



This Week

It was a real pleasure to see so many parents and carers at the coffee morning today and to talk to lots of you over a cup of coffee and a delicious cake. Thank you, as always, to the PTA for organising and hosting so well. We filmed the new school video this week and it should be ready to go on the school website before half term - thank you to all those who have helped, especially those who were interviewed. Unfortunately not everyone we have planned to be interviewed was interviewed - sorry.

Year 6 had a workshop this week with 'Equaliteach', which was all about equality. All of the cases and corridors have many displays of work up already and I hope that parents will look out for them when they attend the Years 1 to 6 parents' evening on Thursday 30th September.

Chris Ashley-Jones
Executive Headteacher

Breakfast and Afterschool Club

Please note that on Fridays, Nursery and Reception Afterschool Club will be held in the Infant Hall and will be merging with Years 1 and 2 Afterschool Club.

Please use the intercom located in the Leigham Vale entrance in order to alert staff so that access can be gained to collect your child.

We Are Here To Help

It is quite normal for children to fall out with each other on occasion. If you are concerned about your child's relationship with another child in the school, please come to speak to us. It is easier for us to sort out any friendship issues rather than you approaching another child's parents.

Chris Ashley-Jones
Executive Headteacher

Parent Reminders

- If your child is absent, you will need to contact the office by 9am. You can call and leave a message on 020 8769 8428 or email admin@hitherfield.co.uk
- If your child is suffering from a cough, high temperature or loss of taste or smell then you must get a PCR COVID test. A lateral test is for children with no symptoms. Your child will be marked off for 10 days and cannot return until you have completed isolation or received a negative PCR test. Please inform the office of your negative results before sending them into class.
- If your child has vomiting or has diarrhoea then they must stay at home for 48 hours since the last episode.
- If you need to request time off school then you will need to complete and absence request form which you can find on our website or in the main office.
- If your child has any medicine in the school e.g. asthma inhaler or epipen, it is the parents responsibility to make sure these are in date. We will contact you if anything runs out.
- Thank you for all your uniform donations, the PTA has been able to help many families with the uniform sales. However, we are no longer able to accept any more donations as we have plenty! Once the PTA have done a few more sales we will then be in a position to except more.



Hitherfield Christmas Card (or other celebration) Templates.



Look at these gorgeous Christmassy cards created by our children.

Every year, the PTA sends off our children's artwork, to be returned as beautiful cards, wrapping paper and key rings in time for Christmas. Each, has the child's name and class on and your chosen greeting inside. They do not have to be Christmas cards. In previous years, families have used this opportunity to have their child design "Thank You" cards, other celebrations and festivals (although the timing will be December) or, just keep them blank inside.

Christmas card sales, always raises significant funds for our school. The cards are of high-quality production and very special.

Detailed information and card templates have been given to children by their teachers this week (possibly still in their bag!).

Please observe the deadline for the return of the designs, completed order form and payment. Sadly, we cannot take late orders.

We will be collecting designs/orders/payment at drop off on the mornings of 11th – 15th October.

So, it's time to get out the pens and paints and let the creativity flow!

Best wishes,

Hitherfield PTA

PTA MEETING FRIDAY 1ST OCTOBER

Please come along to the staff room after drop off for the first face to face PTA meeting in nearly 2 years!!! We're planning the Eid Fair and the coming term's events and we'd love you to get involved. Children welcome and we may even supply some biscuits!! Thank you.

Dates for the Diary

27th September – 1st October – Bike to School Week

Thursday 30th September – Parents' Evening

Friday 1st October – 9am PTA Meeting in the Staffroom

Thursday 7th October – "Dinner at the Movies"
Please see flyer below

Friday 8th October – Eid Fair

Wednesday 13th October – Individual photos

Friday 22nd October - Last day of term

Monday 1st November – The children return to



Spring Bulb Competition

We will be entering The London Children's Flower Society Spring Bulb Competition again this year. We had fun growing them last year and achieved Gold overall for our fabulous display.

You can order a Hyacinth Bulb, Carlton (large) Daffodil Bulb or a Tete a Tete (miniature) Daffodil Bulb, which are all £1 each.

Please login to ParentPay if you would like to purchase the Spring Bulbs this year

Please place your order by Monday 4th October. Orders CANNOT be accepted after this date.

Good news cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA	1 DUGONG	1 SUNBIRD
Natalie and Shoaib	Sofia and Albie	Alistair and Isla
2 MANATEE	2 MONGOOSE	2 HUMMINGBIRD
Beth and Maryam	Jaxon and Isabelle	Zoe and Dorry
3 JAGUAR	3 MACAW	3 ANACONDA
Jacob and Daniel FJ	April and Finley	Leo and Oren
4 HIPPOPOTAMUS	4 FLAMINGO	4 CHEETAH
Trequan and Ada	Daniel and Beatriz	Hannah and Oscar
5 KINGFISHER	5 HEDGEHOG	5 OTTER
Sophia and Rafaela	Ry and Hafifa	Amy and Aaquib
6 ORCA	6 PUFFIN	6 WOLVERINE
Jakub and Aaliyah	Lily and Shanaya	Allan and Sophie



THE MATHS ANXIETY TRUST

Maths Anxiety

Have you ever felt anxious when you've been asked a maths question? Nearly everyone will have at some time in their lives. What some people might not know is that many other people have felt the same way and that maths anxiety is a well-recognised syndrome.

