

HITHERFIELD HERALD

www.hitherfield.co.uk

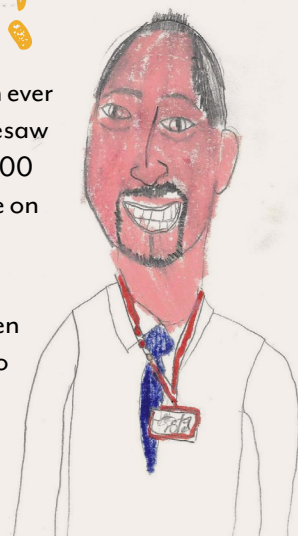
Well done everyone and thank you!

Well done for coping with another week of lockdown. I appreciate that parents are working harder than ever supporting their children at home and thank you for helping them undertake so much work through Seesaw and Tapestry. A huge thank you for only applying for childcare places if absolutely necessary. We have 100 children using the service, which we are just about able to manage, as we have staff working from home on the Hitherfield Virtual School and staff who are absent due to the pandemic.

I appreciate that the weather is not conducive to exercise but please try to make sure you and the children do some form of exercise every day. 20 minutes per day is great for physical and mental health. Try to go for a walk/run/scoot/cycle outside everyday if possible, but follow the rules.

Take care. We will get through this together.

Chris Ashley-Jones Executive Headteacher



INCREASING DATA ALLOWANCES ON MOBILE DEVICES TO SUPPORT DISADVANTAGED CHILDREN

This government has a scheme that temporarily increases data allowances for mobile phone users on certain networks. This is so that children and young people can access remote education if their face-to-face education is disrupted, like it is now.

Who can get help

Children and who meet both of these criteria:

- do not have fixed broadband at home
- cannot afford additional data for their devices

Children with access to a mobile phone on one of the following networks might be able to benefit:

- | | |
|--------------|-----------------|
| • EE | • Tesco Mobile |
| • O2 | • Three |
| • Sky Mobile | • Virgin Mobile |
| • SMARTY | • Vodafone |

How to request a mobile data increase?

If you want Hitherfield to request this increased data allowance, you will need to inform us of:

- the name of the account holder
- the number of the mobile device
- the mobile network of that device (for example Three)

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NEW ONLINE READING RESOURCE

We are sorry that our Rising Stars Reading Planet has been so unwieldy for everyone to use. We are happy to announce that we have now purchased a new resource – the Oxford Owl eBook library. Your teachers will be letting you know more about this soon!

HELLO HITHERFIELD VIRTUAL SCHOOLERS...

We hope that everyone is now becoming more familiar with our Tapestry and Seesaw platforms. We have developed our practice during the first lockdown period and the subsequent Bubble closures and hope that you are all having a better experience of the Virtual School this time. Our Hitherfield Virtual School Strategy is available on our website and we have worked hard to make sure that our current offer best meets the educational needs of our children. It enables them the opportunity to revisit tasks and instruction videos, to receive timely and effective feedback, to have a more personalised interaction with their teachers and to meet up with their classmates every week. It also allows families to arrange their children's learning time flexibly around other commitments.

As always, we recognise the difficulties many of you face with the demands of home schooling...no one in the profession ever says teaching is easy and we're trained to do it! Please be aware that if we make an enquiry about your child's engagement, we are not judging you, just trying to make sure that there is nothing more we are able to do to support you. We hope that you appreciated the chance to speak to your child's teacher last week. This time, your child's teacher will be calling you every month that we are in lockdown so you don't feel so alone. Don't forget that you can also contact us through the admin email if you need support – we will always do our best to help. If you really feel you need a break, don't forget to make use of the resources available from the Oak National Academy and the BBC, follow this link to find out about the BBC TV offer <https://www.bbc.co.uk/bitesize/articles/zvryp4j>

ON A PRACTICAL NOTE

Please make sure that your children DO NOT change their names on the class list in Seesaw (and to change them back if they have done so). They are winning in the battle to discover features they can access on Seesaw that we are not yet aware of! Just to add, this is all very safe...just a little annoying for teachers who are finding it difficult to work out whose work they are looking at.

