Welcome Back!



Streatham & Norwood Better Start Area Newsletter

In this issue:

- Summer 2021Timetable
- What's On
- Mosaic At Bentons Lane
- Meet The Team
- Children's Centre Contact Details

Hello Everyone,

Welcome to our new newsletter. Here you will find information on our forthcoming services, groups and activities. We will also update you on what is happening in Streatham and Norwood Children's Centres. We are very pleased that we can offer a new timetable of activities and services to you and your family.

We hope that you have all managed to stay safe and well during this time. Although some of the COVID restrictions have eased we are mindful that the pandemic continues and staying safe is a priority for us all. While we are very excited to be working face to face with families again, it has been necessary to adjust the way in which we deliver our services to promote the safety and wellbeing of all Children's Centre Users and Staff.

Sessions can be accessed by invitation or must be booked in advance and will accommodate up to 8 families at a time, depending on the nature of the activity. Please call the day before the session you would like to book on to between 10am-3pm Monday-Thursday and 10am-1pm Friday. The Children's Centre Staff Team will support you to access our services and activities and promote a safe and welcoming environment maintaining social distancing and hygiene procedures while you are with us on site.





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This will include having your temperature taken before signing in, using hand sanitiser/hand washing and wearing a face covering indoors for the duration of the session, unless you are exempt. You will not be required to wear a mask when using the outdoor space with your children. We do ask that you maintain social distancing as much as possible. Children or adults who appear to have symptoms of Coronavirus will be advised to leave the

setting and seek immediate medical advice and attention.

It will be lovely to see you and your babies (0-18months) at our Baby Explorers Groups. Our Song and Story Time and Stay and Play sessions are suitable for families with children under 4 years. The restrictions in place will mean that there may be a waiting list to access some sessions and we would like to thank you in advance for your patience, cooperation and support in this.

Some of our services such as Citizen's Advice Appointments will still be available virtually, either online or via telephone. We are pleased to welcome the return of Hubert Humphrey as he delivers Employment and Training Support on site. Chat and Play meetings with a Better Start Worker will also be available onsite if you would like advice and support or wish to discuss a specific issue in confidence. If you would like to access any of these services please call the centre and speak to one of our administrators who will be pleased to make an appointment for you.





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We have a new ESOL course available this term, facilitated by High Trees Community Development Trust. There is a crèche, but places will be limited, so please book early to avoid disappointment. Please call to speak with one of the administrators at either Bentons Lane Children's Centre (020 4542 3520), Hitherfield Children's Centre (0208 835 9569) or High Trees (0208 671 3132 | 07930 602 175) for more information.

You will find more details about the rest of our groups, courses and activities at the end of this newsletter. If you do not see what you are looking for please call one of our main sites and speak to a member of the Administration Team who will help you. We will continue to stay abreast of any changes in the Government guidance and make the necessary adjustments to our service delivery and practice moving forward.

We look forward to seeing you and your family back in the Children's Centre very soon.

Phyllis Hayden, Children's Centre Manager, Hitherfield Children's Centre 020 8835 9569







Streatham & Norwood Google Drive

Please see below the link to the Streatham & Norwood Better Start Area Google Drive, with free activities, information and resources to access from home. We hope you will find it useful.







What's On!

