

Keep Going Folks!

Well done everyone, we have made it through another week. Things are sounding more positive across the country, the days are beginning to get a little longer (I think we saw the sun a few times this week) and the 8th March is getting closer. The Prime Minister had previously stated that the 8th March would be the earliest date schools in England can return and, whilst I do not know anymore than the rest of the country, it feels like that things are heading in the right direction. I have been informed that we will receive an update from the Department For Education on 22nd February, so I hope that I will then know what the reopening of Hitherfield will look like. As soon as I know I will share the information with you.

Have a good weekend, try to spend time outside, take care.

Chris Ashley-Jones
Executive Headteacher

BREAKFAST BOXES

The breakfast box delivery is Wednesday 10th February 2021. Collection times are Wednesday 12pm to 2:30pm and Thursday 9:45am to 10:15am. If your child is in school, you can collect a box at the end of the school day.



SAVE the DATE
Safer Internet Day
2021 | Tuesday
9 February
www.saferinternetday.org
European Commission
ENHOPES
ins' to

Safer Internet Day

It is Safer Internet Day on Tuesday 9th February and the theme to this year's day is 'Exploring reliability in the online world'. This is a very important theme, as there is so much misinformation online and, like adults, children need to be able to identify what is reliable information and what isn't.

Across the virtual school next week each year group will be looking at some aspect of this theme.

HITHERFIELD HERALD

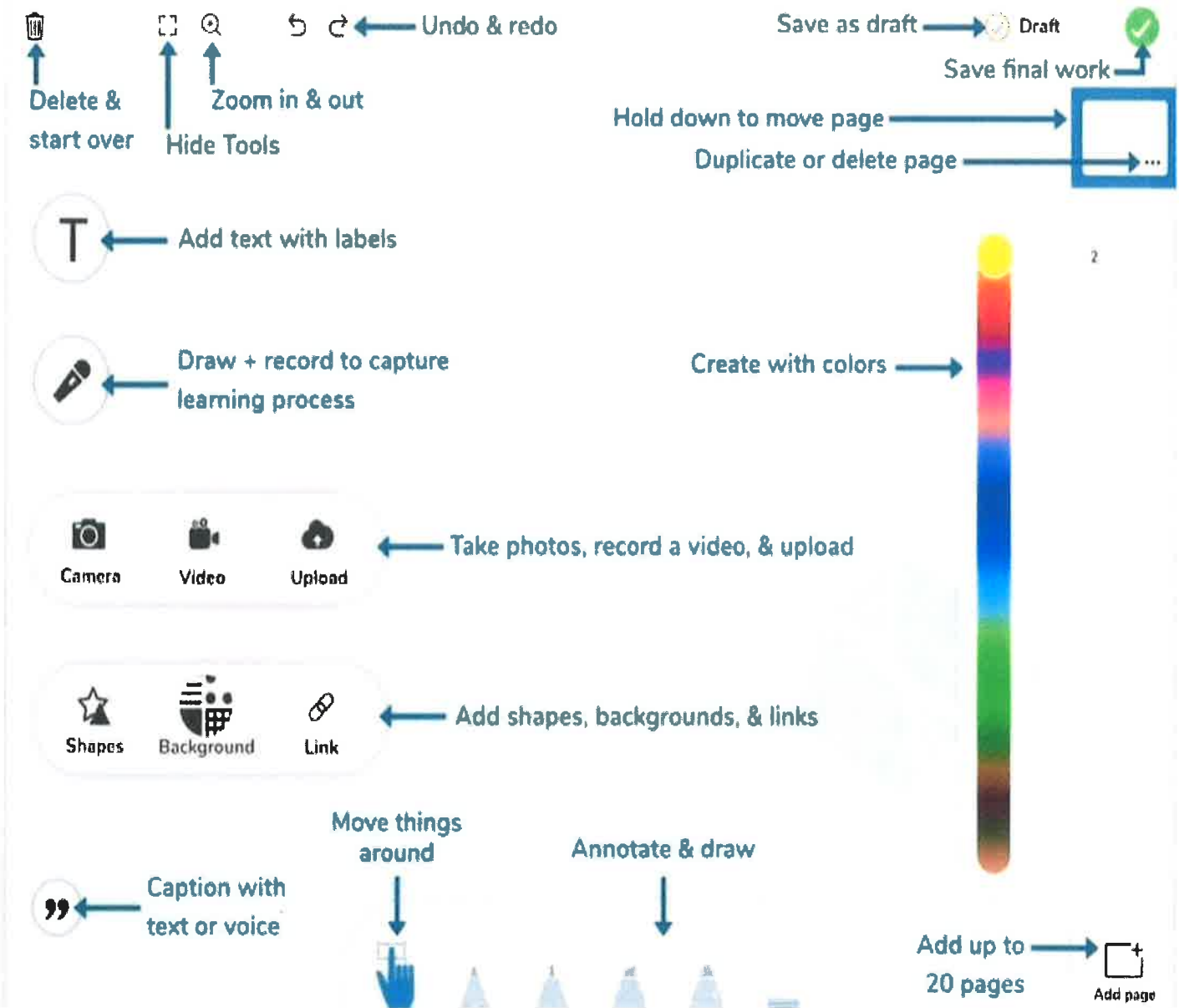
www.hitherfield.co.uk

Bonjour Hitherfield Virtual Schoolers...