YOU MUST sign in to the Google meets sessions USING YOUR CHILD'S ACCOUNT NAME. This is to ensure that our safeguarding requirements are met. Your child will not be admitted to the session if you try to access this with your account. Google meets is coming soon for children in EYFS, well, we're going to give it a go anyway!

We wish you all the best in your efforts to teach your children at home and will continue to look for ways to make this easier for you...Bonne Chance!

IN CASE YOU NEED A LITTLE MORE HELP WITH TAPESTRY OR SEESAW, HERE ARE SOME LINKS TO A FEW INSTRUCTION VIDEOS THAT MIGHT BE USEFUL

TAPESTRY

https://www.youtube.com/watch?v=KQgO_eaD7k0

- This video outlines how to use the memo section in Tapestry.

<https://www.youtube.com/watch?v=eSpJ96TJHV8&t=34S>

- This video outlines how to add observations in Tapestry.

SEESAW

<https://www.youtube.com/watch?v=nv87eyvNxYO>

This video explains the following:

- How to access/login to Seesaw on the web or using the app
- The Journal - where your child's work is kept
- Activities - where to find them/what to do
- Inbox - how to receive messages from your teacher

It also gives information on:

- Adding extra work
- Teacher approval and Feedback

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PTA NEWS

Happy New Year from the PTA! We hope the homeSchooling juggling is going well and you're all staying safe. We have a few ideas up our sleeves for this term so keep an eye on the Herald and the PTA Facebook page - nothing too stressful as we know you have a lot going on.

CHRISTMAS RESULTS

Fundraising raises £4,294

Thank-you to everyone who embraced our Christmas fundraising, from the window trail to our doorstep visits, we had an amazing take up on everything. **In total, including D&G's sponsorship, we raised a phenomenal £4,294!!** A huge THANK-YOU from us all.

Elf Competition Winner

The actual name of the Elf was Sparkledust but nobody guessed that. So we have put all of the entries into a hat (cake tin) and with the help of my glamorous assistants (children!) picked a winner. **The name of my Elf is....**
Wishing Star!



Baking Competition Winners

So we didn't have a huge amount of entries to our Christmas Baking competition but the ones we did have were so fantastic that we have decided to award all of them prizes!

Huge congratulations to

- **Millie in Hippo Year 4** for her amazing looking "Fairy Light Chocolate Cake"
 - **Angus in Kingfisher Year 5** and **Gilbert in Sunbird Year 1** for their very tasty looking "Christmas Gingerbread Cookies"
- 
- A collage of various festive baked goods including cupcakes with pink, purple, and chocolate frosting, chocolate-glazed donuts, and several gingerbread cookies decorated with icing and sprinkles.
- **Freya in Hedgehog Year 5** and **Isaac in Manatee Year 2** for their mouth watering festive "Yule Log"
 - **Franklin in Kingfisher Year 5** and **Theo in Dugong Year 1** for their fabulous double entry Christmas Pavlova and "Festive Gingerbread Tent"

Well done to all of the winners, we will get some prizes out to you as soon as we can.



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New online reading platform to replace Rising Stars

After helpful feedback, as a School we are going to be moving away from Rising Stars as our whole school online reading platform. After exploring many options, Oxford Owl eBook Library seems to be the best one for our purposes. It is very intuitive, with a wide and varied selection of books for children to engage with.

Your child will be receiving their class login next week via their class Seesaw. When your child has received their login please follow the instructions on the information booklet below to get started!

Information Leaflet

The Oxford Owl eBook Library contains a wide selection of books from across Oxford's most popular series. The books are carefully levelled and progress in reading difficulty from those appropriate for Nursery/Reception right through to those suitable for Year 6.

How does my child access the eBook Library?

1. Go to www.oxfordowl.co.uk
2. Click on the 'Log in' link (top right) to open the login form.
3. Make sure the 'Students' tab is highlighted. Type in the class name and password that your child's teacher has given your child, and click 'Login'.