Streatham & Norwood Better Start Area Newsletter

Streatham Area Weekly Timetable Summer 2021

tham Virtual Session - e or by phone	Monday am	Tuesday am	Wednesday am	Thursday am	Friday am
	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394 724 599 to book	Virtual Breastfeeding Support Group 11.00-12.00 Cal 07394 724 599 to book	Tennis Coaching at Hilkide Gardens 9.30-11.30 By appointment only Call 020 8835 9569	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394 724 599 to book	Virtual Breastfeeding Support Group 11.00-12.00 Cal 07394 724 599 to book
Id Children's Centre eld Rd, 2LW 135 9569	Citizen's Advice Appointments 10.00-1.00 Call 020 8835 9669 to book	Online Chattertime Live! 10.30 facebook.com/ EveinaLondonSLT/	Activity Pack Distribution By invitation only Call 020 4548 2561 for information	Being a Parent 09.30-11.30 Starts 29 April Visit lambeth.gov.uk/ BeingAParent to book	Small Group Stay and Play 0-4 years 9,30-11.00 Cal 020 4548 2561 to book
treatham Hub hildren's Centre 396 Streatham High Road, SW16 6HX (202 4548 2561 Habcorugh Road, SW16 2XW , 020 4548 2561	Early Words Together 9.30-11.30 Call 020 8835 9669	Chat and Play with a Better Start Worker By appointment	Alexandra Rose Voucher Collection By appointment only Call 020 4548 2561	Asthma, Eczema and Constipation Clinic By appointment only	Activity Pack Distribution By invitation only Call 020 4548 2561 for info
	Small Group Stay and Play 0-4 years 9:30-11:30 Call 020 4548 2561 to book	Making it REAL 9.30-11.30 Cal 020 8835 9569 to book	Chat and Play with a Better Start Worker By appointment	Small Group ASD Stay and Play at Hillside Gardens 9.30-11.30 Call 020 8835 9569 to book	Alexandra Rose Voucher Collection By appointment only Cal 020 8835 9569 for info
	Chat and Play with a Better Start Worker By appointment	Small Group Baby Explorers 0-18 months 9.30-11.30 Call 020 4548 2561 to book	Baby Explorers 0-18 months 9.30-11.00 Cal 020 4548 2561 to book		Child development Reviews By appointment
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	Small Group Stay and Play 0-4 years 10.30-12.00 Call 020 3146 4179 to book	Small Group Stay and Play 0-4 years 9:30-11:30 Cal 020 4548 2561 to book			
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LCD 6565 9590 aldry Gardens 2528 Sprantinn righ Road, 2528 Sprantinn righ Road, 2538 Sprantinn righ Road, 254 Grandhar Gardens 2-6 Grandhar Gardens 2-8 Grandhar High Road SW16 251 Tenteflam Librey CS Small Am High Road SW16 19N	Small Group Baby Explorers 0-18 months 1.00-3.00 Call 020 8835 9669 to book	Employment and Training Support 1.30-3.30 Cal 020 8835 9589 to book	Small Group Stay and Play 0-4 years 1.00-2.30 Call 020 8835 9589 to book	Online Chattertime Livel 10.30 facebook.com/ EvelinaLondonSLT/	Child Health Reviews By appointment
	Small Group Baby Explorers 0-18 months 1.00-3.00 Call 020 4548 2561 to book	Starting Solid Foods 12.30-2.30 13 April, 11 May, 8 June, 6 July Cal 020 8635 9669 to book	Activity Pack Distribution By invitation only Call 020 8835 9569 for info	Co-parenting for young parents Question and Talk Time. To join email cope@ stmichaelsfellowship.org.uk	
	Chat and Play with a Better Start Worker By appointment	Child Health Reviews By appointment	Small Group Baby Explorers 0-16 months 1.00-3.00 Call 020 4548 2561 to book	ESOL Class 1.00-3.00 Call 020 8835 9569 to book	
	Child Health Reviews By appointment	Making it REAL 1.00-3.00 Cal 020 4548 2561 to book	Small Group Stay and Play 0-4 years 1.00-3.00 Call 020 4548 2561 to book	Asthma, Eczema and Constipation Clinic By appointment only	
	Small Group Baby Explorers 0-18 months 1.00-2.30 Call 020 3146 4179 to book	Small Group Stay and Play 0-4 years 1.00-3.00 Call 020 4548 2561 to book			

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Streatham & Norwood Better Start Area Newsletter

