



The London Children's Flower Society

Hitherfield has a long and proud reputation for its entries into The London Children's Flower Society's spring bulb competition. As a result of our continued excellence and enthusiasm for the competition, we were invited to collect a trophy at the society's annual award ceremony held on the morning of Thursday 14th of October. The ceremony was held at the historic Livery Hall at the Guildhall in the City of London with awards presented by the renowned gardener and TV presenter Alan Titchmarsh. Collecting Hitherfield's trophy was collected by two Year 6 Cas well as Hitherfield's Science lead, Ed and the recently retired Yvonne, whom alongside the hundreds of Hitherfield pupils who enter the competition each year is most responsible for our continued success over the years. Following the presentation of our trophy, the Longman cup, Alan Titchmarsh gave an inspiring speech reminding all those present that the green spaces surrounding our schools and communities are as important as any land around the world and it is through learning to look after our own green spaces that future generations will contribute towards the battle against climate change.





Good news cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Jamarley and Arthur	1 DUGONG Lucas and Sofia	1 SUNBIRD Finn and Jacob
2 MANATEE Sophia and Sam	2 MONGOOSE Joseph and Hania	2 HUMMINGBIRD Davina and Felix
3 JAGUAR Mia and Za'Leeyah	3 MACAW Lyamna and Gabriel	3 ANACONDA Isaac. S and Amelia
4 HIPPOPOTAMUS Ruby and Baxter	4 FLAMINGO Elias and Africa	4 CHEETAH Otto, Maxim, Oscar and Sidney
5 KINGFISHER William, Mikaela, Gezzadine and Olive	5 HEDGEHOG Le-Shawn, Hana, Diego and Emi	5 OTTER Niyah, Najam, Leo and Tahirah
6 ORCA Freya, Edward and Florence	6 PUFFIN Rafferty, Angus, Ameer and Kadijah	6 WOLVERINE Kayla, Azmahan, Gabby and Alex T

Year 6 Deadline for Secondary School Applications Sunday 31st October 2021

Warm Up Fridays start after half term! This is always a really, popular event that we run. So if you can spare some time to help set up or sell on the day please do get in touch at hitherfieldpta@gmail.com.

Dates for the Diary

Friday 22nd October - Last day of term

Monday 1st November – The children return to school

Monday 15th – Friday 19th November – Anti Bullying Week

Tuesday 19th October – 9:15 – 10:30am 1 Sunbird Class Assembly

Thursday 4th November – 9:15 – 10:30am – 6 Wolverine Class Assembly

5th 12th 19th and 25th November – Warm up Fridays

Tuesday 9th November – 9:15 – 10:30am – 2 Mongoose Class Assembly

Tuesday 30th November – St Andrews Day





Mental Health Support Team – Questionnaire

As part of the support being offered to Hitherfield by the Mental Health Support Team they wish to have a snapshot of the types of need in our community. We would appreciate it if parents could take a few minutes to complete the anonymous questionnaire. Please click here:

<https://forms.office.com/r/BviVQh6uvT>

WHAT'S ON YOUR CHILDS MIND?

Have you noticed a change in your child's behaviour?
Do they appear worried, angry, upset or display more challenging behaviours?

Are you concerned but are not sure who to turn to for support?

The Mental Health Support Team are here to help!
The MHST are a group of professionals working in the school to support the mental health and wellbeing of pupils.

We offer support for children who are experiencing **mild to moderate anxiety & challenging behaviour** through parent led sessions. Teaching you the skills to help support your child.

To learn more about the MHST and how we can support your child please speak to:

Pascale



Eid Celebrations

A huge thank-you to everyone who supported the Eid Celebrations that took place last week. It was so lovely to welcome back parents and carers on site for this popular event.

Thank you to all the volunteers who gave up their time to help out on stalls - including the Year 6 team and the Bouncy Castle Team (who were a little shell shocked I think!)

A massive thank you to the face painting team (and their crowd control!) who went above and beyond staying late to get through everyone. Thank you also to those who helped behind the scenes, the Premises and Office Teams and of course those who cooked food.

A very special thank you goes to two local restaurants, Dilpasand Streatham and Desi Chaska Thornton Heath, who donated two huge containers of food each.

We're thrilled to have raised a grand total of **£2,353** which has broken all previous records! The money will be split 50/50 between the PTA and Ummah Welfare Trust Afghanistan Children Need Help Appeal.





