



What a Great Half Term

This has been an extremely busy but highly successful first half term of the academic year. I know everyone has enjoyed the sense of normality in the school with the children thoroughly enjoying being able to learn and play with a wider group of friends from across the school. It has been a pleasure welcoming so many family members to the class assemblies and seeing so many families using the school grounds after school. Thank you, as always, to the PTA for the hugely successful Eid Fair.

The children have been learning about inspirational black people from history and the teachers have brought that learning forward to the current day. I have thoroughly enjoyed seeing the work the children have produced and listening to them discussing their learning so enthusiastically. I hope everyone enjoys the last week of Black History Month over the half term, as there are still many events going on across London.

We have been very lucky, as we have had relatively few cases of Covid 19 this term. We have had some other sicknesses as usual, but in order to keep everyone as protected as possible I urge all adults to undertake regular LFD tests and thank you for not sending your children into school when they are unwell. We continue to have attendance percentages higher than both the national and Lambeth figures - well done everyone!

I wish you an enjoyable half term holiday and I look forward to welcoming you all back to school on Monday 1st November.

Warm wishes,

Chris Ashley-Jones Executive Headteacher



HITHERFIELD HERALD



Good news cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Matisa and Sumayyah 2 MANATEE Edgar and Shawnelle 3 JAGUAR Hashim and Etta 4 HIPPOPOTAMUS Mirabelle and Joshua 5 KINGFISHER Gene and Cecill 6 ORCA Shiloh and Catalina

1 DUGONG Cayson and Lola 2 MONGOOSE Alba and Levi 3 MACAW Younes and Shanel 4 FLAMINGO Tabby and Jonathan 5 HEDGEHOG Amelia and Lila 6 PUFFIN Toby and Laisa 1 SUNBIRD Ellie and Salimatou 2 HUMMINGBIRD Marla and Laurence 3 ANACONDA Amira and Kemuel 4 CHEETAH Rachel and Jamelia 5 OTTER Akane and Amarah 6 WOLVERINE

Kaliyah and Ana-Maria

Year 6 Deadline for Secondary School Applications Sunday 31st October 2021

Warm Up Fridays start after half term! This is always a really, popular event that we run. So if you can spare some time to help set up or sell on the day please do get in touch at <u>hitherfieldpta@gmail.com</u>.





Dates for the Diary

Monday 1st November – The children return to school

Monday 15th – Friday 19th November – Anti Bullying Week

Tuesday 19th October – 9:15 – 10:30am 1 Sunbird Class Assembly

Thursday 4th November – 9:15 – 10:30am – 6 Wolverine Class Assembly

5th 12th 19th and 25th November – Warm up Fridays

Tuesday 9th November – 9:15 – 10:30am –2 Mongoose Class Assembly

Tuesday 30th November – St Andrews Day

HITHERFIELD HERALD



Good News!!

The School Library will be reopening to parents and carers once again. <u>The sessions will start from Monday 1st</u> <u>November 3.30-4.30.</u>

Parents/Carers will be able to join the library and borrow up to **five** books to support their children's reading for pleasure.

Thank you Puffin Books!!

Huge Thank you to Puffin Books for their very generous donation. We really appreciate it and I am sure that the children will really enjoy exploring these new books. Thank you to Natalie (mum of Arlo in Platypus) for organising this.



Hi there,

My name is Sarah (Ria) and I am currently studying to be a Design Historian I started out looking for my story in history and quickly realised there is not a lot in archives or even photographs of my heritage.

However, there are some photos in archives of the West Indian community, mainly commissioned. I am ooking for women's voices of domestic life in the 1960s to1980s to talk about home life as a space. Creating Oral histories, from Jamaican, Trinidadian, Bajan or St. Vincent communities.

It could be someone you know, a neighbour, your Mum, Aunty or Grandma. Ideally there is photographic evidence to go with it. History needs to hear your voices.

Text or call : 07949 152852 or just stop me at school...







Unknown c1960

Wallpaper Stories



Front room, Briston, 1966, Arobinal image by Holl Kanlack, Phato prodie Na I Kanlack/93-Beye From A 201

Thank you ! Sarah Ria

HITHERFIELD HERALD





Dear Parent/Carer,

We would like to take this opportunity to introduce the Evelina London School Nursing Service.

As a parent/carer of a child(ren) at school you may be worried about your child's health and wellbeing and be unsure about how to get the help you need.

School nurses are here to help, we work in teams across Southwark and Lambeth and you can contact us for confidential advice and support on a wide range of issues.

Please let us know if your child has medical or physical and/or emotional health needs that they need support with.

We are able to discuss your child's needs and see children:

- · Face to face in school
- Face to face in a health centre
- Text
- Telephone
- · Virtually
- · Home visit

For Parents/Carers of children 5-19 years old at school in Southwark or Lambeth

For advice and support please contact the School Nursing Service:

Text: If you need advice or support regarding your child, you can confidentially text a school nurse on **07520 631 130.** Texts will only be seen Monday to Friday, 9am-5pm (excluding bank holidays).

You can find out more on w: www.evelinalondon.nhs.uk/parentline

If you are a parent or carer

You can text a

school nurse on

07520 631 130

We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text.

If you need help before you hear back from us, contact your GP, nearest walkin centre or dial 111.

Telephone: You can call the School Nursing Central Hub: tel: 020 3049 4777, Monday to Friday, 9am-5pm (excluding bank holidays).

In an emergency, call 999 or go to your local Emergency Department (A&E)

Your information

We might inform someone if we are concerned about your child's safety, or the safety of someone else, but we would usually try to speak to you first. Your information is stored on secure electronic records and can be seen by other healthcare staff who follow the same confidentiality rules.