Norwood Area Weekly Timetable Summer 2021

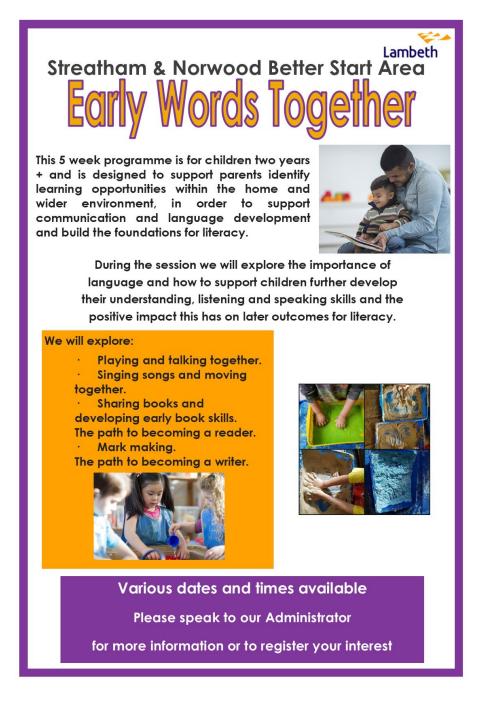
lorwood Virtual Session – Inline or by phone	Monday am	Tuesday am	Wednesday am	Thursday am	Friday am
	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394 724 599 to book	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394 724 599 to book	Midwifery Services Antenatal and Postnatal Appointments	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394 724 599 to book	Virtual Breastfeeding Support Group 11.00-12.00 Call 07394 724 599 to book
lenton's Lane hildren's Centre 18 Bentons Lane, SE27 9UD , 020 4542 3520	Citizen's Advice Appointments 10.00-1.00 Call 020 3409 0704 to book	Online Chattertime Live! 10.30 facebook.com/ Evelinal.ondonSLT	Chat and Play with a Better Start Worker Call 020 4542 3520 to book	Midwifery Services Antenatal and Postnatal Appointments	Midwifery Services Antenstal and Postnatal Appointments
Crown Lane Children's Centre ♀ Crown Lane, SW16 3H00	Midwifery Services Antenatal and Postnatal Appointments	Midwifery Services Antenatal and Postnatal Appointments	Alexandra Rose Voucher Collection By appointment only Call 020 4542 3520 for info	Little Gardeners Club 9:30-11:30 From 29 April Call 020 4542 3520 to book	ESOL 9.30-11.30 23 April-9 July Call 020 4542 3520 to sign up
• 020 8761 7139 Ichool Risk Assessment for Covid-19 means this building is ot in use until further notice. We	Small Group Baby Explorers 0-18 months 9.30-11.30 Call 020 4542 3520 to book	Employment and Training Support 9.30-12.00 Call 020 4542 3520 to book	Small Group Baby Explorers 0-18 months 9.30-11.30 Call 020 4542 3520 to book	Activity Pack Distribution By invitation only Call 020 4542 3520 for info	
lock forward to returning soon. Rosendale Children's Centre P Rosendale Road, SE21 8LR 4: (200 Br61 7411 School Risk Assessment for Covid-19 means this building is	Small Group Stay and Play 0-4 years 9:30-11:30 Call 020 4542 3520 to book	Making it REAL 9.30-11.30 Call 020 4542 3520 to book		Make and Take Story Time 9.30-11.00 Call 020 4542 3520 to book	
		HENRY 9.30-11.30 Starts 18 May lambeth.gov.uk/HENRY to book			
ot in use until further notice. We sok forward to returning soon.	Monday pm	Tuesday pm	Wednesday pm	Thursday pm	Friday pm
osendale ommunity Centre 147 Peabody Cottages,	Midwifery Services Antenatal and Postnatal Appointments	Cook and Eat Well Course EYNutrition@gstLnhs.uk or call 020 7326 7328 to book	Midwifery Services Antenatal and Postnatal Appointments	Online Chattertime Live! 2.15 facebook.com/ EveinaLondonSLT/	Midwifery Services Antenatal and Postnatal Appointments
Rosendale Road, SE24 9DR he Risk Assessment for covid-19 means this building is	Small Group Baby Explorers 0-18 months 1.00-2.30 Call 020 4542 3520 to book	Midwifery Services Antenatal and Postnatal Appointments	Small Group Stay and Play 0-4 years 1.00-3.00 Call 020 4542 3520 to book	Co-parenting for young parents Question and Talk Time. To join email cope@ stmichaelsfellowship.org.uk	
ot in use until further notice. We solk forward to returning soon. Paxton Green Group Practice 1 Alleyn Park,	Child Development Clinic By appointment	Small Group Story and Rhyme Time 2-3 years 1.00-2.00 Call 020 4542 3520 to book	Sleep Clinic 2.00-4.30 By appointment	Midwifery Services Antenatal and Postnatal Appointments	
SE21 8AU 020 8670 6878	Activity Pack Distribution By invitation only Call 020 4542 3520 for information	Chat and Play with a Better Start Worker By appointment		Small Group Stay and Play 0-4 years 1.00-3.00 Call 020 4542 3520 to book	
West Norwood Library ♀ 1-5 Norwood High Street, SE27 9JX ᢏ 020 7926 8092		Starting Solids 2.00-4.00 20 Apr, 18 May, 15 June, 13 July Call 020 4542 3520 to book		Chat and Play with a Better Start Worker By appointment	
		Early Words Together 1.00-3.00 Call 020 4542 3520 to book			

