



What a Great Half Term

This has been an extremely busy but highly successful first half term of the academic year. I know everyone has enjoyed the sense of normality in the school with the children thoroughly enjoying being able to learn and play with a wider group of friends from across the school. It has been a pleasure welcoming so many family members to the class assemblies and seeing so many families using the school grounds after school. Thank you, as always, to the PTA for the hugely successful Eid Fair.

The children have been learning about inspirational black people from history and the teachers have brought that learning forward to the current day. I have thoroughly enjoyed seeing the work the children have produced and listening to them discussing their learning so enthusiastically. I hope everyone enjoys the last week of Black History Month over the half term, as there are still many events going on across London.

We have been very lucky, as we have had relatively few cases of Covid 19 this term. We have had some other sicknesses as usual, but in order to keep everyone as protected as possible I urge all adults to undertake regular LFD tests and thank you for not sending your children into school when they are unwell. We continue to have attendance percentages higher than both the national and Lambeth figures - well done everyone!

I wish you an enjoyable half term holiday and I look forward to welcoming you all back to school on Monday 1st November.

Warm wishes,

Chris Ashley-Jones
Executive Headteacher





Good news cards

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Matisa and Sumayyah	1 DUGONG Cayson and Lola	1 SUNBIRD Ellie and Salimatou
2 MANATEE Edgar and Shawnelle	2 MONGOOSE Alba and Levi	2 HUMMINGBIRD Marla and Laurence
3 JAGUAR Hashim and Etta	3 MACAW Younes and Shanel	3 ANACONDA Amira and Kemuel
4 HIPPOPOTAMUS Mirabelle and Joshua	4 FLAMINGO Tabby and Jonathan	4 CHEETAH Rachel and Jamelia
5 KINGFISHER Gene and Cecill	5 HEDGEHOG Amelia and Lila	5 OTTER Akane and Amarah
6 ORCA Shiloh and Catalina	6 PUFFIN Toby and Laisa	6 WOLVERINE Kaliyah and Ana-Maria

**Year 6 Deadline for Secondary School
Applications Sunday 31st October 2021**

Warm Up Fridays start after half term! This is always a really, popular event that we run. So if you can spare some time to help set up or sell on the day please do get in touch at hitherfieldpta@gmail.com.



Dates for the Diary

Monday 1st November – The children return to school

Monday 15th – Friday 19th November – Anti Bullying Week

Tuesday 19th October – 9:15 – 10:30am 1 Sunbird Class Assembly

Thursday 4th November – 9:15 – 10:30am – 6 Wolverine Class Assembly

5th 12th 19th and 25th November – Warm up Fridays

Tuesday 9th November – 9:15 – 10:30am – 2 Mongoose Class Assembly

Tuesday 30th November – St Andrews Day

HITHERFIELD HERALD

www.hitherfield.co.uk



Good News!!

The School Library will be reopening to parents and carers once again.

The sessions will start from Monday 1st November 3.30-4.30.

Parents/Carers will be able to join the library and borrow up to **five** books to support their children's reading for pleasure.



Thank you Puffin Books!!

Huge Thank you to Puffin Books for their very generous donation. We really appreciate it and I am sure that the children will really enjoy exploring these new books. Thank you to Natalie (mum of Arlo in Platypus) for organising this.



Hi there,

My name is **Sarah (Ria)** and I am currently studying to be a **Design Historian**. I started out looking for my story in history and quickly realised there is not a lot in archives or even photographs of my heritage.

However, there are some photos in archives of the West Indian community, mainly commissioned. I am looking for women's **voices of domestic** life in the 1960s to 1980s to talk about home life as a space. Creating Oral histories, from Jamaican, Trinidadian, Bajan or St. Vincent communities.

It could be someone you know, a neighbour, your Mum, Auntie or Grandma. Ideally there is photographic evidence to go with it. History needs to hear your voices.

Text or call : **07949 152852**
or just stop me at school...

*Thank you!
Sarah Ria*



Unknown c1960

Wallpaper Stories



Front room, Binton, 1966. Audited image by Neil Kenlock. Photo credit: Neil Kenlock/Surrey Museums
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HITHERFIELD HERALD

www.hitherfield.co.uk



For Parents/Carers of children 5-19 years old at school in Southwark or Lambeth



Dear Parent/Carer,

We would like to take this opportunity to introduce the Evelina London School Nursing Service.

