



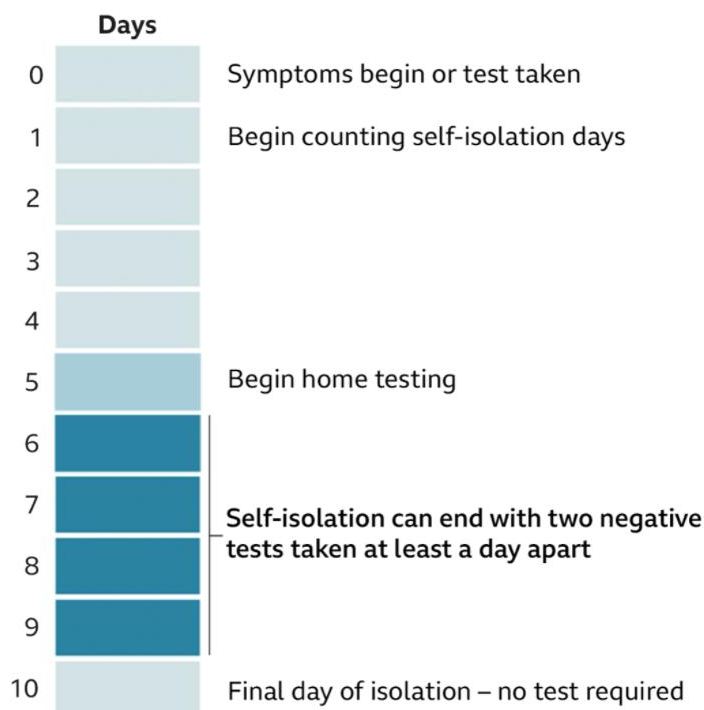
When is Day 5 of isolation?

The current Covid rules state that it is possible to take Lateral flow tests on Days 5 and 6 and, if they are negative, isolation can end and children and adults can return to school or work. There has been some confusion over when Day 1 of isolation starts and, in turn, when Days 5 and 6 are. As can be seen in the diagram below, Day 1 is the day after a positive test or symptoms starting.

What if the test on Days 5 or 6 are positive?

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. If an individual is positive on day 5, then a negative test is required on day 6 and day 7 to release from isolation. It is essential that 2 negative rapid lateral flow tests are taken on consecutive days and reported before individuals return to their job or school, if leaving self-isolation earlier than the full 10-day period. For instance, if an individual is positive on day 5, then a negative test is required on both day 6 and day 7 to release from self-isolation, or positive on day 6, then a negative test is required on days 7 and 8, and so on until the end of day 10.

How five-day isolation rule works in England





GOOD NEWS CARDS

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA Acacia and Gabriela	1 DUGONG Athena, Amarachi, Lucas and Tia-May	1 SUNBIRD Jacob and Annie
2 MANATEE Beth and Reece	2 MONGOOSE Abraham and Khallah	2 HUMMINGBIRD Lola, Alan, Adam and Laurence
3 JAGUAR Cerys and Amelia G	3 MACAW Zhara and Oscar	3 ANACONDA Loretta, Esme H and Esme S
4 HIPPOPOTAMUS Lisan and Nelly	4 FLAMINGO Jonny and Shani	4 CHEETAH Ridwan and Ugo
5 KINGFISHER William, Lara and Millie-Rose	5 HEDGEHOG To be announced next week	5 OTTER Huey and Leo
6 ORCA To be announced next week	6 PUFFIN Jeremiah and Cassandra	6 WOLVERINE Amalya, Lina, Alex A and Arbaaz

Medication

Does your child suffer from asthma or allergies? If so please make sure these details are up to date in the school office and that we have an inhaler/epipen for your child. Even if your child only suffers from asthma when they have a cold or is at home, the school still needs to have an inhaler kept in the office.

For parents that have left medication in the office, please make sure that these are checked regularly and in date.

Thank you, School Office

Dates for the Diary

Wednesday 9th February - Hitherfield's Got Talent Years 1, 2 and 3

Thursday 10th February - Hitherfield's Got Talent Years 4, 5 and 6
(No Year 5 swimming on this day)

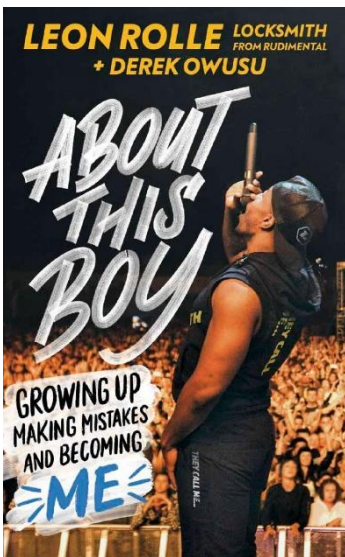
Friday 11th February – Last day of term

Monday 21st February - Children return to school



What's this? A celebrity? At Hitherfield Primary school?

Oh yes!



Pupils in year 5 and year 6 were lucky enough to have Leon Rolle (AKA Locksmith) from the international MOBO and Brit Award-winning band Rudimental pay us a visit on Tuesday.

Leon shared with the children the challenges he has faced in his life, to include not becoming the footballer he dreamed of being and the numerous knock backs he faced when trying to enter the music industry. Using humour and relatable experiences, he discussed the importance of and having resilience, dreaming big and not giving up even when it feels like there is no hope.

In his book, 'About This Boy: Growing Up, Making Mistakes and Becoming Me', Leon shares his big moments, turning points and life lessons from growing up in East London to more recent experiences, to empower the younger generation. It's a book that will really resonate with children and teens with his honesty about growing-up and some of the challenges he faced.

Some children were lucky enough to have a copy of his book dedicated to them and signed by Leon.

A copy has been bought for each class in years 5 and year 6 however, if you would like a copy (I highly recommended it) you can purchase a copy from Round Table books, in Brixton village.





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**PANCAKE
DAY 2022**

**JOIN US ON
ON FEBRUARY 10th
TO CELEBRATE**

Toppings at your school may vary!

**PANCAKE
DAY 2022**

**Pancake topped
with
Honey
or
Lemon & Sugar**



Christmas Fair

HOORAY!

The PTA are delighted to announce a phenomenal £7,921.25 was raised across the Christmas fundraising period.

This includes the continued support by Douglas & Gordon for kicking off the fundraising by sponsoring the event. The Christmas cards designed by the children of Hitherfield were at a record high this year and the wine and newly introduced tree selling brought in a nice profit also. And we cannot forget our Santa's Grotto and Raffle tickets sellers who really did an outstanding job. Thank you all for your generosity.

Another big 'Thank You' to Mr Ashley-Jones for his unwavering faith and support, the friends and families of Hitherfield, the teaching and support staff, the premises team and the angels of the office. Without your support it wouldn't have been such a great success.

And to the food and stall traders, thank you so much for your patience through the changes that had to be made due to the restriction imposed at the time.

You all made it such a great event and we thank you!

The PTA