We hope that you have been able to start enjoying the Oxford Reading Owls e-library this week and that you found the links to the videos about accessing our virtual platforms (Tapestry and Seesaw) useful.

Updates for this week are

Louise and Jo (who are our Computing leads) thought that you might want to see this to help you use the drawing function on Seesaw:





Some parents/carers have asked about contacting teachers when they have a quick question about an activity on Seesaw. Please use the notes section under the activity in your child's journal feed (where they would usually respond) to ask these. Teachers will receive these posts quickly and will either address the issue or pass it on to an SLT member who will contact you. If you have a general enquiry or a message for the teacher, please email the admin team 'For attention of' and they will make sure that the message gets through.



TAPESTRY
ONLINE LEARNING
JOURNAL

We would really appreciate it if parents/carers who are using Tapestry could 'like' the films and activities you are accessing. Don't forget to post videos of your children engaging in activities/play. The EYFS team love to see them.

Coming soon...

Next Tuesday, the 9th of February, is Safer Internet Day and the class teachers will be involving the children in activities that will support them to be safer online. We hope that they enjoy this day!

We are currently exploring the use of blogging on the Seesaw platform so that children will have a chance to communicate with each other about their work. The teachers are getting up to speed so that they are able to manage this function and will be rolling it out to the children as soon as they can.

Be aware online...

Children who access Tik Tok and other social media platforms may be asked/encouraged to give someone online their usernames and passwords for their school accounts. Please discuss this with them to make sure that they understand how important it is to keep these accounts secure.

We have had a police alert that there is an app currently in circulation called Cunch Line Chronicles. This is a copy of the message...

'In short, it is glorifying and normalising gang culture, county lines, drugs running, traphouses etc. A particularly disturbing review of the app stated 'This game gave me valuable advice on how to run a cunch line and now I own 7 cunch lines and I employ 12 year old runners'

It is being looked at by online safety groups but appears as it doesn't store data or connect people, it is not breaching any rules, so cannot be taken down.'

PLEASE BE AWARE OF AND USE PARENTAL CONTROLS AND HELP TO KEEP YOUR CHILDREN SAFE ONLINE.

As always, we wish you all the best in your efforts to teach your children at home and will continue to look for ways to make this easier for you... Bonne Chan

HITHERFIELD HERALD

www.hitherfield.co.uk

PTA NEWS:



Baking Workshop

We're really pleased to announce the second of our wellbeing workshops and this one's for the kids!

Rachel Dobson, chef in training, cake maker extraordinaire and mum of 2, has offered to run an online baking class for the children on Saturday 13th February at 2pm. We will be making a child friendly recipe so hopefully there won't be too much mess in your kitchens and you never know you might get a valentine's treat at the end of it! To take part please email hitherfieldpta@gmail.com or comment on our Facebook Page. We will supply a list of ingredients for you ahead of time.

PTA
Quiz Night



Quiz Night

The PTA is proud to present the 2nd annual Online Quiz Night on Thursday March 18th! The children's quiz will take place from 6.30-7.30pm and the adult's quiz will be from 8.30pm onwards. To take part please email hitherfieldpta@gmail.com or comment on our Facebook Page.

There will be no charge for these events but as ever we are raising funds to support the school so if anyone would like to donate, please click on our PayPal link.

<https://www.paypal.com/gb/fundraiser/charity/3180243>

Wellbeing

Movement Workshop

The Movement Workshop has been postponed until Wednesday 10th February due to illness, so there's still time to sign up if you'd like. Please email hitherfieldpta@gmail.com

we



Rose VOUCHERS for **fruit & veg**

Rose Vouchers support pregnant women and young families on low incomes to buy and eat more fruit and vegetables.

Ask at this Children's Centre to find out if YOU can get the vouchers and how they work.

Children's Centres Family Fun



January/February 2021 07 edition


Lambeth

giving
your child
a better
start

Happy New Year Everyone!!! After an extremely difficult and challenging year for us all, we've welcomed in a new year with yet more uncertainty. However, there now

seems to be a light at the end of the tunnel in the shape of a vaccine. Although we are now in Lockdown 3 and back to staying at home, home schooling and missing our families and friends again, one thing for sure that we should all agree on is that we are thankful to be here. Make sure to stay connected with friends and family by phone or video call - it's always nice to hear a friendly voice! Also, try and keep your mind active with interests and hobbies you can do at home. Exercise or discover a new podcast even? Make the most of this quality time with the kids, have fun and make memories.