As a parent/carers of a child(ren) at school you may be worried about your child's health and wellbeing and be unsure about how to get the help you need.

School nurses are here to help, we work in teams across Southwark and Lambeth and you can contact us for confidential advice and support on a wide range of issues.

Please let us know if your child has medical or physical and/or emotional health needs that they need support with.

We are able to discuss your child's needs and see children:

- Face to face in school
- Face to face in a health centre
- Text
- Telephone
- Virtually
- Home visit

For advice and support please contact the School Nursing Service:

Text: If you need advice or support regarding your child, you can confidentially text a school nurse on **07520 631 130**. Texts will only be seen Monday to Friday, 9am-5pm (excluding bank holidays).

You can find out more on [w: www.evelinalondon.nhs.uk/parentline](http://www.evelinalondon.nhs.uk/parentline)

**If you are a
parent or carer**

**You can text a
school nurse on**

07520 631 130

Telephone: You can call the School Nursing Central Hub: **tel: 020 3049 4777**, Monday to Friday, 9am-5pm (excluding bank holidays).

In an emergency, call 999 or go to your local Emergency Department (A&E)

Your information

We might inform someone if we are concerned about your child's safety, or the safety of someone else, but we would usually try to speak to you first. Your information is stored on secure electronic records and can be seen by other healthcare staff who follow the same confidentiality rules.

We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text.

If you need help before you hear back from us, contact your GP, nearest walk-in centre or dial 111.

The School Nursing Service can assist with:

Support with managing medical needs in schools

Bedwetting

Sleep

Emotional health and wellbeing

Weight management

Immunisation advice
www.nhs.uk/conditions/vaccinations/

Healthy lifestyle

Keeping safe

Puberty and relationships

WHAT'S ON YOUR CHILDS MIND?

Have you noticed a change in your child's behaviour?
Do they appear worried, angry, upset or display more
challenging behaviours?

Are you concerned but are not sure who to turn to for
support?

The Mental Health Support Team are here to help!
The MHST are a group of professionals working in the school
to support the mental health and wellbeing of pupils.

We offer support for children who are experiencing **mild to moderate anxiety & challenging behaviour** through parent led sessions. Teaching you the skills to help support your child.

To learn more about the MHST and
how we can support your child
please speak to:

Pascale

Lambeth Mental Health Support Team Service

Lambeth has launched a new service to schools called Mental Health Support Teams. Hitherfield is one of the participating schools and the team will be working with us and our community this academic year. The Mental Health Support Team can offer direct mental health support, delivering a range of evidence based, therapeutic interventions for pupils, presenting with mild to moderate difficulties. There are two strands of parent support, one for children with anxious thoughts or feelings and another for children with behavioural difficulties. Support can be offered either face to face, by telephone or online. If you are interested in this service, please contact Pascale for further information.



PTA NEWS:

Warm Up Fridays:

Warm Up Fridays start after half term! This is always a really popular event that we run so if you can spare some time to help set up or sell on the day please do get in touch at hitherfieldpta@gmail.com.

Uniform Sales:

We are planning to run some uniform sales alongside Warm Up Fridays after half term in an attempt to get rid of some of the backlog of uniform that we have. We will be operating an "honesty box" so please come along, grab a bargain and pay what you can afford.

AGM:

Please join us on Zoom for our Annual General Meeting on Thursday 4th November at 8pm. We'll be reporting on last year's figures, events we held and updating you on where your hard raised money was spent.

We will also be electing a new committee. Many of this year's committee have been involved for the last 2 years and will not be standing again. So...we need some new blood! We're a really friendly bunch and it's a fantastic opportunity to get more involved in your children's school and help raise vital funds. Plus you'll never be

short of people to say hi to on the Trim Trail 🤗. We'd love to see some new faces. If you have any questions about what it all entails please grab me or any of the committee around and about and have a chat. Or email hitherfieldpta@gmail.com and we can help you. We'll send out a Zoom link closer to the time.