Guy's and St Thomas' NHS Foundation Trust The School Nursing Service can assist with: Support with managing medical needs in schools Bedwetting Sleep Emotional health and wellbeing Weight management Meight management Immunisation advice www.nhs.uk/conditions/vaccinations/ Healthy lifestyle Keeping safe

Puberty and relationships

WHAT'S ON YOUR CHILDS MIND?

Have you noticed a change in your childs behaviour? Do they appear worried, angry, upset or display more challenging behaviours?

Are you concerned but are not sure who to turn to for support?

The Mental Health Support Team are here to help! The MHST are a group of professionals working in the school to support the mental health and wellbeing of pupils.

We offer support for children who are experiencing mild to moderate anxiety & challenging behaviour through parent led sessions. Teaching you the skills to help support your child.

> To learn more about the MHST and how we can support your child please speak to:

> > Pascale

Lambeth Mental Health Support Team Service

Lambeth has launched a new service to schools called Mental Health Support Teams. Hitherfield is one of the participating schools and the team will be working with us and our community this academic year. The Mental Health Support Team can offer direct mental health support, delivering a range of evidence based, therapeutic interventions for pupils, presenting with mild to moderate difficulties. There are two strands of parent support, one for children with anxious thoughts or feelings and another for children with behavioural difficulties. Support can be offered either face to face, by telephone or online. If you are interested in this service, please contact Pascale for further information.





PTA NEWS:

Warm Up Fridays:

Warm Up Fridays start after half term! This is always a really popular event that we run so if you can spare some time to help set up or sell on the day please do get in touch at <u>hitherfieldpta@gmail.com</u>.

Uniform Sales:

We are planning to run some uniform sales alongside Warm Up Fridays after half term in an attempt to get rid of some of the backlog of uniform that we have. We will be operating an "honesty box" so please come along, grab a bargain and pay what you can afford.

AGM:

Please join us on Zoom for our Annual General Meeting on Thursday 4th November at 8pm. We'll be reporting on last year's figures, events we held and updating you on where your hard raised money was spent.

We will also be electing a new committee. Many of this year's committee have been involved for the last 2 years and will not be standing again. So...we need some new blood! We're a really friendly bunch and it's a fantastic opportunity to get more involved in your children's school and help raise vital funds. Plus you'll never be

short of people to say hi to on the Trim Trail $\widehat{\Psi}$. We'd love to see some new faces. If you have any questions about what it all entails please grab me or any of the committee around and about and have a chat. Or

email <u>hitherfieldpta@gmail.com</u> and we can help you. We'll send out a Zoom link closer to the time.



HITHERFIELD HERALD www.hitherfield.co.uk



Hitherfield Primary School PTA

6 reasons why your **9** PTA really matters



my mum in school helping at the fun events the PTA

1. For the kids

Being active in the PTA not only improves your child's school but makes you an excellent role model. Research confirms what we've always known: when children see us involved in their school and learning, it encourages them to do their best.



2. It builds trust 0

Becoming part of the PTA is a great way to get to know other parents and teachers while gaining an insight into the workings of the school. With parents and teachers striving towards the same goals, the parent group is instrumental in making a real difference in the school life of all children.



3. It raises welcome funds

Whether it's creating an outdoor classroom, stocking the science lab with new Bunsen burners or arranging a visit from a top author, the funds raised from your activities impact massively on the opportunities and experiences of all the children at school.





6 reasons why your 9 PTA really matters



teacher asked



We've been able to really grow the scale of the PTA with some greatlocal contacts.99



Parentkind

to use my design skills to help the school, it feels areat to be able to make a difference.99

4. It gives you a voice

Many PTAs already act as a consultative group for the school leaders and governors. So whether it's deciding on where PTA funds are spent or getting parent views on wraparound care, you can make sure parents have a voice in how your school operates.

5. It forges connections fïñ beyond the school gates

PTAs are brilliant for building relationships with the local community. from events, sponsorships from local businesses, and mentions in local press. Some Parentkind members have worked with local employees to run career fairs.



Every parent has plenty to offer a PTA, and whether it's being on the committee, helping out at events or organising meetings, your talents will be put to good use. As well as being enjoyable and satisfying, you can build your confidence and learn new skills too.



YOUR SCHOOL LUNCHES ARE:

DELICIOUSLY NEALTHY CHOICES

This Term Features...

20 NEW SALADS! Did you know pupils get to choose from a selection of five salads every day? We've just made the salad bar even tastier with these additional options!

WE HAVE INCREASED

THE NUMBER OF PLANT

WASTE-LESS RECIPES

Ensuring our menus are as sustainable as possible is important to us, which is why we're introducing recipes that minimise food waste and use up 'left over' ingredients. Here's an example! Why not give it a go?



Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

...AND ABSOLUTELY FREE

FOR MANY, INCLUDING

EVERY CHILD IN KS1

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!

INTRODUCING YOUR NEW MENU

Welcome to your new menu, which has been created so you child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated experts talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!



BASED DISHES ON OUR MENUS BY 20%

WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



MADE FROM GREAT INGREDIENTS. BY AWESOME PEOPLE

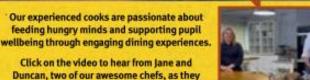


the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

prepare one of our delicious recipes!



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with

Check out this tasty sweet potato, lentil and chickpea curry recipe



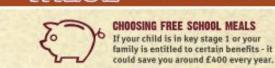
Love British Food

two course meals made from great ingredients at such a good price.



Sophie Crosswalte, Nutritionist, shares her thoughts on the value of school lunches





FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade

Terrific