

HITHERFIELD HERALD

www.hitherfield.co.uk



Nearly There!

Well done everyone for surviving the last 9 weeks and not long to go now before everyone returns to school. Please ensure that you have read the letters I sent by email this week, so that you know when and where to drop off and collect your children. Please remember that if you are coming onto the school site or up to the school gates you will need to wear a mask unless you are exempt. Parents and carers are only permitted on site to drop off and collect their children in certain year groups. If you need to contact the school please speak to a senior staff member at the school gates or, better still telephone or email the school admin@hitherfield.co.uk or 02087698428.

Our updated Risk Assessment and Specific Guidance Documents are on the school website if you wish to read them in full www.hitherfield.co.uk

Everyone in school is very excited (almost too excited) to be welcoming you all back and I personally cannot wait to see you all again.

Chris Ashley-Jones



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Dear Children,

It's going to be great to have you all coming back on Monday. I know that many of you will be wondering what it's going to be like so here's a little taster...

There are going to be a few changes to routines and Mr. Ashley-Jones has sent a letter to your grown-ups to let them know about these so make sure that you ask your grown-ups to explain these to you. The main thing for all of us is that it's going to be really important to get to school on time so make sure that you get everything you need ready the night before and be quick getting dressed and eating your breakfast in the morning!

Lots of you might be feeling a bit scared about coming back to school and we want to let you know that we understand this. We will all be helping to keep you as safe as we can and you are already really good at following our rules about this. Your teachers will be giving you a reminder of these when you get back so don't worry if you've forgotten some of them!

Some of you are also a bit worried that you haven't been learning as much as you would have done at school and we understand this as well. Even if you've missed out on some of the things you would have normally learned, your bodies have been growing all this time and that means your brain has too! Your teachers are preparing to make sure that you catch up on all of the things you have missed out on and we're sure that you are going to be able to learn even faster because you have grown up a bit whilst you've been away!

The most important thing though, is that we want to make sure that you feel good about coming back to school and have the chance to be with your friends again. All of the adults at school will be working hard in every way that they can to make sure that you feel happy, comfortable and safe with us. We've missed you all so much and can't wait until you are all back with us at school.

Jacinta



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Have your say on the special educational needs, disabilities (SEND) and inclusion Strategy 2021 to 2024

Lambeth need your views on the special educational needs, disabilities (SEND) & Inclusion Strategy. This outlines how they plan to further develop the SEND and Inclusion offer in Lambeth over the next three years. The consultation runs from 22 February 2021 to 2 April 2021. Please share your views with us by completing the online survey below.

<https://beta.lambeth.gov.uk/consultations/have-your-say-special-educational-needs-disabilities-send-inclusion-strategy-2021-2024>



Asymptomatic Testing for Parents in Households with Children at School

NHS Test and Trace announced earlier this week, that all adults in households with school and college age children without symptoms can now access regular rapid coronavirus (COVID-19) testing. Test kits can either be collected or ordered online. Undertaking regular, rapid coronavirus (COVID-19) testing helps reduce transmission of the virus. Parents and other adults in households with children at school or college, who do not have symptoms, can now access regular, rapid coronavirus (COVID-19) testing. This includes childcare and support bubbles. Tests are fast, easy and completely free. There are [different ways](#) for a household to collect their test to take at home, twice-weekly:

- › through your employer, if they offer testing to employees
- › by collecting a home test kit from a local test site – anyone aged 18 or over can collect 2 packs of 7 tests [Find your nearest home test kit collection point](#)
- › by ordering a home test kit online – please do not order online if you can access testing through other routes, this frees up home delivery for those who need it most. [Order rapid lateral flow home test kits](#)

If you have any queries about the tests, and you live in England, please call 119 (free from mobiles and landlines). Lines are open every day from 7am to 11pm. Children of primary school age (and below) without symptoms are not being asked to take a test.

Testing is voluntary, but strongly recommended to all who are eligible. Alongside the vaccine, washing hands, wearing face coverings, and maintaining social distancing, rapid testing plays a vital role in reducing transmission rates. Getting into the habit of regular testing as part of our everyday lives will help us all to play our part and do what we can to protect each other.