HITHERFIELD PRIMARY SCHOOL PTA



4TH NOV 2021

8PM ON ZOOM

EVERYONE'S WELCOME, COME AND SEE WHAT
WE'VE BEEN DOING!



Hitherfield Primary School PTA

6 reasons why your PTA really matters



"I love to see my mum in school helping at the fun events the PTA run for us."



1. For the kids

Being active in the PTA not only improves your child's school but makes you an excellent role model. Research confirms what we've always known: when children see us involved in their school and learning, it encourages them to do their best.



"Through being a part of the PTA I've really got to know the school and have confidence in how to fit in."



2. It builds trust

Becoming part of the PTA is a great way to get to know other parents and teachers while gaining an insight into the workings of the school. With parents and teachers striving towards the same goals, the parent group is instrumental in making a real difference in the school life of all children.



"It's great that we finally have some decent kit at school for a change."



3. It raises welcome funds

Whether it's creating an outdoor classroom, stocking the science lab with new Bunsen burners or arranging a visit from a top author, the funds raised from your activities impact massively on the opportunities and experiences of all the children at school.



6 reasons why your PTA really matters



"It felt great when the head teacher asked the PTA for our views on the new school uniform policy. It made me feel listened to."



4. It gives you a voice

Many PTAs already act as a consultative group for the school leaders and governors. So whether it's deciding on where PTA funds are spent or getting parent views on wraparound care, you can make sure parents have a voice in how your school operates.



"We've been able to really grow the scale of the PTA with some great local contacts."



5. It forges connections beyond the school gates

PTAs are brilliant for building relationships with the local community, from events, sponsorships from local businesses, and mentions in local press. Some Parentkind members have worked with local employees to run career fairs.



"I've been able to use my design skills to help the school, it feels great to be able to make a difference."



6. It's good for you!

Every parent has plenty to offer a PTA, and whether it's being on the committee, helping out at events or organising meetings, your talents will be put to good use. As well as being enjoyable and satisfying, you can build your confidence and learn new skills too.



WEEK COMMENCING: 01 Nov / 22 Nov / 13 Dec / 03 Jan / 24 Jan / 07 Mar / 28 Mar

WEEK 1

MONDAY

Chickpea & Mixed Vegetable Balti with Rice
Roast Vegetable Couscous
BBQ Chicken Pasta
Green Beans & Sweetcorn
Fresh Fruit Platter

TUESDAY

Jacket Potato with BBQ Beans
Vegetable Lasagne
Beef Spaghetti Bolognese
Carrots & Broccoli
Yoghurt Bar

WEDNESDAY

Roasted Veggie Strips with Gravy & Roast Potatoes
Cheese & Tomato Pasta Bake
Roast Turkey with Gravy & Roast Potatoes
Roasted Mediterranean Vegetables
Pineapple Upside Down Sponge with Custard

THURSDAY

Goan Vegetable Curry with Rice
Red Onion & Sweetcorn Pizza
Sausage & Apple Plait
Sweetcorn & Apple Slaw
Yoghurt

FRIDAY

Cheese & Onion Quiche with Chips
Jacket Potato & Salmon Mayonnaise
Fish Fingers & Chips
Peas & Baked Beans
Fresh Fruit Salad with Natural Yoghurt

WEEK COMMENCING: 08 Nov / 29 Nov / 10 Jan / 31 Jan / 21 Feb / 14 Mar

WEEK 2

MONDAY

Mexican Rice Wrap
Tuna Pasta Bake
Moroccan Beef with Couscous
Peas & Cauliflower
Fresh Fruit Platter

TUESDAY

Honey & Ginger Veggie Strips Stir Fry with Noodles
Shepherdess Pie with Sweet Potato Topping
Chicken & Sweetcorn Meatballs Sub in Tomato Sauce
Swede & Carrots
Yoghurt Bar

WEDNESDAY

Chickpea & Mixed Vegetable Spicy Rice
Macaroni Cheese
Roast Beef with Gravy & Roast Potatoes
Green Cabbage & Sweetcorn
Vanilla Sponge with Apple Compote

THURSDAY

Butternut Squash, Butterbean & Vegetable Curry with Rice
Margherita Pizza
Chicken & Leek Wholemeal Pastry Pie
Broccoli & Runner Bean Slaw
Yoghurt