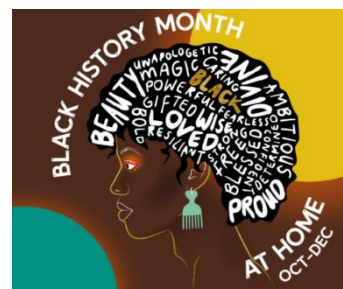
#Proud to be

As many of you will know, the nation is half way through the annual Black History Month celebrations – see last week's Herald for details of what each group are studying.

While this is an important celebration, at Hitherfield School, we continue to learn about global and national Black history across the year. Black history is British history after all.

In Lambeth, we are lucky enough to live and learn in one of the most diverse boroughs of London. One which has a long history of Black brilliance and activism. Below are some of the local events that you and your family might want to check out this month.

Also, please remember 'Booklove' the antiracist online book store for a wide range of diverse books as well as Lambeth's Black cultural archives for a deep dive into local and beyond Black history.



16

Oct
2021

[Black Communities Health and Wellbeing Day](#)

Kennington Free

A day of health, food, music and community.

Pop into St Marks Church, Kennington on October 16 to get a quick health and wellbeing check and eat some free, delicious and healthy African & Caribbean food!



23

Oct
2021

[Let's talk about culture! with Explore Learning](#)

Lambeth wide Free

Join us to learn about what culture is, whilst sharing who we are and celebrating our differences.

We will work together to understand what is meant by the term 'culture' and how this is something different for us all.



23

Oct
2021

[Kids Black History Month Quiz](#)

Lambeth wide Free

Test your knowledge with our Black History quizzes, covering a range of themes including famous and historical figures, geography, art, music and much more. Ages 8 plus.

Quiz posted @11am, Answers posted @4pm



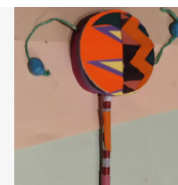
25

Oct
2021

[African Spirit Drum Craft](#)

Lambeth wide Free

African drums play a symbolic role in African tradition. In some parts of North Africa they accompany other instruments in music and in parts of Southern Africa, traditional healers use them for ceremonial purposes.



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Oct
2021

[CBeebies Jo Jo and Gran Gran Author visits Brixton Library](#)

Lambeth wide Free

Laura Henry-Allain MBE is the creator of the well-loved CBeebies characters JoJo and Gran Gran as well as the series' associate producer. She is also executive producer on shows currently in development.



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Oct
2021

[Cocoa Girl Awesome Hair author talk with Serlina Boyd](#)

Lambeth wide Free

Join us as we celebrate natural hair with Serlina Boyd, founder and publisher of Cocoa Girl and Cocoa Boy magazines (the UK's first Black children's magazines).





Maths Anxiety



A FREE webinar and FREE courses for parents and students

Following on from the recent maths anxiety information that was included in the Herald, some fantastic free resources have been created by Rachel (Maths Author and Educational Psychology Lead at Eedi, an educational company.)

We encourage you to read the information below from Eedi and take part in the courses.

Katy and Martine (Maths School Improvement Leaders)

1. Free webinar for parents on helping your Maths-anxious child

Do these phrases sound familiar? *"I'm afraid she gets her maths brain from me", "I'm not a maths person", "I'm useless at maths", "What they learn in school is so hard these days"*. As maths teachers this is heart-breaking, but what these parents are really saying is that they are maths-anxious, under-confident and unsure how to help their child with maths. At Eedi, we want to help those parents.

Using both the latest research and her vast experience in this area, Rachel will give practical advice on ways parents can help their children with their maths, whether they are struggling with maths anxiety or stuck on their homework. And they'll learn tips for keeping their own maths anxieties at bay too!

The webinar takes place on Wednesday 3rd November at 7:30pm.

Click on the link to join:

https://us02web.zoom.us/webinar/register/WN_RaZtoO11RIGk7HzuDRVYMA

2. Free course for Maths-anxious Parents

In addition to the live webinar, we also have a short online course called "[Helping with Homework: For Maths-Anxious Parents](#)" that is ready to access now. It guides parents through a few of the ways they can help their child without having to know too much about the maths.

3. Free course for Students with Maths anxiety

And while we're at it, just a reminder that our free maths anxiety course for students is still available [here](#). We have had over 2000 students already complete the course and some lovely praise coming in from those who have found it really valuable. You'll also receive an email certificate upon completion of the course!