What is Maths Anxiety?

Maths Anxiety is defined as a negative emotional reaction to mathematics. It can make people panic, feel helpless and lead to mental disorganisation when faced with a mathematical problem.

Symptoms of maths anxiety include:

1. Emotional symptoms: feeling of helplessness; lack of confidence; fear of getting things wrong.
2. Physical symptoms: heart racing; irregular breathing; sweatiness; shakiness; biting nails; feeling of hollowness in stomach; nausea.
3. Frustration from trying to do maths and not being successful.
4. Not knowing where to start with questions or never getting the right answer.
5. Confused and just wanting to quit and go home.
6. Very stressed before and during exams.
7. Begin to shut down and stop listening in class.

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What can we do to help children and adults with maths anxiety?

Talk about it! Acknowledge the anxiety and take time to speak to your child about how they are feeling.

We recommend exploring the Maths Anxiety Trust website, which has many useful resources and also an excellent guide for parents.

You can find the information here: mathsanxietytrust.com

Download and read the PDF: [Guide for parents of children with maths anxiety.](#)



COMING SOON!

Join us on
Thursday, 07th October 2021

**LUNCH AT
THE MOVIES**

Fun Activities
Movie Inspired Food!

COMPETITION TIME:
Family cinema tickets
up for grabs!

HOLLYWOOD

ISS Classification - Restricted - General

Feeding Hungry Minds

LUNCH AT THE MOVIES

Classic Chicken Hotdog
or
Top Dog Quorn Sausage & Onion
or
Quorn Chilli Con Carne with
homemade Cajun Nachos

All with
Spicy Potato Wedges
Roasted Mediterranean
Vegetables

Followed by
Chocolate Ice Cream
or
Seasonal Fruit Platter

HOLLYWOOD

ISS Classification - Restricted - General



If your child would normally have a packed lunch, but they would like to have our themed **“Lunch at the Movies”** on 7th October 2021 please email admin@hitherfield.com with your child's name and class by the latest **Thursday 30th September 2021** to allow the kitchen enough time to place the order. Please make the payment in advance on ParentPay.



Update on coronavirus:
information for breastfeeding women
and families



Helpers (Lambeth) – Closing date 03/10/2021

You could be a Breastfeeding Network Helper!

Course Reference: Helper2022/03

Course Title: Helpers (Lambeth)

Number of places available: 8 to 12

Course start date: 13/10/2021 (Intro session)

Course end date: 07/03/2022

Day and time of sessions: Wednesdays 10am-12pm

Duration: Attendance at Intro session plus 9 x 2 hour sessions (and additional if required to catch up) and 1-2 hours online work via [BfN training site](#)

Assignments to be completed by: To be confirmed, in agreement with appointed Tutor

Course venue: Online

Closing date for applications: 03/10/2021

Interview arrangements:

If selected, you will be invited to a group interview (video call) to be held on the morning of 07/10/2021 or 08/10/2021. We will let you know by 08/10/2021 if we are able to offer you a place on the course and ask that you confirm acceptance by 10/10/2021.

DBS required: Yes (BfN will arrange this at no cost to volunteers)

Course information:

Lambeth residents prioritised as the course is funded by Lambeth Early Action Partnership and Local Authority. To meet funding requirements for this course, preference will be given to candidates living in Coldharbour, Stockwell, Tulse Hill and Vassall. If this applies to you, please indicate on your application form.

Lambeth breastfeeding support groups are currently a mix of virtual and face-to-face. No childcare is available for this training course; however childcare & travel costs are reimbursable when volunteering at a face-to-face group.

Please be aware that, due to Covid-19 restrictions currently in place, recruitment staff are working from home and therefore we cannot accept postal applications at this time. If this is a barrier to you applying, please contact us as at the earliest opportunity so that we can support you to apply.

- [Application Form](#)
- [Role Description](#)

If you have any questions about the course, voluntary role or application process, please email recruitment@breastfeedingnetwork.org.uk or telephone our HR Advisor on 0844 412 0995.



Bike to School Week 2021

27 September – 1 October

- ✓ **Be active** and feel more energised
- ✓ **Help the environment** by replacing a car journey
- ✓ **Improve local air quality** and reduce congestion



Let us know your family is
cycling or scooting to school to be
in with the chance of **winning a Frog bike**

Go to www.sustrans.org.uk/biketoschoolweek/pledge

Free family guide

Whether your children are seasoned pros at cycling, walking, wheeling or scooting to school, or you're just getting started, our **free download** is packed with top tips, brilliant ideas, and fun activities for an active school run.

Download your **free family guide** today at:
www.sustrans.org.uk/free-active-family-download



#BikeToSchoolWeek