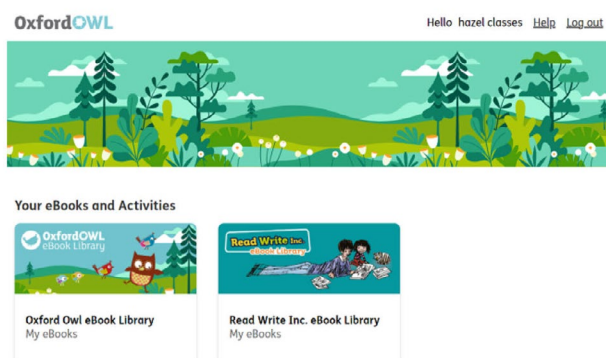


Write your class name and password here:

Class name: _____

Password: _____

4. Click on the tile for the Oxford Owl eBook Library.



5. Click on the eBook to open it.



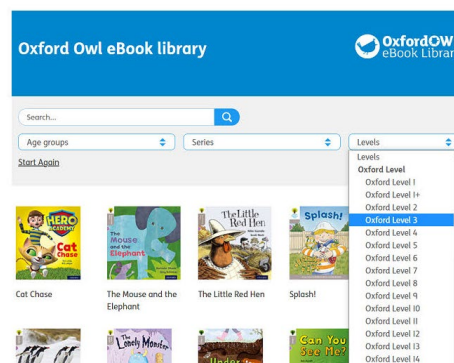
How do I know which book my child should read?

Your child's teacher will tell them which Book Band they are working on. Your child can then read any of the books at that level.

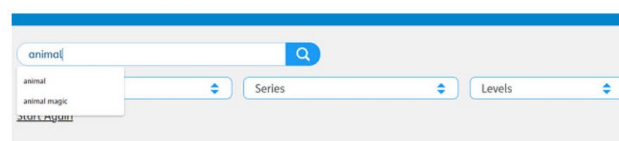
Alternatively, your child's teacher may specify an exact title or age-range.

How do I find the right book or level?

To find the right level, click on the Levels filter at the top of the library, choose Oxford Levels or Book Bands as appropriate. Choose your level and then the books will be filtered so that you only see books at that level.



To find the right title, type it into the Search box.





Home Activities



✓ PROBLEM SOLVING ✓ KEEPING ACTIVE ✓ CREATIVITY ✓ WELLBEING
AND MUCH MORE...



Wellbeing Warrior Challenge



Physical Activity Challenge



Healthy Cooking Challenge



Wacky Science Challenge



Mysterious Discovery Challenge

At Fit For Sport, we understand that due to latest government lockdown measures, many families are having to stay at home.

Keeping children entertained, engaged and active throughout this difficult time can be a challenge - so we are here to help with our at home activity series.

Each activity comes with a wide range of learning outcomes for your child, from staying active, to developing emotional wellbeing plus much more...

#FFSATHOME



Remember - you can tag us with your at home activities in action via social media!

Give us a mention using the hashtag #FFSATHOME via our socials below:



@fitforsport



FitForSport.ffs



@FitForSport

#FFSATHOME



@fitforsport



FitForSport.ffs

#EveryChildActive



Emotional Wellbeing: "I Feel"

It's Story Time! Applicable for all ages - ask your children to read their favourite stories. For younger children a keen narrator will be needed! As they're listening/reading ask them to identify emotions of the characters and what we could do to support them.

After the story, ask children to choose a character in the story to write a letter to, if the person was sad what could they say to make them happy? If the person had done something unkind what would they say to them?

Younger children can draw a picture and adults can write what they want to say on the back...

Key outcomes

✓ CREATIVITY

✓ EMPATHY

✓ REFLECTION

✓ WELLBEING



Emotional Wellbeing Friendship Five

Who doesn't love a compliment or a big pat on the back? Take on our Friendship Five Activity to help boost you & your child's self esteem during these times. All you'll need is a pen & paper with some colouring pens/pencils recommended as well as plenty of positive thinking!