Let's all continue supporting each other, being kind and thoughtful and exchanging smiles with anyone we see. Please all make sure to continue following guidelines to ensure we all stay safe - take care.





Diversity

In today's climate, we thought that we could take a moment to celebrate each other and especially one another's differences, to

promote diversity to our young children. There are so many

differences to think about and we want to encourage our future generations to embrace them.

Your hair is curly. Their hair is straight. His skin is brown. Her skin has freckles. You are tall. They are short. You sound different. Why do you speak differently to me? So let's remember, differences are what make us who we are and other people's differences can influence us in the most amazing ways.

In Lambeth alone, we have 347,573 people! Out of those thousands, 38% of people come from BAME backgrounds. This includes 12% Black Caribbean (2nd highest in UK) and 11.6% Black African (4th highest and growing). The borough is also believed to have the largest Portuguese population outside of Portugal. WOW! (or UAU! In Portuguese)

Over 74% of the school population in Lambeth, are from BAME backgrounds and over 130 different languages are spoken here. What amazing sounds our little ones must hear!

Brixton is at the heart of Lambeth and is a major town centre. It is one of the key African-Caribbean communities in London. In Brixton, black Caribbean residents represent 15% of the population, compared with 11% across the borough as a whole.

Stockwell (also known as Little Portugal) is home to what is thought to be one of Britain's largest Portuguese communities, many of whom originally come from Madeira. Many black African and east African people also live in the area. Population growth recently, has increased the diversity of Streatham. There is now a large Somali community in Streatham South and a Polish community in Streatham Vale. Streatham is also home to the largest concentration of Asian residents in the borough.

So potentially, Lambeth children are most fortunate in being able to access limitless opportunities. Why? Well for many reasons. Did you know that studies show, that as early as two years old, children notice racial, gender and other identity-based differences? The younger we start educating children on diversity, the better chance we have, as a society, in reducing biases that lead to disparities in health, education and the criminal justice system.

There are several other reasons why diversity education matters and how it can help with our children's development (as well as our own). Exposing children to diversity has the potential to produce a variety of cognitive benefits. This is because the introduction to new cultures often brings never-before-experienced challenges. Naturally, those challenges require solving. Therefore, our children become better equipped to solve problems throughout life, in general.

So, meeting a diverse range of individuals who are different, enhances problem-solving skills.

Chinese New Year

This year Chinese New Year starts on the 12 February and is celebrated for 15 days. Some people celebrate by eating delicious foods, watching fireworks, making dragon decorations and dressing up in new clothes, which are usually red. Red is a very special colour in Chinese culture because it is a symbol of good luck, happiness and prosperity. Some people give children little red envelopes with money inside to buy gifts, the same way how some children receive presents at Christmas! Even the colour of the Chinese flag is red! The Chinese zodiac features 12 animals and this year will be the year of the Ox. Children born under the Ox zodiac sign are said to be calm, patient and hardworking great news for any mums to be! Why not join in the celebrations by following our recipe for Delicious Chinese Stir Fry Noodles below or try making a fun Chinese dragon with your child? Follow the link for ideas activityvillage.co.uk/dragon-crafts

Speech and language tip of the month!

→ Use simple language

When your child is learning to talk, short and simple is the best way! Using simple language helps your child to link the words you use to the object or action you are talking about.

Make sure your sentences are short. If your child is not saying many words try to use 1-2 word phrases, for example, "more juice?" rather than "would you like more juice?".

Use a gesture or a sign to show your child what you mean. For instance, show your child their cup when asking if they want a drink e.g. "juice?" while pointing to their cup.

Repeat, repeat, repeat! Say words as much as possible to help your child remember them.

