

HITHERFIELD HERALD

www.hitherfield.co.uk

World of Work (WoW) week will be running from Monday 24th May 2021. The aim of WoW week is to expose the children to a range of possible careers and raise their aspirations.

Year 2 are learning about jobs in theatre and film and unfortunately do not yet have a professional from the industry to visit them.

The visit can consist of:

- A talk about what you have done in your career and the path that got you there
- Time for the children to ask you questions about your job
- A practical activity planned by you to give the children an insight into your field of work.

If you, or someone you know, would be able to volunteer a day during the week to run a workshop to teach the children more about jobs in theatre and film, please contact Alicia (Year 6 class teacher, WoW organiser)

at admin@hitherfield.co.uk



No Changes.....yet!

I am pleased to report that we are still not aware of any child or staff member who has tested positive for Covid 19 since we welcomed all children back to school on 8th March. At this stage, I am planning to keep all the risk assessments and guidance documents we currently have in place until half term. I do expect to make some changes after half term and again from the 21st June.

Leigham Vale Traffic

Anyone using Leigham Vale will have noticed that the traffic is now very heavy for most of the day and especially at the start and end of the school day. This is in part down to the creation of many Low Traffic Neighbourhoods (LTNs) across the borough. If parents and carers are able to leave their cars at home, or park well away from the school, it would really help keep our children safer. Thank you.



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Comedy Night - Wednesday 12th May 9pm

Tickets are selling fast for our Comedy Night next Wednesday, comment here or email hitherfieldpta@gmail.com to get yours!

PTA MEETING - TUESDAY 11TH MAY 8PM

We've got a Summer Fair to plan!!!

Come along to a virtual PTA meeting on Tuesday 11th May at 8pm and help us plan this year's Summer Fair - aka our re-entrance into society!!

We'll need to decide on which stalls to run and some volunteers to run the stalls and help set up on the day. Comment here and I'll send you a zoom link to join us.

If you can't make it but are still able to help on the day (Saturday 26th June) please let me know here or email hitherfieldpta@gmail.com.

We have been busy helping to promote the new National Children's Carnival Week. It will be taking place during the week of the 12th to 18th of July. We are looking forward to finding out more about it...but in the meantime, here's a picture!



And here's what the children thought:

"I felt really shy at first but when I put the costumes on, I wanted to dance even more!"

"I liked the music and the costumes because they were so colourful."

"I liked the dressing up, though the headpieces were quite heavy!"

"It was fun; I enjoyed looking at the headpieces and trying them on. I looked fantastic!"

"The dancing, the costumes and the music made me really excited and happy."

Missing Bike!

Please look out for a small silver bike with blue writing saying Doors Blowfish. It also has chunky wheels. Please contact the office if you have seen it.

DATES FOR DIARY

Wednesday 12th May – PTA Virtual Comedy Night via Zoom

Thursday 27th May - Parents Evening (by telephone)

Monday 21st June - EYFS Sports Day Morning

Wednesday 23rd June - Years 4 to 6 Sports' Day

Friday 25th June - Years 1 to 3 Sports Day

Saturday 26th June - Summer fair

Friday 9th July - Year 6 overnight camping on school site with activities the following day

Tuesday 13th July - Annual Reports go home

Thursday 15th July - Year 6 Concert

Wednesday 21st July - Year 6 party

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Here are some of the photographs of our Year 5's World War II Day!

Year 5's World War II Day Assembly will be on Seesaw on Monday for parents to watch!

Primary school 'ParentLine'

ParentLine is a messaging service for parents and carers of school aged children in Lambeth and Southwark. Parents and carers can message a school nurse to get confidential advice about their child's health related issues. School nurses work during school holiday periods, so you can get in touch then too. Find out more about the service and confidentiality on the Evelina London website.

The ParentLine number is **07520 631 130**. This is a text number only and cannot receive phone calls.