Ask your child to draw round their hand and cut it out. They can choose to draw a picture of themselves, friends or family in the palm of the drawn hand. Once complete, write 5 positive things about the person they have drawn! Got more than 5? Why not draw the other hand...

Key outcomes

✓ CREATIVITY ✓ CONFIDENCE ✓ REFLECTION ✓ SELF ESTEEM



Healthy Muffin Monsters

Have you ever thought of adding a healthy ingredient like courgette to your muffins? Why not give it a try!

Choosing healthy snacks is a habit that can benefit children every day as they continue to grow!

Recipe

1. Wash courgette and remove ends.
2. Shred courgette using largest holes on your grater.
3. Use paper towel to squeeze grated courgette to remove water.
4. Preheat oven to 180 degrees and line a 12 cup muffin tin with paper muffin liners.
5. Mix the pancake mix with your spices in a large bowl.
6. In a separate bowl, whisk together eggs, brown sugar, apple sauce & lemon juice.
7. Fold the egg, sugar mixture and courgette into the pancake mix.
8. Fill each muffin cup 3/4 full with batter.
9. Bake for 10-15 minutes and remove to cool once finished.
10. Spring Icing sugar to taste over muffins & enjoy!



Courgette Muffins Ingredients:

- 1.5 cups of shredded courgette
- 2 cups of pancake mix
- 1 teaspoon of cinnamon
- 1 teaspoon of 5 spice
- 2 eggs
- 3/4 cup of brown sugar
- 1/4 cup of apple sauce
- 2 teaspoons lemon juice
- Icing Sugar

Key outcomes

✓ HEALTHY EATING ✓ CONFIDENCE ✓ PROBLEM SOLVING ✓ HEALTHY HABITS



Sustainable education enables to children to be active participants in protecting the environment and develop understanding & awareness of responsibilities and social change.

What better way to explore natural resources or provide use for household trash than to build your very own den. All you'll need is your imagination and your sustainability cap to find resources in your local area or around the house to create your den...

Whether it's an old sheet, delivery packaging in the recycling, small sticks or wood - why not put them to use & get creative by bringing your dream den to life!

Mental Wellbeing Den Builders



Key outcomes

✓ DISCOVERY ✓ ENVIRONMENTAL SUSTAINABILITY ✓ CONSTRUCTION



Are you ready for an activity that is sure to create a great reaction... Give our Salt & Ice Chemical Experiment a try at home!

Did you know, Salt lowers the freezing point of water? This makes for an intriguing & fun science activity which you can try at home.

1. Grab some containers & fill them with water. Allow them to freeze overnight to create giant ice blocks.
2. Empty the ice blocks onto a tray and sprinkle a handful of salt over the ice. Watch as the salt begins to melt the ice and create craters and tunnels within your ice block!
3. Drop food colouring all over the salt & ice and watch the colours run through your tunnels & craters!

Salt & Ice Chemical Reactions



Key outcomes

✓ CRITICAL THINKING ✓ DISCOVERY ✓ PROBLEM SOLVING ✓ CURIOSITY



As a family, draw up an Active Contract! Set yourselves a goal and make a family commitment. Make a plan and stick to it! Set up a family treat if everyone keeps to their family commitment each week.

Here's some suggestions:

1. Take a weekly walk, altering the route each week. As you walk, look at the nature around you: could you create a collage from items that you collect along the way?
2. Can you complete a movement from the alphabet each day? From A-Z Help the children choose a movement... Aerobic Exercise, Balancing Challenges, Circuit Training and so on!
3. Have a hula hoop contest to see who can keep it going the longest.

There's a start... Now create your own!

Physical Wellbeing Active Contracts



Key outcomes

✓ DISCOVERY ✓ KEEPING ACTIVE ✓ PROBLEM SOLVING ✓ MOTIVATION



Each person starts by standing in a space with a ball. When the music plays, everyone dribbles the ball around in the space and dance as well if they want to!

When the music stops, stop the ball and freeze. How many types of dribbles can you come up with?

Basketball Dribble - Bounce & Move

Football Dribble - Kick & Move

Rugby Dribble - Move those feet

Hockey Dribble - Use an object to push the ball while moving

Choose songs to represent each sport!