FRIDAY

Falafel & Salad Burger with Chips
Roasted Vegetable & Lentil Loaf with Chips
Battered Pollock & Chips
Peas & Baked Beans
Fresh Fruit with Frozen Strawberry Yoghurt

WEEK COMMENCING: 15 Nov / 06 Dec / 17 Jan / 07 Feb / 28 Feb / 21 Mar

WEEK 3

MONDAY

Piri Piri Veggie Strips Wrap
Jacket Potato with Vegetable Bean Chilli
Thai Green Quorn & Vegetable Curry with Rice
Carrots & Green Beans
Fresh Fruit Platter

TUESDAY

Vegetable Hotpot
Quorn Sausage with Mashed Potato & Gravy
Chicken Sausage with Mashed Potato & Gravy
Sweetcorn & Broccoli
Yoghurt Bar

WEDNESDAY

Butterbean & Vegetable Pattie with Roast Potatoes
Cheese Subroll
Roast Lemon & Garlic Chicken Thigh with Gravy & Roast Potatoes
Roasted Mediterranean Vegetables
Oaty Apple & Berry Crumble with Custard

THURSDAY

Spinach & Lentil Dhal with Rice
Roasted Vegetable Pizza
Cottage Pie
Roasted Cauliflower & Fruity Slaw
Yoghurt

FRIDAY

Vegetable Butterbean Ragu with Potato Wedges
Roast Vegetable Calzone
Breaded Pollock & Chips
Peas & Baked Beans
Fresh Fruit with Vanilla Ice Cream

KEY



Vegetarian



Plant Based Vegan Friendly



Halal Option Available



Sustainably Caught Fish

DID YOU KNOW?



All our Mince, Beef, Yoghurt, Flour, Pasta, Milk & Bread is Organic



All our Meat is UK Farm Assured & diced Chicken is Free Range

YOUR SCHOOL LUNCHES ARE:

DELICIOUSLY HEALTHY CHOICES

This Term Features...

20 NEW SALADS!

Did you know pupils get to choose from a selection of five salads every day? We've just made the salad bar even tastier with these additional options!

WASTE-LESS RECIPES

Ensuring our menus are as sustainable as possible is important to us, which is why we're introducing recipes that minimise food waste and use up 'left over' ingredients. Here's an example! Why not give it a go?

WE HAVE INCREASED THE NUMBER OF PLANT BASED DISHES ON OUR MENUS BY 20%



WE DON'T ADD ANY SALT TO OUR RECIPES...

We use herbs, lemon juice and other natural ingredients to add flavour.



THERE ARE NOW EVEN MORE VEGGIES ON OUR MENUS

We've committed to upping our veg count even more and are proud Peas Please pledgers. Find out more here!



Charlotte Quick, Company Nutritionist, explains a little about how we build our menus

INTRODUCING YOUR NEW MENU

Welcome to your new menu, which has been created so you child can enjoy a delicious, balanced school lunch every day. On this page you'll find some of our dedicated experts talking about how we design, cook and serve our meals. All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

Thank you and please get in touch if you have any questions or suggestions!



[Click here for meal ordering and payment information](#)

MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food

OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED

Our experienced cooks are passionate about feeding hungry minds and supporting pupil wellbeing through engaging dining experiences.

Click on the video to hear from Jane and Duncan, two of our awesome chefs, as they prepare one of our delicious recipes!



Terrific VALUE

...AND ABSOLUTELY FREE FOR MANY, INCLUDING EVERY CHILD IN KS1!



CHOOSING FREE SCHOOL MEALS

If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



FOR KS2 CHILDREN, OUR MEALS OFFER GREAT VALUE

Few places offer homemade two course meals made from great ingredients at such a good price.



Sophie Crosswalte, Nutritionist, shares her thoughts on the value of school lunches



CLICK HERE TO FIND OUT HOW MUCH YOU CAN SAVE

CONTACT US:



[Payments and Meal Ordering](#)



[Nutrition Guidance](#)



[General Enquiries](#)

FOLLOW US:



[@ISS_Education](#)



Feeding Hungry Minds

CLICK HERE TO VISIT OUR WEBSITE