I'm sure we'll all agree, the Autumn and Spring term flew by and the Summer term is heading the same way. At Hitherfield, we are working hard to deliver a deeply inclusive curriculum, one that seeks to address some of the inequities that exist in society to include those of class and race.

Here's what's been happening so far in response to the Black Lives Matter movement and the creation of our Inclusive and Anti-Racist Curriculum Working Party .

We have made changes to our Autumn curriculum to include welcoming leading activist Claudia Jones to Year 4 and, in Year 5, introducing many of the Freedom fighters that fought for justice during the transatlantic slave trade to include the infamous, Nanny Maroon.

In the Spring term, we have revised our Tanzania unit looking at how we might deliver an accurate and contemporary portrayal of this deeply interesting country and how we might continue to explore the long standing links between Hitherfield and Mlimani primary school in the heart of Tanzania's capital, Dodoma.



This Spring term, we've made efforts to ensure Hitherfield children receive a curriculum that correctly reflects Britain's multi-racial past. Amongst other things, this has included, in Year 2, learning about the African Roman Army who defended a fort along Hadrian's wall as well as the discovery of the remains of who is now called, 'The Ivory Bangle Lady', a mixed race Roman of high status. In Year 3, learning has included some of Britain's Black Tudors such as John Blanke, a trumpeter of Henry 8th's royal court; and in year 4, some of the figures of Multicultural Victorian London to include circus

owner Pablo Fanque. Year 5 and 6, have continued to celebrate the diverse and wider contributions of Black and Brown individuals to Britain's more recent past to include the voices of Caribbean and soldiers who fought for Britain in WW2.

For the last term of the year, we have a new and exciting topic on migration. Here, children will learn migration is and how Britain and the world has been continues to be shaped by it. At a glance, it will look like Reception: Celebrating the diversity of physical differences found in our classroom.

Year 1: Celebrating family identity and the many forms which it comes to include family histories.

Year 2: Examining the local area looking at the rich and positive influence of migration on our high streets/local area.

Year 3: Exploring emigration and identifying this as an important part of British and global identity.

Year 4: Learning about empire and commonwealth examining how patterns of migration were influenced by this and what gains have been made as a result.

Year 5: Exploring why people migrate to include forced and migration through choice.

Year 6: Examining the history of human migration and developing an understanding of how migration has always been part of the human story.



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We'd love to get the wider Hitherfield community involved in everything we do and especially in our new migration unit. Here's some ways you could get involved:

Would you like to share a hair care routine? This might include looking at the tradition of cornrows and giving a demonstration. Perhaps you're a barber.

Are you a local shop/business owner or know someone who is and would be interested in sharing a little about their business with Year 2.

Perhaps you'd like to come and share your family's traditional dress or maybe a favourite family dish with Year 1.

Maybe you have a migration story of your own or of your family that could contribute to the Year 1 or Year 5 learning experience.

If any of the above, or anything else mentioned, sounds like something you'd like to be involved with, we'd love to hear from you. There is nothing more valuable to children's learning than learning through the people around them.

If you're interested in being involved, please contact me through the school email admin@hitherfield.co.uk

Look out for more opportunities to get involved coming soon.