Activity Challenge Musical Sports



Key outcomes

✓ MOVEMENT ✓ KEEPING ACTIVE ✓ MEMORY ✓ MOTOR SKILLS



All hands on deck! Grab some playing cards & give each suit a different activity, following the suggested benefit:

Hearts: Cardiovascular activity eg jumping jacks

Diamonds: Core strength activity eg Press Ups

Spades: Arm based activity eg bouncing a ball

Clubs: Leg based activity eg scissor kicks

Use the number on the card to show how many you need

to do, for example:

2-10 – complete the action as many times as the number shown.

Jack, Queen and King – complete the action 20 times

Ace – complete the action 15 times.

Joker – complete the action 25 times or add another activity for 1 minute!

Add music, you can perform the actions to the beat and even have a dance off if you get the Joker!

Activity Challenge Diamond Deck



Key outcomes

✓ CO-ORDINATION ✓ BALANCE ✓ KEEPING ACTIVE ✓ STAMINA



Why not take a swing at one of our popular club activities at home - Underarm Golf! Create your course, take on your family members & take the first steps to the joining the Underarm Golf PGA Tour...

1. Create a series of golf holes with buckets or baskets.
2. Place a marker your choice of distance away from the holes to act as the golf tees.
3. Take turns using a bean bag, ball or your choice of item to toss underarm towards the hole.
4. Set a par score for the course with the winner - the person who gets around the course in the least shots!

Activity Challenge Underarm Golf



Key outcomes

✓ CO-ORDINATION ✓ KEEPING ACTIVE ✓ MOTOR SKILLS ✓ RESILIENCE



Ever wondered what it was like to work as a Spy or Detective? Let's write some secret messages using invisible ink to help us step into the world of espionage...

1. Squeeze lemon juice into a bowl and add a few drops of water and mix using a spoon.
2. Dip a cotton bud into the mixture and write a message on some white paper.
3. Wait for the juice to dry so that it becomes completely invisible.
4. To reveal the message - hold the paper up to light to heat it slightly & reveal the secret message!

Invisible Ink Messages



Key outcomes

✓ CRITICAL THINKING ✓ DISCOVERY ✓ PROBLEM SOLVING ✓ CURIOSITY



Roll, Jump & Create a Shape... It's simple right? First pick your leader (child or adult) who is going to be leading the instructions and move around in your activity area for 30 seconds (run, skip, march, skip, gallop, crawl... you choose). When the leader is ready they shout out instructions as below for the person to follow. Bring in music to move to the beat!

Start creating your shapes!

- Can you show me a large shape?
- Can you show me a small shape?
- Can you show me a spikey shape?
- Can you show me a tall shape?

Get ready to jump!

- Can you jump like a frog?
- Can you jump like a kangaroo?
- Can you jump like a rabbit?
- Can you bounce like a ball?

Ready to roll!

- Can you do a log roll?
- Can you do a pencil roll?
- Can you roll like a ball?
- Can you roll in different directions?

Activity Challenge Roll, Jump & Create a Shape



Key outcomes

✓ CO-ORDINATION ✓ BALANCE ✓ FLEXIBILITY ✓ KEEPING ACTIVE



Not just your average Rock, Paper, Scissors... Add in movement, some forfeits and a winning objective to spice up this popular game!

Split into two opponents, 1v1, 1v2, 2v2 or more... You decide! Place markers on the floor in your activity area in a line. Ideally 2 metres apart.

Each team stand at opposite ends of the steppingstones. 1 person from each team goes at a time, taking it in turns. First person hops/jumps to the first steppingstone. They play rock, paper, scissors against each other.

Whoever wins, jumps/hops to the next stone. The losing player go backs to their team base, and the next person in the team jumps/hop to the first steppingstone. The first player to get to the opposing side wins

Activity Challenge Rock, Paper, Scissors



Key outcomes

✓ PROBLEM SOLVING ✓ KEEPING ACTIVE ✓ CONFIDENCE ✓ RESILIENCE