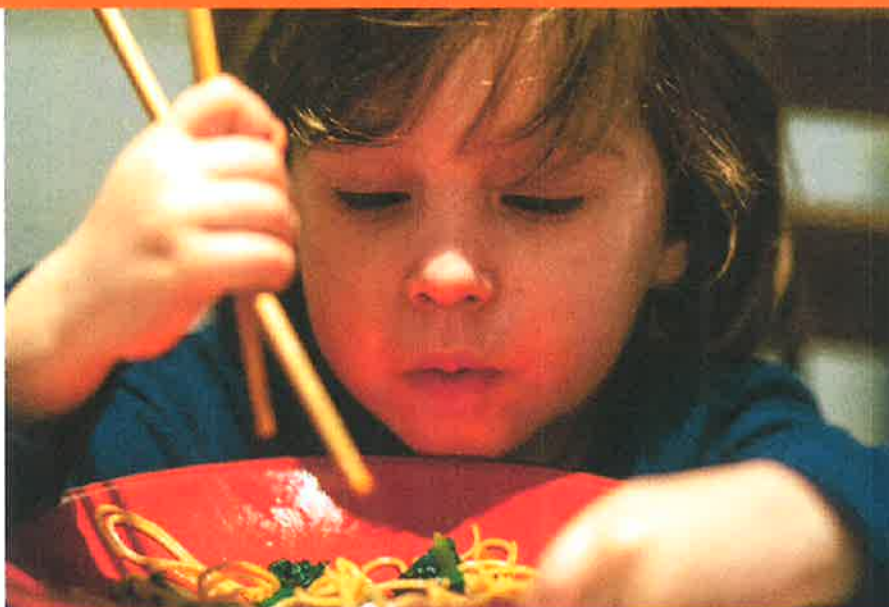
Keep it simple. Don't introduce too many words at once.

Support and Home Learning

If you are one of the millions of parents home schooling primary or secondary school aged children, and are struggling to provide the technology or internet connections for your child to take part in online learning, the BBC are offering daily curriculum based TV programmes. Every weekday from 9am on CBBC there will be 3 hours of primary school programming to support your child's home learning.

From 1pm Secondary students will have 2 hours of content to support the curriculum on BBC TWO.

For those that do have access to the internet you will find plenty of online learning resources at: bbc.co.uk/bitesize



Delicious Chinese Stir Fry Noodles

Ingredients

- 200g/7oz dried egg noodles
- 1 large carrot
- 2 spring onions
- 50g green beans, peas or mangetout (fresh or frozen)
- handful beansprouts, cabbage leaves, sliced pepper, broccoli florets or mushrooms (optional)
- 2 tsp vegetable or sunflower oil
- 1 garlic clove, finely chopped by an adult or crushed in a garlic press
- handful shredded cooked meat, prawns or tofu (optional)
- 100g honey or maple syrup
- Coconut oil/ olive oil/ sunflower oil for greasing

For the sauce

- 1 tbsp soy sauce (low-salt version if possible)
- 2 tsp honey
- 1 tsp tomato ketchup
- half a lemon, juice only

Method

1. Place the dried noodles in a heatproof bowl and add boiling water from the kettle. They will take approximately five minutes to cook and this is fun for children to watch but be careful of the hot water. When the noodles are cooked, drain them in a sieve and

rinse the noodles under cold water.

2. Peel and grate the carrot. This can be done by kids but be careful using graters and peelers as they can be very sharp. Kids can chop any other vegetables you want to include. Everything should be sliced thinly if possible.

3. Get the kids to mix together the soy, honey, ketchup and lemon juice in a small bowl. Have a taste – it should be tangy but sweet. You can add a little more of the ingredients as needed.

4. Heat a large frying pan or wok and add the oil. Add the garlic and stir fry for a few seconds, then add the grated carrots, spring onions and the beans or peas (either raw or from frozen) as well as any other raw veg or cooked meats you want to add.

5. Stir fry for two minutes on a high heat before adding the sauce and a splash of water. Taste (kids can do this). You may need extra honey, lemon or soy sauce.

6. Add the cooked noodles to the stir-fried ingredients along with the beansprouts if you are using them. Stir the chow mein for a couple of minutes over a high heat to finish the dish. Serve in a bowl – try using chopsticks!



We're here to help

Group based children's centre activities are suspended until further notice due to Covid-19. The new variant of Covid-19, the very high transmission rates and the high rates of infection at a local level mean that it is no longer possible for us to offer group based children's centre services such as small group stay and play and baby bounce sessions. Courses for adults such as ESOL and parenting will also not be delivered in children's centres at the moment. If you have registered for a course a member of the children's centre team or one of the course organisers will be in touch with you directly to discuss alternative options for you.

Health services such as ante and postnatal appointments and Health Review meetings for your baby or toddler will continue to be offered in children's centres by appointment. Other services such as support from a Better Start worker, Training and Employment advisor or the Citizen's Advice service will be available by phone or online.

You can access many singing, story and craft sessions as well as get lots of activity ideas online from Children Centre staff via the Lambeth website and we are also still providing Home Learning Activity packs for under 4's to support your child's learning whilst at home. Services such as Chattertime groups and breastfeeding support groups will continue to be available online.

Please contact your local Children's Centre. You can continue to get children's centre support by phoning **020 7926 2369** or completing this simple form: forms.lambeth.gov.uk/request-better-start-services-and-support/launch. A member of the children's centre team will contact you on the next working day.

Information on Lambeth children's centre delivery can be found at lambeth.gov.uk/childrenscentres