Clare Christie



Hitherfield's new lunch menu

WEEK COMMENCING: 19 Apr / 10 May / 21 Jun / 12 Jul / 30 Aug / 20 Sep / 11 Oct					
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken & Pasta in Creamy Sauce	Beef Hotpot with Garlic Bread	Roast Chicken Breast with Roast Potatoes & Gravy	Meat Feast Pizza	Fish Fingers & Chips
	Mozzarella & Tomato Puff Squares with Boiled Potatoes	Roast Vegetable Calzone	Cheese & Tomato Pasta Bake	Margherita Pizza	Spicy Bean Burger in a Bun with Chips
	Spinach & Lentil Dahl with Rice	Chickpea & Mixed Vegetable Spicy Rice	Roasted Vegetarian Strips with Gravy & Roast Potatoes	Jacket Potato with Vegetable Chilli	Mexican Rice Wrap
	Sweetcorn & Broccoli	Peas & Cauliflower	Carrots & Green Beans	Roasted Mediterranean Vegetables & Sweetcorn	Peas & Baked Beans
	Yoghurt or Fruit Platter	Yoghurt Bar	Oaty Apple & Berry Crumble with Custard	Yoghurt or Fruit Platter	Fresh Fruit Salad
WEEK COMMENCING: 26 Apr / 17 May / 07 Jun / 28 Jun / 19 Jul / 06 Sep / 27 Sep / 18 Oct					
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Honey & Ginger Vegetable Strips Stir Fry with Noodles	Kheema Beef Curry with Rice	Roast Turkey with Gravy & Roast Potatoes	Thai Red Chicken Curry with Rice	Battered Pollock & Chips with Tartare Sauce
	Quorn Paella	Vegetable Lasagne	Macaroni Cheese	Roasted Vegetable Pizza	Quorn Frankfurter Hot Dog with Chips
	Jacket Potato with Ratatouille	'Chicken' Style Piri Piri Strips Wrap	Butterbean & Vegetable Pattie with Roast Potatoes	Chickpea & Mixed Vegetable Balti with Rice	Mixed Vegetable & Butter Bean Ragu with New Potatoes
	Carrots & Vegetable Medley	Green Beans & Cauliflower	Carrots & Green Cabbage	Sweetcorn & Broccoli	Peas & Baked Beans
	Yoghurt or Fruit Platter	Yoghurt Bar	Pear & Mixed Berry Pie with Custard	Yoghurt or Fruit Platter	Fresh Fruit Salad
WEEK COMMENCING: 03 May / 24 May / 14 Jun / 05 Jul / 13 Sep / 04 Oct					
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Beef Spaghetti Bolognese	Chicken Sausage with Mashed Potato & Gravy	Roast Beef with Gravy & Roast Potatoes	Jerk Chicken & Rice Burrito	Breaded Pollock & Chips
	Tuna Mayonnaise Wrap	Quorn Sausage with Mashed Potato & Gravy	Quorn Roast with Gravy & Roast Potatoes	Red Onion & Sweetcorn Pizza	Cheese & Broccoli Quiche with Chips
	Butterbean & Vegetable Tagine with Couscous	Jacket Potato with Vegetable & Lentil Bolognese	Goan Vegetable Curry with Rice	Vegetable Hotpot	Jacket Potato with Salmon Mayonnaise
	Carrots & Green Beans	Green Cabbage & Cauliflower	Carrots & Broccoli	Sweetcorn & Roasted Mediterranean Vegetables	Peas & Baked Beans
	Yoghurt or Fruit Platter	Yoghurt Bar	Apple & Banana Cake with Custard	Yoghurt or Fruit Platter	Fresh Fruit Salad

KEY

- Vegetarian
- Plant Based Vegan Friendly
- Sustainably Caught Fish
- Halal Option Available
- Free Range

DID YOU KNOW?

OR

All our Milk, Flour, Yoghurt Pots, Pasta & Bread is Organic

60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

The basic toolkit:

- **Containers** (small and lidded for dips, leftovers and more)
- **Cutlery** (if needed)
- **Thermos** (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- **Bamboo kebab sticks** (optional, but helpful for making veggies more fun)

Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.

#LunchboxHacks

@VegPowerUK



For recipes, tips and free downloads visit: vegpowers.org.uk

kids fruit

5 easy #LunchboxHacks to add more veg in 60 seconds or less:

1. The Salad-on-a-Stick

Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.

My Favourite veg was:

2. The Lunch Crunch

1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.

I ate this many carrots:

3. The Sandwich Slice

Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.

I ate this much cucumber:

4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.