linformation is correct at time of going to print. Please check online at lambeth.gov.uk/childrenscentres for the most up to date version of the timets



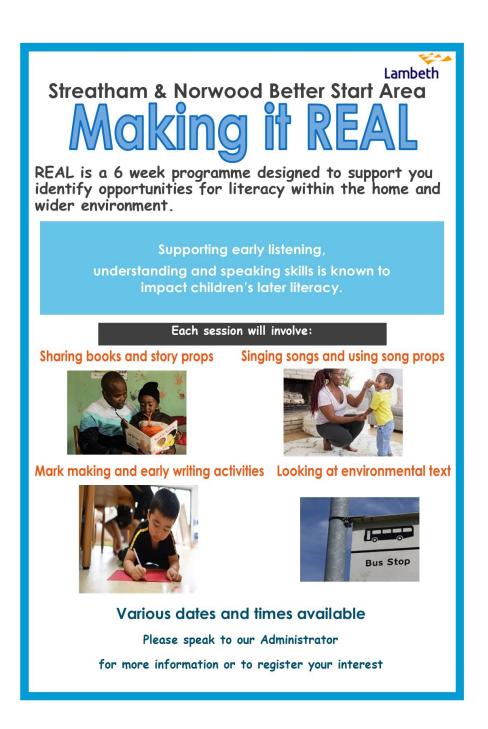










































Hillside Gardens One O'clock Club Streatham Better Start Stay & Play 0-4 Years



Come along and enjoy playtime with your child, meet some other parents, and pick up tips on how to support your child's learning and development.

Fridays 09:30 - 11:30am

Please call 020 8835 9569 to book your place. Hillside Gardens One O'clock Club Hillside Road SW2 3HJ

We have put in place additional measures to keep you, your children and our staff safe during the covid period. Please do not attend if you or your children are self isolating, in quarantine or have any symptoms of coronavirus or feel unwell. It is also very important that you do not attend if you are awaiting the results of a test for coronavirus.









Sunnyhill Children's Centre Streatham Better Start Stay & Play 0-4 Years



Come along and enjoy playtime with your child, meet some other parents, and pick up tips on how to support your child's learning and development.

Tuesdays & Fridays 09:30– 11:30am Wednesdays 1:00– 3:00pm

Please call 020 4548 2561 to book your place. Sunnyhill Children's Centre, Harborough Road SW16 2XW

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Come along and enjoy playtime with your child, meet other parents, and pick up tips on how to support your child's learning and development.

Mondays 9:30 - 11:30am Tuesdays 1:00-3:00pm

Streatham Hub Children's Centre, 388 Streatham High Road, SW16 6HX

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Streatham Hub Children's Centre Streatham Better Start Baby Explorers



A warm and friendly environment with great resources and access to sensitive support and advice to promote your baby's healthy growth, learning and development. Especially for Mums, Dads and Carers with babies 0-18 months old.

