What's on the menu?

HARRISO food with thou

MONDAY

VEDNESDA

Mexican Style Beef Wrap

THURSDA FRIDA

WEEK ONE

WEEK

TWO

Margherita Pizza or Mediterranean Roast Vegetable Pizza Wheat, Milk with a Garlic & Sweet Pepper Pasta Side (Wholemeal / White Mix)

Jacket Potato with Baked Beans & Veggie Balls

Broccoli / Sweetcorn Strawberry Ice Cream

with Apple & Berry Compote

Macaroni Cheese Wheat Milk with a Winter Style Salad

Sweet Potato Stir served with Rice (Wholegrain/White Mix)

Vegetable Medley

Wholemeal Carrot Cake Wheat, Egg with Custard Milk

Red Pesto Style Pasta (Wholemeal / White Mix) served with Smoky Oven Roast Potato Wedges

Rainbow Ribbon Pasta (Wholemeal / White Mix) with a Mixed Leaf Salad

Piri Piri Style Chicken

Green Beans / Carrots with Lemon & Thyme

Wholemeal Shortbread

Curried Chana Chicken

served with Pilau Rice

(Wholegrain / White Mix)

Sweetcorn / Garlic Greens

with Pineapple Compote

Vanilla Ice Cream

Cheddar Cheese & Leek Pinwheel

served with Seasoned Potato Wedges

or Lemon Gram Flour Shortbread Both served with Fruit Wedges

served with a Vegetable Rice (Wholegrain / White Mix) Carrot & Leek Sausages

with a Smoky BBQ Style Relish served with Parsley Potatoes

Sweetcorn with Chives / Savoy Cabbage

Cinnamon & Cocoa Traybake Wheat, Egg, Milk

Jacket Potato with Baked Beans & Cheese

Pasta Primavera

with a Tomato & Basil Breadstick (Wholemeal / White Mix) Wheat, Soybeans

Broccoli / Glazed Carrots

Marbled Sponge Wheat, Egg, Milk with Chocolate Sauce

Chicken, Spinach & Cheese Pasta Bake (Wholemeal / White Mix)

Chinese Style Vegetarian Stir Fry served with Noodles Wheat Foo or Rice (Wholegrain/White Mix)

Broccoli / Carrots

Orange Sponge Wheat, Egg, Milk with Custard Milk

Chicken Sausage Roll Wheat, Sulphites served with Mashed Potatoes

Vegetable Jollof Rice

Oven Roasted Courgettes / Sweetcorn

Berry Swirl Sponge Wheat, Egg, Milk with Custard

Battered Fish Fillet Wheat, Fish

served with Tomato Sauce & Chips or New Potatoes

Cajun Style Sweet Potato Fritter served with a Pineapple Relish & Chips or New Potatoes

Peas / Baked Beans

Chocolate Sponge Wheat, Egg, Milk with Chocolate Sauce

Battered Fish Fillet Wheat, Fish or Salmon Fishcake Wheat, Fish

Both served with Tomato Sauce & Chips or New Potatoes

Falafel Bites served with a Sweet Chilli Dip & Chips or New Potatoes

Peas / Raked Reans

Chocolate Shortbread

or Orange Spiced Gram Flour Shortbread Both served with Fruit Wedges

WEEK

THREE

with a Ribbon Salad Jacket Potato with Cheese & Coleslaw Egg, Milk, Mustard

Steamed Jam Sponge

Wheat, Egg, Milk

with Custard

Roasted Butternut Squash / Peas

BBQ Style Chicken Wrap Wheat Sulphites served with a Tomato & Herb Rice (Wholegrain / White Mix) & a Crunchy Chopped Salad

Vegetarian Cottage Pie

Roasted Courgettes / Sweetcorn

Ice Cream

served with Spiced Apple Compote

Margherita Pizza Wheat, Mill

or Beef & Mushroom Pizza Wheat, Milk with Seasoned Oven Roast Potato Wedges

Indian Style Vegetable Biriyani (Wholegrain / White Mix)

Vegetable Medley

Orange Traybake with Chocolate Drizzle Wheat, Egg, Milk

Minced Beef & Vegetables served with a Puff Pastry Top

& Parsley Potatoes

Tomato & Basil Pasta (Wholemeal / White Mix) Whea

served with Cheese

Carrots / Savoy Cabbage

Lemon Traybake Wheat, Egg, Milk

Chicken Sausages served with Tomato Sauce & Chips or New Potatoes

Tikka Style Chickpea & Potato Cakes served with a Apple & Mint Chutney & Chips or New Potatoes

Peas / Baked Beans

Wholemeal Lemon Shortbread

or Cinnamon & Chocolate Gram Flour Shortbread Both served with Fruit Wedges

Available daily

Please ask the catering manager for food allergen information

WEEK ONE

w/c 1st Sept, 22nd Sept, 13th Oct, 10th Nov, 1st Dec, 5th Jan, 26th Jan

WEEK TWO

W/C 8th Sept, 29th Sept, 20th Oct, 17th Nov, 8th Dec, 12th Jan, 2nd Feb Menu Items Available Daily: Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

WEEK THREE

W/C 15th Sept, 6th Oct, 3rd Nov, 24th Nov, 15th Dec, 19th Jan, 9th Feb



Please see page 2 regarding allergen information provided on the menu.



Harrison Catering Services

HARRISON food with thought

Hitherfield Primary School

About Your Catering Service

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry.

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: https://www.harrisoncatering.co.uk/food-allergies-food-intolerances.

Talented Catering Team

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well[®] training programme.

Universal Infant Free School Meals (UIFSM) Key Stage 1

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

Free School Meal for Key Stage 2

The Mayor of London's initiative continues to offer a free school meal to all pupils in Key Stage 2, regardless of income.

We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit www.harrisoncatering.co.uk

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.





Look out for monthly featured ingredients.

