee Morning after drop off

Thursday 30th September – Parents' Evening

Friday 8th October – Eid Fair

Wednesday 13th October – Individual photos

Friday 22nd October - Last day of term

End of the School Day

Whilst we open the school gates at 3:15pm to allow parents onto the school site, some classes will still be having outside PE lessons until 3:30pm. Please do not walk through the middle of the lessons - thank you.

Good news cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Natalie and Rubi	1 DUGONG Ted and Daisy	1 SUNBIRD Titus and Annabella
2 MANATEE Bachir and Reece	2 MONGOOSE Fred and Sahara	2 HUMMINGBIRD Maddy and Robert
3 JAGUAR Iris and Maceo	3 MACAW Mourell	3 ANACONDA Jazeeb and Jenifer
4 HIPPOPOTAMUS Zoe and Patryk	4 FLAMINGO Theo and Louana	4 CHEETAH Ridwan and Isata
5 KINGFISHER Luca and Millie	5 HEDGEHOG Diego and Ella	5 OTTER Francesca and Georgia
6 ORCA Olly and Jace	6 PUFFIN Dejavaun, Harry and Chloe	6 WOLVERINE Mia, Mateo and Kitty



Volunteers needed for the Macmillan Coffee Morning on Friday 24th September. If you are able to help set up and sell coffee and cake at the event, please email - hitherfieldpta@gmail.com.



Every penny we raise means Macmillan can be right there for more people living with cancer.

In person or online? **IN PERSON!!**
Where: **The Infant Hall, Reception Building**
Date: **Friday, 24th September** Time: **9 am**
Contact me for details: **hitherfieldpta@gmail.com**



Can't make it?
Scan this QR code with your phone to make a donation now.

Cakes, cuppas and cash at the ready!



Registered with
**FUNDRAISING
REGULATOR**

**WORLD'S BIGGEST
COFFEE
MORNING**

**MACMILLAN
CANCER SUPPORT**



The SEPTEMBER GATHERING

A fundraising and social event
for our gardens and community

At the Streatham Rookery
Saturday September 18th
11:00 am to 5:00 pm

Farmers Market
Gift and Craft stalls
Hot food
Prosecco, Pimms and Beer
Kids entertainment
Live music

Entry donation for adults

KIDS GO FREE

sccoop.org.uk





We are excited to announce a school wide competition to find a Hitherfield entry for the **Metropolitan Police Service Christmas Tree Campaign 2021**

In 2012, the campaign began with one tree outside New Scotland Yard in Westminster, which was decorated with individual tags for members of the public to take. These tags included information on how to buy a present for a child in need. The Metropolitan Police gathered all the gifts and distributed them to children.

In the last nine years, this campaign has taken place across London, with a tree in each of the 32 Boroughs, and in 2020 it exceeded expectations with over 23,600 presents delivered to 14,445 children across London.

This year, each local policing team will choose a poster designed by a local primary school child, which will be used to advertise the campaign to the public. The Commissioner will then choose an overall winner which will be used to promote the campaign, and the winner and next 4 runners up will be invited with their parents/guardians to turn on the New Scotland Yard Christmas Tree Lights on Thursday 23rd November 2021.

We are inviting our children to have a go at designing a poster to promote the campaign. Entries should be handed in to Alice McNeill via the school office and the winning design chosen will be submitted for judgement.

The deadline is Wednesday 6th October.



EID FAIR 2021



HENNA TATTOO



FACE PAINTING, GAMES

HOT FOOD & CHAPPATI STALL

TEA, COFFEE CAKES, POPCORN

BOUNCY CASTLE

and much more!!!



Come along and do not miss the fun!

**Friday 8th October 2021 @ HITHERFIELD PRIMARY
SCHOOL**

3.30 p.m. - 5.00 p.m.

***THE FAMOUS CHAPATI STALL, HOT DOGS and
INTERNATIONAL BUFFET!***

60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet, and while we all want to give them the best possible lunch, it can be a struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to veg-pack their lunchboxes with limited faff

Top tip: Try and buy veg that is in season – it is likely to be cheaper and better for the environment. A helpful seasonal veg calendar can be found on our website www.vegpower.org.uk along with recipes and other fun stuff.

Top tip: Know your portions – a child's portion of veg is the amount that fits into your child's hand.

Top tip: To save on prep time, you can chop veg at the beginning of the week and keep it fresh by putting it in a sealed jar containing some water and keep in the fridge.

Top tip: Don't give up! If your child isn't used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

Top tip: Planning your kid's weekly lunch box content allows you to ensure they have variety over the week. Variety is key because all foods (including veg) contain different nutrients. It also allows you to plan your shopping list so you have everything you need.

Top tip: Children often prefer uncooked or raw veg as it is sweeter, crunchier and more colourful. It is also easier for you to prepare. A double win!

CLICK HERE OR TURN OVER TO MAKE A START!

Head to vegpower.org.uk for recipes, tips, downloads, and more

5 easy #LunchboxHacks to add more veg in 60 seconds or less:

1 The Raw Veg Mix Up
Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.

2 The Lunch Crunch
A carrot chopped into sticks, pre-chopped carrot sticks or a whole peeled carrot with a pot of their favourite dip (cream cheese, guacamole, sour cream, pea and cucumber, hummus*) counts as a portion of veg.

*Please check with your child's school about potential allergies

3 Veggie Pasta Salad
If your kids are having pasta for tea, why not cook some extra and serve as a cold pasta salad for their lunch the next day? Add some sweetcorn, peas, halved cherry tomatoes, avocado, olives, ham, roast chicken, tuna – there are lots of combinations!

For more information

WALES <https://gov.wales/sites/default/files/publications/2019-02/healthy-lunchboxes-leaflet.pdf>
ENGLAND & SCOTLAND <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>
Head to vegpower.org.uk for recipes, tips, downloads, and more

4 The Salad-on-a-Lolly-Stick

Reuse wooden ice lolly sticks to serve veg in a fun way. Add a variety of veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce etc. If your child isn't used to veg, try starting off by alternating veg with cooked meat, cheese cubes or fruit to help ease them into it.



5 Sandwich Fillers

Slice 5cm of cucumber (about the length of a small egg) and add to your child's favourite sandwich (ham, cheese, chicken, tuna, avocado etc.). Other suitable sandwich fillers include: grated carrot, sliced tomatoes, spinach or lettuce leaves, pepper sticks (orange, red or yellow are sweetest) or tinned sweetcorn. Mix and match and find a new favourite!



WIN!

We have three 12-month subscriptions to the amazing award-winning cookery club Foodini Club (www.foodiniclub.co.uk) up for grabs. All you need to do to enter is answer the following question via our website (www.vegpower.org.uk) by the 31st October:

Which one of these is not an orange VEGETABLE?

- A. Carrot
- B. Butternut squash
- C. Aubergine



Veg Power CIC competition is open to residents of the UK, Ireland and Channel Islands, except employees or suppliers of Veg Power and their families or any associated companies. Entrants must be 16 or under. No purchase necessary. Only one competition entry per person. Winners will be the first 3 correct entries drawn at random after the closing date. Judge's decision is final. A list of winners will be available by contacting Veg Power via vegpower.org.uk

Prizes subject to availability. No cash alternative for any prize will be offered. We will only share winners' personal details with third parties for the purpose of fulfillment of the prize and as required by law. These details will be used for prize giving only and not for marketing purposes. For full details of our privacy policy go to vegpower.org.uk