Mondays 1:00 pm - 3:00pm

Tuesdays 09:30-11:30am Streatham Hub Children's Centre, 388 Streatham High Road, SW16 6HX

Please call 020 4548 2561 to book your place.

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for coronavirus.









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Bentons Lane Children's Centre, 18 Bentons Lane, SE27 9UD

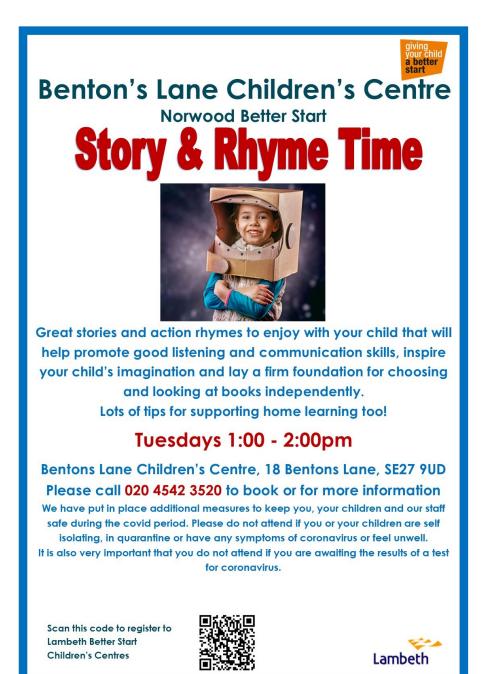
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Scan this code to register to Lambeth Better Start Children's Centres or click <u>here</u>





What's On!



Streatham & Norwood Better Start Area Newsletter **Rose**vouchers ruit&veg for Rose Vouchers for Fruit & Veg are available for families on low-incomes to spend on fruit & veg at stalls on Brixton Market and Chestnut Road, West Norwood Eligible families (including pregnant women) in Lambeth could receive between £3 and £6 of Rose Vouchers per week, per child under 5 years old. To find out if you are eligible for Rose Vouchers, please contact: **Hitherfield Children's Centre** Hitherfield Road, SW16 2LW on: 020 8835 9569 Alexandra. Rose Charity Esmée Fairbairn 29 🕞 Lambeth You can also contact Sunnyhill and Benton's Lane Children's Centres for Rose Vouchers.







SW16 2XW

020 8835 9569

020 4548 2561









Guy's and St Thomas' NHS Foundation Trust

Starting Solid Foods (for babies around 6 months)

April, May, June & July 2021

Norwood

In this 2 hour session you will learn about starting solid foods with your baby in a practical and friendly session with a specialist Early Years Nutritionist

Bentons Lane Children's Centre

Tuesday 20th April

Tuesday 18th May

Tuesday 15th June

Tuesday 13th July

Start time: 2pm End: Time 4.00pm

Please contact the venue directly for further information and to book:

Bentons Lane Children's Centre Bentons Lane SE27 9UD

0204 542 3520



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New Mosaic at Bentons Lane

We are excited to share with you our newly installed Mosaic at Bentons Lane that was made collaboratively by families during one of our Adult Learning courses. Thank you to everyone who took part in this course and for Morley College and Arts4Space for hosting the course. A new course is planned for August 2021 at Sunnyhill Children's Centre. More details to follow. Please speak to an Administrator to register your interest.





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Meet Your Streatham & Norwood Better Start Team

You may recognise some of our faces around the Children's Centres!



Streatham & Norwood Better Start Area Summer Newsletter 2021 01 Edition



Streatham & Norwood Better Start Children's Centres

Hitherfield Children's Centre (Streatham Better Start Area) Hitherfield Road SW16 2LW

☎020 8835 9569 (N.B This is also the contact number for Hillside Gardens)

Sunnyhill Children's Centre (Streatham Better Start Area) Harborough Road SW16 2XW

☎020 4548 2561 (N.B This is also the contact number for Streatham Hub)

Bentons Lane Children's Centre (Norwood Better Start Area) Bentons Lane SE27 9UD

2020 4542 3520