My Favourite veg was:

5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

This week my rating is:

For recipes, tips and free downloads visit: vegpowers.org.uk



Lambeth
SEND
LOCAL OFFER

Children with Disabilities ONLINE DROP-IN

**FIRST
TUESDAY
of
EVERY MONTH
11am-12:30pm**

Book a 15 minute online session to talk with representatives from the Lambeth Children with Disabilities Team about any social care or short break queries you have. The sessions must be booked in advance, and are available via Microsoft Teams.

To book a session, or ask a question about these sessions, please email CWDTeam@lambeth.gov.uk with your preferred contact number, or email, and we will contact you with your booking information.

For more information, visit
lambeth.gov.uk/localoffer


Lambeth

Free Trial Session and £40 discount at Perform

Popular children's drama and dance school Perform is offering a Free Trial Session and a **special introductory discount of £40 for members of Hitherfield Primary School** if they sign up by Wednesday 22nd September. Parents should quote HITU220921 when they book their free session by going to perform.org.uk/try or calling 020 7255 9120.

You can find out more about the classes at perform.org.uk/try. Alternatively, pdf flyers can be downloaded from [here](#).

The nearest classes to Hitherfield Primary School are as follows (please click for a map and further details):

Perform Streatham (Drama for 4-7s)
(0.7 miles)
Saturdays at 9.30am (Opens September 2021)

Bishop Thomas Grant School
Belltrees Grove,
SW16 2HY

Perform SW16 (Drama for 7-12s)
(0.7 miles)
Saturdays at 11.15am (Opens September 2021)

Bishop Thomas Grant School
Belltrees Grove,
SW16 2HY

Perform SW2 (Drama for 4-7s)
(1.3 miles)
Mondays at 4pm

St Thomas' Church
Telford Avenue,
SW2 4XW

Perform SW2 (Drama for 7-12s)
(1.3 miles)
Mondays at 5.05pm

St Thomas' Church
Telford Avenue,
SW2 4XW

Perform Herne Hill (Drama for 4-7s)
(1.3 miles)
Tuesdays at 4pm

Kids London Studio
Kids London Ltd.,
SE24 0NJ

There are others too. Click to find all the nearest [here](#) or view a list of [all areas](#).



10% Early Bird
Code: EBMay21*

Holiday Camps

Running at our venue this Half Term



HALF TERM INCLUDES:



SUPER SPORTS



ARTS & CRAFTS



FIT FACTOR



ACTIVITY CHALLENGES



DAILY WELLBEING
WARRIOR ACTIVITIES



ADVENTURES IN
WONDERLAND THEME



✓ CHILDCARE VOUCHERS ACCEPTED ✓ DAY PASSES AVAILABLE
✓ EARLY BIRD DISCOUNT AVAILABLE ✓ FLEXIBLE PAYMENT OPTIONS

www.fitforsport.co.uk | 020 8742 4990



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@FitForSport

*Limited time and redemptions available



Half Term Holidays

This half term, Fit For Sport promises to deliver an explosion of fun and activity! Our jam-packed program leads children on an active adventure that delivers a range of pulse raising multi-sports and physical activity that will get them off their feet this half term. Our engaging half term program will include lots of activity, new games, screen free time, wellbeing games and much more! The half term will also see the introduction of our new holiday theme - Adventures in Wonderland, that will take your child on a spellbinding journey as they conquer the Mad Hatter events to become King or Queen of the fantastical world.

As the UK's trusted holiday camp providers throughout the pandemic - Fit For Sport are committed to getting #every-childactive, leading to enhanced child self-esteem and well-being by empowering children through multi-sports and activity. Don't let your child miss out on a jam-packed half term to remember!



The trusted holiday care provider during the COVID-19 pandemic

What our Children Enjoy...

Enhanced wellbeing with fun activities that help reduce stress & anxiety

Building confidence through learning new skills

Fun & energising sports & team games outside of the everyday home & school environment

Social Interaction with friends in a safe space

Keeping active with a range of fun activity options

Book using your Early Bird code: EBMay21 - Limited codes available

Book now

*Club dates and prices vary please visit our website for individual club details

fitforsport.co.uk
020 8742 4990