

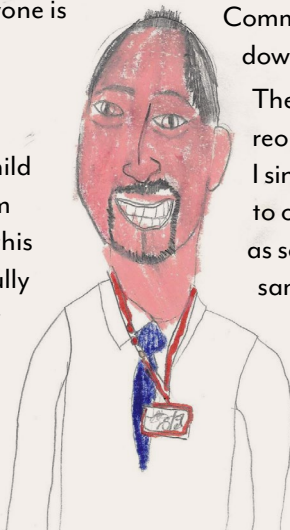
# HITHERFIELD HERALD

[www.hitherfield.co.uk](http://www.hitherfield.co.uk)

## CHALLENGING TIMES

I appreciate that everyone is finding this lockdown very challenging. Parents with children at home are juggling many different stresses of work and family life, so please do not worry if you are unable to do all the work on the virtual school. I do not want the virtual school to become an issue or a cause of arguments at home, when everyone is trying hard to cope with this lockdown.

If you can encourage your child to at least undertake one piece of work a day from the virtual school, this helps us to see that your child is okay. If this is too much, then try to get them to do some work 2 or 3 times a week. Again, this means we know that the children, and hopefully parents too, are doing okay. If your child is not engaging with the virtual school we will try to contact you, but the main reason for this is to check that you are okay and to offer help where we can. Please do contact us if you



need to talk to someone. The teachers are phoning again next week, so watch out for their calls.

The weather isn't helping at the moment, but do try and get outdoors as it really does help to relieve the stress and boost mental wellbeing. Letting the children run around Streatham Common, or another wide open place, will calm everyone down.

The Government has announced that schools will not reopen to all children until the 8th March at the earliest. I sincerely hope that it will be safe enough for Hitherfield to open then, as we all want the children back in school as soon as possible. I tend to hear the updates at the same time as everyone else in the country, but as soon as I have an update, I will share it with you.

**Take care. We love you all, so please do contact us if you need us.**

**Chris Ashley-Jones** Executive Headteacher

## MUM FOR LUNGS

### Hitherfield Primary School Street consultation

Mums for Lungs is a local grassroots organisation who are campaigning for clean air for all. As you are probably aware, Lambeth Council are consulting on this School Street until 2nd March 2021. School parents and staff, as well as local residents, are being encouraged to share their thoughts via this website: <https://lambethemergencyschoolstreets.commonplace.is/proposals/hitherfield-primary-school-and-childrens-centre>

Website: <https://www.mumsforlungs.org/>

Twitter: @MumsForLungs



## GOOD LUCK & THANK YOU

At the end of last term we said a fond farewell to Yvonne Morris who worked as a Senior Teaching Assistant at Hitherfield for over 20 years. In that time she had: established and supported our children's Eco Council; been pivotal in the development of our Edible Playground; organised the Spring Bulb competition and supported hundreds of children with their learning. Yvonne was a well liked and important part of the Hitherfield Team and we wish her, and her family, good luck for their move to Kent.



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## A reminder of our wellbeing workshop taking place on Wednesday 3rd February

Lucy Rix, one of our nursery mums is a local Physiotherapist, Acupuncturist & Pilates instructor and she has offered to run a holistic movement class ending with relaxation and breath work. She promises to make it fun and accessible to all!

The class will be at 7.45pm on Wednesday 3rd February on Zoom and you will only need a towel or a mat.

Please email [hitherfieldpta@gmail.com](mailto:hitherfieldpta@gmail.com) to register your interest and we'll send you a Zoom link on the night.

Don't worry you do not need to have any previous experience of yoga or pilates to join this class!! Let's undo those working from home postures, breathe out those Lockdown frustrations and have some fun trying some new exercises together. See you on the mat!



## Flowers Window Trail

Calling all creative window dressers!

We loved our Hitherfield Christmas Trail so much that we'd like to create a trail of spring flowers to brighten up your daily walks and spread some sunshine across the community.

To join in, you just need to draw, paint, make or colour some flowers and display them in your windows. If you email [hitherfieldpta@gmail.com](mailto:hitherfieldpta@gmail.com) by Tuesday 2 Feb to let us know you are taking part, we will put all your beautiful floral houses on a map and send you a copy later in the week so you can seek out the displays.

The PTA xx