Digital Inclusion Fund Crowdfunder

The Lambeth Digital Inclusion Fund [Crowdfunder](#) has launched to raise money for the thousands of children and families in Lambeth who don't have sufficient access to a computer and the internet. The Crowdfunder is a partnership between Lambeth Council, Impact on Urban Health, and the Lambeth Digital Inclusion Network. The appeal aims to raise at least £100,000 from donations from Lambeth residents, businesses, and supporters to combat digital poverty in the borough, the first £50,000 of which will be generously match funded by [Impact on Urban Health](#). The money raised will go towards providing computers and Wi-Fi connectivity to children and young people who don't have what they need to learn and stay connected. You can read more at [Love Lambeth](#) and [donate to the Crowdfunder](#), and spread the word on [Twitter](#).

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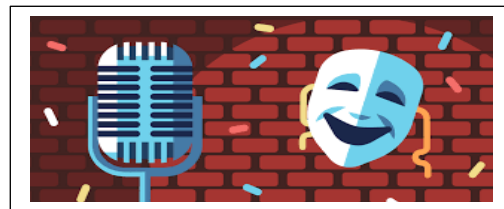
PTA NEWS:

QUIZ:

Online tickets are being snapped up for the Children & Adults quizzes that are taking place on Thursday March 18th. Please do email us or comment on our Facebook Page to secure your place. It's a fun, light hearted evening that (hopefully) won't be too competitive!

UPCOMING COMEDY NIGHT:

Stay tuned for our first ever Comedy Night! Keep checking the Herald and our Facebook page for details.



PRE-LOVED UNIFORM:

We have lots of pre-loved uniform available if your little ones are not so little anymore! We have jumpers and cardigans in all sizes, summer dresses and shorts in most sizes, especially 5-6, 6-7 and some in older sizes such as 11-12 & 12-13. Please email hitherfieldpta@gmail.com with requests.

WELLBEING WORKSHOPS:

The last week has seen us getting tips from our wellbeing experts on getting the children moving around and trying to find peace of mind as adults! A huge thank-you to Lucy Rix and Maren Enkleman for giving up their time and knowledge to help keep us fit and sane.



Here are some of the wonderful window flower trail artworks from our families!



MARCH 2021

PRESSING RESET

& STRENGTHENING YOUR RELATIONSHIP



P.A.C.E. (Dan Hughes)

Playful: Create an atmosphere of lightness and interest when you interact

Accepting: Validate the wishes, feelings, thoughts, urges, motives and perceptions underneath behaviour

Curious: Seek to understand and get to know them

Empathetic: Felt and expressed compassion for their experience

Let's Reflect!

How has your relationship been with your child during lockdown? Has Virtual School and juggling home life put a strain on your relationship?

On Monday your child(ren) will be returning to school full-time. After 50 days (for some of you) of taking on the role given to you by the Government as a member of the 'extended teaching team', your temporary contract will finally draw to an end!



Kids spell love T-I-M-E

As well as relearning your daily routines and hopefully squeezing in some 'you time', take a moment to reflect on how you can strengthen your Parent-Child Connection. The pressures of Virtual School as well as living in a pandemic are likely to have put a strain on your relationship(s), and strengthening this connection is very important for supporting your child's growth and development.

- **Time** - Set time aside (without screens/interruptions) to be together. Let your child choose what they'd like to do. Create a name for this special time together: 'Mummy/Daddy and X Time'.
- **Be playful** - Create your own hand shake, build a den, tell them stories from when you were a child, dance together, sing, do 'invisible face painting' using pom poms/cotton wool balls or play board games.

**"THE WAY WE
SPEAK TO OUR
CHILDREN
BECOMES THEIR
INNER VOICE"
- PEGGY O'MARA**

- **Emotions** - Name, validate and allow emotions, including your own ("We sometimes feel nervous"). Allow the safe expression of these emotions ("I'm here for you to let it out")
- **Grace** - Things are going to be off kilter for a little while. Give them grace and time. We call this "high support and high challenge". We still expect high standards but we will be there to support too. Be as patient as you can. This is a big change for us all.